

Resources for 2SLGBTQ+

May 2024



Service delivery may be affected by COVID-19. Please contact the agency to confirm availability of the service.

Visit www.edmonton.cmha.ca to obtain a new copy if more than 6 months old.

Counselling

The Family Centre - Edmonton 780-423-2831
Drop-In Single Session Counselling www.dropinyeg.ca
Momentum Counselling Society
Counselling and Support Groups..... 780-757-0900
YWCA Edmonton
Individual Counselling 780-970-6501

Crisis (Call 911 if in immediate danger)

Canadian Mental Health Association (CMHA)
Brite Line (2SLGBTQIA+ and friends/family support line)
..... 1-844-70-BRITE (27483)
Distress Line (24/7)..... 780-482-HELP (4357)
Centre for Addiction and Mental Health
988 Suicide Crisis Helpline 988
Government of Alberta
Bullying Helpline (24/7)..... 1-888-456-2323
Child Abuse Hotline (24/7)..... 1-800-387-5437
Government of Canada - Indigenous Services Canada
Hope For Wellness Help Line 1-855-242-3310
Kids Help Phone, Live Chat, Text, and App 1-800-668-6868
Text (24/7) Text Connect to 686-868
Online Chat..... www.kidshelpphone.ca
Sexual Assault Centre of Edmonton
Support and Information Line 780-423-4121

Health / Sexual Health / Harm Reduction

Alberta Health Services (AHS)
Birth Control Centre
Seventh Street Plaza..... 780-735-0010
Health Link (24/7) 811
Sexually Transmitted Infections (STI) Clinic
..... 1-855-945-6700 x2
CATIE (HIV and Hepatitis C Information)..... www.catie.ca
Confidential Bilingual Toll-free Inquiry Line 1-800-263-1638
HIV Edmonton..... 780-488-5742
Queer and Trans Health Collective
Peer N Peer Substance Use Program..... 587-599-7290

University / Student Groups

Students' Association of MacEwan University..... www.samu.ca
Student Groups - InQueeries..... 780-633-3590
University of Alberta Students' Union..... 780-492-4241
The Landing..... www.thelandingualberta.ca
..... 780-492-4949

Family Violence and Abuse (also see Family Violence list)

The TODAY Family Violence Help Centre..... 780-455-6880
Inclusive Family Violence Supports
Edmonton Women's Shelter Limited..... www.winhouse.org
24 Hour Crisis and Information Line..... 780-479-0058

Legal / Advocacy

Alberta Civil Liberties Research Centre
LGBTQ+ Resources..... www.aclrc.com
Government of Alberta - Ministry of Justice
Alberta Human Rights Commission
Confidential Inquiry Line 780-427-7661
Legislative Assembly of Alberta
Office of the Child and Youth Advocate 1-800-661-3446

Shelter

e4c 780-423-5302
*Women's Emergency Accommodation Centre (18+ yrs;
women with children cannot be accommodated; trans-affirming)*

Support / Support Groups

Edmonton Mennonite Centre for Newcomers
Rainbow Refuge..... 587-938-6869 or 780-399-0501
Momentum Counselling Society 780-757-0900
Counselling and Support Groups
Pflag Canada www.pflagcanada.ca
Edmonton Chapter 1-888-530-6777 x581
Pride Centre of Edmonton 780-488-3234
Drop-In Community Centre (all expressions and identities)
Sexual Assault Centre of Edmonton
Sexual Assault Group Counselling
refleQT 780-423-4102

Youth

The Family Centre - Edmonton..... 780-423-2831
The Rainbow Pages Youth Resource Guide
..... www.therainbowpages.ca
Fyrefly Institute for Gender and Sexual Diversity
Camp fYrefly (14 to 24 yrs) 780-492-0772
Community, Health, Empowerment, Wellness Project
(CHEW) (14 to 29 yrs)..... chewproject@ualberta.ca
fYrefly in Schools 780-492-0772
iHuman Youth Society 780-421-8811
Old Strathcona Youth Society..... 780-496-5947
Pride Centre of Edmonton www.pridecentreofedmonton.ca
Youth Supports (12 to 24 yrs) 780-488-3234
Youth Empowerment and Support Services (YESS)
..... 780-468-7070

211 is now available province-wide by dialing 2-1-1, texting INFO to 211, or through live chat at www.ab.211.ca.

Contact 211 for more information or if you cannot find the particular service you are looking for.

Inclusion of an agency or service on this list does not constitute an endorsement by 211.