

Resources for Youth and Young Adults at Risk

November 2023



Service delivery may be affected by COVID-19. Please contact the agency to confirm availability of the service.

Visit www.edmonton.cmha.ca to obtain a new copy if more than 6 months old.

Accommodation / Basic Needs (also see Basic Needs list)

Boyle Street Community Services
Housing First (chronically homeless)780-424-4106
Government of Alberta
Emergency Income Support (24/7).....780-644-5135
Hope Mission Edmonton
Emergency Shelter and Support Services (16+yrs)
.....780-422-2018
Youth Empowerment & Support Services (YESS)
Nexus (15 to 21yrs).....780-468-7186 x245

Community Supports

Boyle Street Community Services.....780-424-4106
Boys and Girls Clubs Big Brothers Big Sisters.....780-424-8181
Crystal Kids Youth Centre
Drop-In Centre (6 to 18yrs) 780-479-5283 x1
Edmonton Police Service
Drug and Gang Enforcement Unit .. 780-414-GANG (4264)
Crime and Trauma-Informed Support Services
.....780-421-2217
iHuman Youth Society (12 to 24yrs).....780-421-8811
Old Strathcona Youth Society (14 to 24yrs).....780-496-5947
Uncles and Aunts at Large Society (6 to 18yrs).....780-452-5791
Youth Empowerment & Support Services (YESS) ...780-468-7070
YMCA - Youth Transition Program (13 to 19yrs).....780-426-9265

Crisis (Call 911 if in immediate danger)

Alberta Health Services (AHS)
Access 24/7, Adult Intake Services (18+yrs) ..780-424-2424
Canadian Mental Health Association (CMHA)
Distress Line (24/7)780-482-HELP (4357)
Live Crisis Chatwww.edmonton.cmha.ca
Central Alberta Sexual Assault Crisis Line & Support Centre (24/7)
.....1-866-956-1099
Government of Alberta
Child Abuse Hotline (24/7).....1-800-387-5437
Kids Help Phone (24/7)1-800-668-6868
Sexual Assault Centre of Edmonton.....780-423-4121

Harm Reduction / Health Promotion

Alberta Health Services (AHS)
Sexually Transmitted Infections Clinic.. 1-855-945-6700 x2
Streetworks Needle Exchange Call 211 for locations
HIV Edmonton780-488-5742
Radius Community Health and Healing (inner city) ..780-422-7333
(FKA: Boyle McCauley Health Centre)

Life Skills / Education / Employment

Boyle Street Education Centre (Charter School)780-428-1420
Edmonton's Food Bank - Beyond Food.....780-425-2133 x228
The Elizabeth Fry Society of Northern Alberta
Girls Empowered and Strong (12 to 17yrs).....780-904-8052
Youth Empowerment & Support Services (YESS)
Daytime Support (15 to 24yrs; formerly BEST) .780-468-7070
YMCA
Bridging the Gap (employment; 15 to 30yrs)780-937-3657

Legal / Advocacy

The Elizabeth Fry Society of Northern Alberta
Courtworks - Adult, Youth, and Family.....780-421-1175
Legal Aid Alberta1-866-845-3425
Legislative Assembly of Alberta
Office of the Child and Youth Advocate (CFSA status)
.....780-422-6056
Native Counselling Services of Alberta
Youth Courtwork (Indigenous; under 18yrs)780-423-2141

Pregnancy / Sexual Health

Alberta Health Services (AHS)
Adolescent Pregnancy Clinic (under 21yrs)780-735-6892
Birth Control Centre (STI and HIV testing)780-735-0010
Health for Two (prenatal; low income).....780-735-3008
Pride Centre of Edmonton
(2SLGBTQ+; 12 to 24yrs).....780-488-3234
Terra Centre for Teen Parents (under 26yrs).....780-428-3772
Woman's Health Options (pro-choice; abortion services)...780-484-1124

Sexual Exploitation

CEASE: Centre to End All Sexual Exploitation780-471-6137
Government of Alberta - Ministry of Children's Services
Protection of Sexually Exploited Children (24/7; under 18yrs)
.....1-800-387-5437
Metis Child and Family Services Society Edmonton
PSECA Follow-Up Worker (under 18yrs).....780-452-6100

Substance Use / Addictions

Alberta Health Services (AHS) - Addiction and Mental Health
Mobile Addiction Services, Adolescent (12 to 18yrs)
.....780-408-8783
Protection of Children Abusing Drugs (24/7; under 18yrs)
.....1-866-332-2322

211 is now available province-wide by dialing 2-1-1, texting INFO to 211, or through live chat at www.ab.211.ca.

Contact 211 for more information or if you cannot find the particular service you are looking for.

Inclusion of an agency or service on this list does not constitute an endorsement by 211.