

Resources for Youth and Young Adults at Risk

November 2024



Please contact the agency to confirm availability of the service.
Contact 211 for more information. Dial 2-1-1, text INFO to 211, or live chat at www.ab.211.ca.

Accommodation / Basic Needs (also see Basic Needs list)

Boyle Street Community Services
Housing First (chronically homeless)780-424-4106
Government of Alberta
Emergency Income Support (24/7).....780-644-5135
Hope Mission Edmonton
Emergency Shelter and Support Services (16+yrs)
.....780-422-2018
Youth Empowerment & Support Services (YESS)
Nexus (15 to 21yrs).....780-468-7070

Community Supports

Boyle Street Community Services.....780-424-4106
Boys and Girls Clubs Big Brothers Big Sisters.....780-424-8181
Crystal Kids Youth Centre
Drop-In Centre (6 to 18yrs) 780-479-5283 x1
Edmonton Police Service
Drug and Gang Enforcement Unit .. 780-414-GANG (4264)
Crime and Trauma-Informed Support Services
..... 780-421-2217
iHuman Youth Society (12 to 24yrs).....780-421-8811
Old Strathcona Youth Society (14 to 24yrs).....780-496-5947
Uncles and Aunts at Large Society (6 to 18yrs).....780-452-5791
Youth Empowerment & Support Services (YESS) ...780-468-7070
YMCA - Youth Transition Program (13 to 19yrs).....780-426-9265

Crisis (Call 911 if in immediate danger)

Alberta Health Services (AHS)
Access 24/7, Adult Intake Services (18+yrs) ..780-424-2424
Canadian Mental Health Association (CMHA)
Distress Line (24/7)780-482-HELP (4357)
Live Crisis Chatwww.edmonton.cmha.ca
Central Alberta Sexual Assault Crisis Line & Support Centre (24/7)
..... 1-866-956-1099
Government of Alberta
Child Abuse Hotline (24/7)..... 1-800-387-5437
Kids Help Phone (24/7) 1-800-668-6868
Sexual Assault Centre of Edmonton..... 780-423-4121

Harm Reduction / Health Promotion

Alberta Health Services (AHS)
Sexually Transmitted Infections Clinic .. 1-855-945-6700 x2
Streetworks Needle Exchange Call 211 for locations
HIV Edmonton 780-488-5742
Radius Community Health and Healing (inner city) .. 780-422-7333
(FKA: Boyle McCauley Health Centre)

Life Skills / Education / Employment

Boyle Street Education Centre (Charter School)780-428-1420
Edmonton's Food Bank - Beyond Food.....780-425-2133 x228
The Elizabeth Fry Society of Northern Alberta
Girls Empowered and Strong (12 to 17yrs).....780-904-8052
Youth Empowerment & Support Services (YESS)
Daytime Support (15 to 24yrs; formerly BEST) .780-468-7070
YMCA
Bridging the Gap (employment; 15 to 30yrs)780-937-3657

Legal / Advocacy

The Elizabeth Fry Society of Northern Alberta
Courtworks - Adult, Youth, and Family.....780-421-1175
Legal Aid Alberta 1-866-845-3425
Legislative Assembly of Alberta
Office of the Child and Youth Advocate (CFSA status)
..... 780-422-6056
Native Counselling Services of Alberta
Youth Courtwork (Indigenous; under 18yrs)780-423-2141

Pregnancy / Sexual Health

Alberta Health Services (AHS)
Adolescent Pregnancy Clinic (under 21yrs)780-735-6892
Birth Control Centre (STI and HIV testing)780-735-0010
Health for Two (prenatal; low income).....780-342-2872
Pride Centre of Edmonton
(2SLGBTQ+; 12 to 24yrs).....780-488-3234
Terra Centre for Teen Parents (under 26yrs).....780-428-3772
Woman's Health Options (pro-choice; abortion services)...780-484-1124

Sexual Exploitation

CEASE: Centre to End All Sexual Exploitation 780-471-6137
Government of Alberta - Ministry of Children's Services
Protection of Sexually Exploited Children (24/7; under 18yrs)
..... 1-800-387-5437
Metis Child and Family Services Society Edmonton
PSECA Follow-Up Worker (under 18yrs).....780-452-6100

Substance Use / Addictions

Alberta Health Services (AHS) - Addiction and Mental Health
Mobile Addiction Services, Adolescent (12 to 18yrs)
..... 780-408-8783
Protection of Children Abusing Drugs (24/7; under 18yrs)
..... 1-866-332-2322

Visit www.edmonton.cmha.ca to obtain a new copy of this list if more than 6 months old.
Inclusion of an agency or service on this list does not constitute an endorsement by 211.