

CMHA values diversity and welcomes applications from First Nation, Inuit and Metis, New Canadian, racialized, differently abled and 2SLGBTQIA+ communities.

Volunteer Facilitator Suicide Bereavement Support Groups

Purpose:

The Volunteer Facilitator will embody CMHAs mission, vision and values as they provide support to group participants.

Tasks:

- Review session material for groups with co-facilitator before group begins
- Provides Suicide Grief Support Services printed material to clients upon request
- Co-facilitate Bereavement Support Groups
- Completes client notes as required
- Completes a debriefing form after every session

Time Commitment:

- Depending on the schedule, between 3 or 6 hours per week for a period of at least one year including:
- preparing for each group session
- cofacilitating support groups
- debriefing each session
- participating in monthly clinical supervision

Skill/Knowledge Requirements:

- Minimum post-secondary education in Human Services related field; specifically, psychology, social work, counselling with expertise in grief and loss
- Current registration within professional counselling association preferred
- 2-years successful experience as a Distress Line volunteer within the last three years or two years,
 experience counselling or supportive listening experience with grief and loss related to suicide
- 2-years previous experience in group facilitation,
- Current Applied Suicide Intervention Skills Training (ASIST) certificate
- Conversant with the philosophy of mental health and recovery

Other Requirements:

- Engaging and outgoing personality
- Punctual and reliable
- Compassionate, warm and empathetic
- Personal awareness of limits and boundaries in helping others
- Empowering and non-judgemental
- Representation of a professional and respectful image
- Well developed strategies for self care



Training and Skill Development

- Agency orientation
- Job specific training: the volunteer will receive training on group outline before co-facilitating; will be introduced to tasks relating to group.

Supervision

• Volunteer reports to the Team Lead Suicide Grief Support Services

Working Conditions

- Work–related travel will not be required.
- Volunteer will adhere to procedures on the Suicide Grief Support Services procedures manual.
- This position will be conducted virtually. Access to a computer with reliable internet connection to participate in zoom sessions is a necessity.

Volunteers will embody the vision, mission and values of CMHA Edmonton

Our Vision

Stronger Communities + Smarter Systems = Simpler Journeys

Our Mission

To ensure that all people experience good mental health and well-being

Our Values

Inclusive, Proactive, Compassionate, Steadfast and Collaborative