

# Resources for Youth and Young Adults at Risk

May 2024



Service delivery may be affected by COVID-19. Please contact the agency to confirm availability of the service.

Visit [www.edmonton.cmha.ca](http://www.edmonton.cmha.ca) to obtain a new copy if more than 6 months old.

## Accommodation / Basic Needs (also see Basic Needs list)

Boyle Street Community Services  
*Housing First (chronically homeless)* .....780-424-4106  
Government of Alberta  
*Emergency Income Support (24/7)*.....780-644-5135  
Hope Mission Edmonton  
*Emergency Shelter and Support Services (16+yrs)*  
.....780-422-2018  
Youth Empowerment & Support Services (YESS)  
*Nexus (15 to 21yrs)*.....780-468-7186 x245

## Community Supports

Boyle Street Community Services.....780-424-4106  
Boys and Girls Clubs Big Brothers Big Sisters.....780-424-8181  
Crystal Kids Youth Centre  
*Drop-In Centre (6 to 18yrs)* ..... 780-479-5283 x1  
Edmonton Police Service  
*Drug and Gang Enforcement Unit* .. 780-414-GANG (4264)  
*Crime and Trauma-Informed Support Services*  
..... 780-421-2217  
iHuman Youth Society (12 to 24yrs).....780-421-8811  
Old Strathcona Youth Society (14 to 24yrs).....780-496-5947  
Uncles and Aunts at Large Society (6 to 18yrs).....780-452-5791  
Youth Empowerment & Support Services (YESS) ...780-468-7070  
YMCA - Youth Transition Program (13 to 19yrs).....780-426-9265

## Crisis (Call 911 if in immediate danger)

Alberta Health Services (AHS)  
*Access 24/7, Adult Intake Services (18+yrs)* ..780-424-2424  
Canadian Mental Health Association (CMHA)  
*Distress Line (24/7)*.....780-482-HELP (4357)  
*Live Crisis Chat*.....[www.edmonton.cmha.ca](http://www.edmonton.cmha.ca)  
Central Alberta Sexual Assault Crisis Line & Support Centre (24/7)  
..... 1-866-956-1099  
Government of Alberta  
*Child Abuse Hotline (24/7)*..... 1-800-387-5437  
Kids Help Phone (24/7) ..... 1-800-668-6868  
Sexual Assault Centre of Edmonton..... 780-423-4121

## Harm Reduction / Health Promotion

Alberta Health Services (AHS)  
*Sexually Transmitted Infections Clinic*.. 1-855-945-6700 x2  
*Streetworks Needle Exchange* ..... Call 211 for locations  
HIV Edmonton..... 780-488-5742  
Radius Community Health and Healing (inner city) .. 780-422-7333  
(FKA: Boyle McCauley Health Centre)

## Life Skills / Education / Employment

Boyle Street Education Centre (Charter School) ..... 780-428-1420  
Edmonton's Food Bank - Beyond Food..... 780-425-2133 x228  
The Elizabeth Fry Society of Northern Alberta  
*Girls Empowered and Strong (12 to 17yrs)*.....780-904-8052  
Youth Empowerment & Support Services (YESS)  
*Daytime Support (15 to 24yrs; formerly BEST)* .780-468-7070  
YMCA  
*Bridging the Gap (employment; 15 to 30yrs)* ....780-937-3657

## Legal / Advocacy

The Elizabeth Fry Society of Northern Alberta  
*Courtworks - Adult, Youth, and Family*.....780-421-1175  
Legal Aid Alberta .....1-866-845-3425  
Legislative Assembly of Alberta  
*Office of the Child and Youth Advocate (CFSA status)*  
..... 780-422-6056  
Native Counselling Services of Alberta  
*Youth Courtwork (Indigenous; under 18yrs)* .....780-423-2141

## Pregnancy / Sexual Health

Alberta Health Services (AHS)  
*Adolescent Pregnancy Clinic (under 21yrs)* ....780-735-6892  
*Birth Control Centre (STI and HIV testing)* .....780-735-0010  
*Health for Two (prenatal; low income)*.....780-735-3008  
Pride Centre of Edmonton  
*(2SLGBTQ+; 12 to 24yrs)* ..... 780-488-3234  
Terra Centre for Teen Parents (under 26yrs)..... 780-428-3772  
Woman's Health Options (pro-choice; abortion services)...780-484-1124

## Sexual Exploitation

CEASE: Centre to End All Sexual Exploitation ..... 780-471-6137  
Government of Alberta - Ministry of Children's Services  
*Protection of Sexually Exploited Children (24/7; under 18yrs)*  
..... 1-800-387-5437  
Metis Child and Family Services Society Edmonton  
*PSECA Follow-Up Worker (under 18yrs)*..... 780-452-6100

## Substance Use / Addictions

Alberta Health Services (AHS) - Addiction and Mental Health  
*Mobile Addiction Services, Adolescent (12 to 18yrs)*  
..... 780-408-8783  
*Protection of Children Abusing Drugs (24/7; under 18yrs)*  
..... 1-866-332-2322

211 is now available province-wide by dialing 2-1-1, texting INFO to 211, or through live chat at [www.ab.211.ca](http://www.ab.211.ca).

Contact 211 for more information or if you cannot find the particular service you are looking for.

*Inclusion of an agency or service on this list does not constitute an endorsement by 211.*