

Resources for Children

November 2024



Please contact the agency to confirm availability of the service.
Contact 211 for more information. Dial 2-1-1, text INFO to 211, or live chat at www.ab.211.ca.

Counselling

Kids Help Phone, Live Chat, Text, and App 1-800-668-6868
Text (24/7) Text Connect to 686-868
Online Chat..... www.kidshelpphone.ca

Grief Counselling Programs

Kids On Track Association of Edmonton
HomeBuilders (grades 1-6) 587-404-8877
Pilgrims Hospice Society 780-413-9801 x102

Play Therapy

Catholic Social Services 780-391-3233
University of Alberta - Faculty of Education
Clinical Services (5+yrs; September-April) 780-492-3746

Disabilities

Alberta Health Services (AHS)
Early Childhood Intervention Program (0 to 3.5yrs)
..... 1-888-925-4044
Centre for Autism Services Alberta 780-488-6600
Connect Society - Deafness Education, Advocacy and Family Services
Early Intervention (hearing loss; 0 to 3.5yrs)
..... 780-454-9581 x226
Edmonton Down Syndrome Society
Speech-Language Pathology 780-944-4224
Elves Special Needs Society 780-454-5310
(severe developmental disabilities; 2.8 to 18+yrs)
Family Futures Resource Network
Parent Education 780-413-4521
(provides developmental screening for children; 4mos to 5yrs)
GRIT Program (The Getting Ready for Inclusion Today Program)
Early Childhood Program (2.8 to 6yrs) 780-454-9910
KARA Family Resource Centre
Parent Education 780-478-5396
(provides developmental screening for children)
The Steadward Centre for Personal & Physical Achievement
Free2BMe Physical Activity (4 to 19yrs) 780-492-8269

Head Start Programs

ABC Head Start Society
(2.6 to 5yrs; low income) 780-461-5353 x247
Alder Academy Early Learning Society (12mos to 6yrs; low income)
..... 780-482-2116
Amiskwacyi Cultural Society
Aboriginal Head Start (3 to 5yrs; Indigenous)... 780-640-9799
e4c (programs for families with low income)
Early Learning Services (2.8 to 5yrs) 780-426-3666
Norwood Child and Family Resource Centre (3 to 5yrs)
..... 780-471-3737

Early Childhood Education

Alberta Health Services (AHS)
Pediatric Community Rehabilitation (0 to 5yrs)
..... 1-888-925-4044
Edmonton Catholic Schools (3 to 4yrs) 780-436-7888
Edmonton Public Schools (2.6 to 5yrs) 780-429-8000
Family Futures Resource Network (0 to 6yrs) 780-413-4521

Leisure / Recreation

Boys and Girls Clubs Big Brothers Big Sisters of Edmonton
(6 to 18yrs) 780-424-8181
Canadian Tire Jumpstart Charities (4 to 18yrs)
..... 1-844-YES-PLAY (937-7529)
City of Edmonton
Leisure Access Program 311
Activities, Parks, and Recreation 311
Edmonton Public Library
Programs for Children (general info line) 780-496-7000
Sport Edmonton
Sport and Recreation Referrals.. www.sportedmonton.com
Kids On Track Association of Edmonton 587-404-8877
KidSport Alberta (funding; under 18yrs) 1-888-914-KIDS (5437)
Suggestions for parent-child or child activities 211

Mental Health

Alberta Health Services (AHS) - Addiction and Mental Health
Intake Services, Child and Adolescent 780-342-4415
CASA Mental Health 780-400-2271

Mentoring Programs

Boys and Girls Clubs Big Brothers Big Sisters of Edmonton
..... 780-424-8181
Uncles & Aunts at Large Society 780-452-5791

Violence

Aboriginal Counseling Services Association of Alberta
Circle of Safety - Teaching Circles for Children Who
Witness Abuse (6 to 17yrs) 780-242-4357
Government of Alberta
Bullying Helpline (24/7) 1-888-456-2323
Child Abuse Hotline (24/7) 1-800-387-5437
Family Violence Info Line (24/7) 310-1818
Kids Help Phone (24/7) 1-800-668-6868
Text Text CONNECT to 686-868
Sexual Assault Centre of Edmonton
Child and Adolescent Counselling (3 to 17yrs).. 780-423-4102
Support and Information Line 780-423-4121

Visit www.edmonton.cmha.ca to obtain a new copy of this list if more than 6 months old.
Inclusion of an agency or service on this list does not constitute an endorsement by 211.