

# Resources for People with Addictions

November 2023



Service delivery may be affected by COVID-19. Please contact the agency to confirm availability of the service.

Visit [www.edmonton.cmha.ca](http://www.edmonton.cmha.ca) to obtain a new copy if more than 6 months old.

## Addictions Support and Counselling / Crisis Support

Alberta Health Services (AHS) - *Addiction and Mental Health*  
Access 24/7, Adult Intake Services ..... 780-424-2424  
Addiction Helpline (24/7)..... 1-866-332-2322  
Opioid Dependency Program ..... 780-342-7810  
Boyle Street Community Services..... 780-424-4106  
Managed Alcohol Program..... 780-990-5912  
Canadian Mental Health Association - Edmonton Region (CMHA)  
Distress Line (24/7) ..... 780-482-HELP (4357)  
Digital Overdose Response System App ..... [www.dorsapp.ca](http://www.dorsapp.ca)  
Kids Help Phone (24/7) ..... 1-800-668-6868  
Poundmaker's Lodge Treatment Centres (18+yrs) . 780-458-1884

## Adult Residential Programs

Alberta Health Services (AHS) - *Addiction and Mental Health*  
Access 24/7, Adult Intake Services ..... 780-424-2424  
Hope Mission Edmonton (*faith-based*) ..... 780-422-2018  
Breakout Recovery Community (*men; 18-60yrs; transient, indigent, and single*)  
..... 780-422-2018 x312  
Wellspring Recovery Community (*women; 18+yrs*)  
..... 780-422-2018 x203  
Jellinek Society..... 780-488-1160  
(*men in recovery from cross-addiction and alcoholism; 18+yrs*)  
McDougall House Association..... 780-426-1409  
(*women in recovery; 18+yrs*)  
Our House (Edmonton) Limited..... 780-474-8945  
(*men; 18+yrs; alcohol, drugs*)  
Oxford House Foundation of Canada..... 587-598-6977  
(*men/women in recovery from addictions*)  
Poundmaker's Lodge Treatment Centres..... 780-458-1884  
(*men/women; 18+yrs; alcohol, drugs, gambling*)  
Recovery Acres Society - Edmonton..... 780-471-2996  
(*men; 16+yrs; alcohol, drugs*)  
Urban Manor Housing Society ..... 780-425-5901  
(*hard-to-house men; 18+yrs; addictions / mental illness*)

## Detoxification Programs

Alberta Health Services (AHS) - *Addiction and Mental Health*  
Access 24/7, Adult Intake Services ..... 780-424-2424  
Detoxification Services, Adult (17+yrs)..... 780-342-5900  
George Spady Society ..... 780-424-8335  
Medically Supported Detox Unit (18+yrs)  
Poundmaker's Lodge Treatment Centres  
Detox Program (18+yrs)..... 780-458-1884

## Eating Disorders - Information / Treatment

Alberta Health Services (AHS) - *Addiction and Mental Health*  
Access 24/7, Adult Intake Services ..... 780-424-2424  
Anorexics and Bulimics Anonymous..... [www.aba12steps.org](http://www.aba12steps.org)  
Eating Disorder Support Network of Alberta  
Education Services..... 780-729-3376

## Emergency Shelters for the Intoxicated

Hope Mission Edmonton..... 780-422-2018  
Emergency Shelter and Support Services (16+yrs)

## Self Help / Support Groups

Alano Club - 12-Step Meetings ..... 780-423-1807  
Alberta Gamblers Anonymous (*Edmonton*) ..... 780-463-0892  
Alberta Health Services (AHS) - Provincial Health Services  
QuitCore (*smoking group*)..... 1-866-710-QUIT (7848)  
Alcoholics Anonymous in Alberta (AA) ..... 780-424-5900  
Anorexics and Bulimics Anonymous..... [www.aba12steps.org](http://www.aba12steps.org)  
Canadian Assembly of Narcotics Anonymous  
Edmonton and area..... 780-421-4429  
Clean Scene (14 to 29yrs) ..... 780-488-0036  
Cocaine Anonymous World Services..... [www.ca.org](http://www.ca.org)  
Crystal Meth Anonymous..... 1-855-638-4373  
Eating Disorder Support Network of Alberta  
Adult Support Groups..... 780-729-3376  
Food Addicts in Recovery Anonymous ..... [www.foodaddicts.org](http://www.foodaddicts.org)  
Overeaters Anonymous (OA)..... [www.aa-southernalberta.com](http://www.aa-southernalberta.com)  
Problem Gambling Resources Network..... 780-461-1259  
Sex Addicts Anonymous (SAA) ..... 780-394-3709  
SMART Recovery Alberta..... [www.smartrecoveryalberta.org](http://www.smartrecoveryalberta.org)

## Support / Info for Those Affected by Addictions

Al-Anon Family Groups - Edmonton (24/7)..... 780-443-6000  
Al-Anon / Alateen Meetings  
Alberta Health Services (AHS) - *Addiction and Mental Health*  
Access 24/7, Adult Intake Services ..... 780-424-2424  
Addiction Helpline (24/7) ..... 1-866-332-2322  
Bissell Centre - FAS Services..... 780-423-2285 x157  
Catholic Social Services - FASD Programs ..... 780-975-4896  
FASD Support and Resources in Alberta . [www.fasd.typepad.com](http://www.fasd.typepad.com)  
Parents Empowering Parents (PEP) Society  
Family Support Line ..... 780-293-OPEP (0737)

## Youth Residential Programs

Alberta Health Services (AHS) - Provincial Health Services  
Protection of Children Abusing Drugs ..... 1-866-332-2322  
(PChAD; under 18yrs)

211 is now available province-wide by dialing 2-1-1, texting INFO to 211, or through live chat at [www.ab.211.ca](http://www.ab.211.ca).

Contact 211 for more information or if you cannot find the particular service you are looking for.

*Inclusion of an agency or service on this list does not constitute an endorsement by 211.*