

# Resources for Newcomers to Canada

November 2023



Service delivery may be affected by COVID-19. Please contact the agency to confirm availability of the service.

Visit [www.edmonton.cmha.ca](http://www.edmonton.cmha.ca) to obtain a new copy if more than 6 months old.

## Citizenship and Classes

Action for Healthy Communities .....	780-944-4687
Bredin Centre for Career Advancement .....	780-425-3730
Changing Together - A Centre for Immigrant Women .....	780-421-0175
Government of Canada - <i>Citizenship Service</i> .....	1-888-242-2100

## Education

Bredin Centre for Career Advancement .....	780-425-3730
Edmonton Mennonite Centre for Newcomers .....	780-424-7709
Government of Alberta	
<i>International Qualifications Assessment</i> .....	780-427-2655
NorQuest College - <i>Employment Programs</i> .....	780-644-6000

## Employment Assistance

Accès Emploi Alberta - <i>Employment Centre</i> .....	780-490-6975
Action for Healthy Communities .....	780-944-4687
ASSIST Community Services Centre .....	780-429-3111
Bredin Centre for Career Advancement .....	780-425-3730
Changing Together - A Centre for Immigrant Women .....	780-421-0175
Edmonton's Food Bank - <i>Beyond Food</i> .....	780-425-2133 x228
Edmonton Mennonite Centre for Newcomers .....	780-424-7709
EmployAbilities - <i>EmployAbilities for Newcomers</i> ...	780-945-4643
Government of Alberta	
<i>Temporary Foreign Worker Helpline</i> .....	1-877-944-9955

## English Language Training

Action for Healthy Communities .....	780-944-4687
ASSIST Community Services Centre .....	780-429-3111
Bredin Centre for Career Advancement .....	780-425-3730
Canadian Arab Friendship Association of Edmonton	
<i>English as a Second Language (ESL)</i> .....	780-473-7214
Catholic Social Services .....	780-424-3545
Changing Together - A Centre for Immigrant Women	
<i>English as a Second Language (ESL)</i> .....	780-421-0175
Cultural Connections Institute - The Learning Exchange .....	780-944-0792
Edmonton Catholic Schools - <i>LINC (16+yrs)</i> .....	780-441-6000
Edmonton Immigrant Services Association (EISA) ..	780-474-8445
Edmonton Mennonite Centre for Newcomers .....	780-424-7709
Edmonton Public Schools	
<i>Metro Continuing Education (ESL/LINC)</i> .....	780-428-1111
NAIT - <i>English as a Second Language (ESL)</i> .....	780-471-6248
NorQuest College - <i>English language training</i> .....	780-644-6000
Project Adult Literacy Society - <i>Tutoring</i> .....	780-424-5514
University of Alberta	
<i>Online &amp; Continuing Education</i> .....	780-492-3113

## Family Violence (also see Family Violence list)

Changing Together - A Centre for Immigrant Women	
<i>Family Violence Prevention Workshops</i> .....	780-421-0175
Edmonton Violence Prevention Centre .....	780-439-4635
Government of Alberta - <i>Family Violence Info Line</i> .....	310-1818
Islamic Family and Social Services Association .....	780-430-9220
<i>Fostering Healthy Families - Family Violence Support (18+yrs, all genders and immigration statuses)</i>	
<i>Sisters' Serenity Support Group</i>	
The Shaama Centre for Seniors and Women .....	780-465-2992
The TODAY Family Violence Help Centre .....	780-455-6880
WillowNet: <i>Abuse and the Law in Alberta</i> .....	<a href="http://www.willownet.ca">www.willownet.ca</a>

## Health / Mental Health

Action for Healthy Communities .....	780-944-4687
Alberta Health Services (AHS) - <i>Health Link (24/7)</i> .....	811
Catholic Social Services	
<i>Cross Cultural Counselling and Outreach</i> .....	780-424-3545
Edmonton Mennonite Centre for Newcomers	
<i>Therapeutic and Counselling Services</i> .....	780-424-7709
Multicultural Health Brokers Co-op .....	780-423-1973

## Supportive Services

Action for Healthy Communities .....	780-944-4687
ASSIST Community Services Centre .....	780-429-3111
Bredin Centre for Career Advancement .....	780-425-3730
Canadian Arab Friendship Association of Edmonton	
.....	780-473-7214
Catholic Social Services .....	780-432-1137
<i>Cultural Links / Settlement Counselling</i> .....	780-424-3545
Edmonton Immigrant Services Association (EISA) ..	780-474-8445
Edmonton Mennonite Centre for Newcomers .....	780-424-7709
Edmonton Viets Association .....	780-424-8934
The Family Centre (of Northern Alberta) - <i>Cultural Coaches</i>	
.....	780-423-2831
Islamic Family and Social Services Association .....	780-430-9220
Jewish Family Services Edmonton .....	780-454-1194
Multicultural Health Brokers Co-op .....	780-423-1973
Sage Seniors Association	
<i>Multicultural Seniors Outreach Program</i> .....	587-773-1764
Ukrainian Canadian Social Services .....	780-471-4477
Windmill Microlending - <i>Immigrant Loan Program</i>	1-855-423-2262

## Translation Services

Canadian Arab Friendship Association .....	780-473-7214
Edmonton Immigrant Services Association (EISA) ..	780-474-8445
The Shaama Centre for Seniors and Women	
<i>Translation Services</i> .....	780-465-2992

211 is now available province-wide by dialing 2-1-1, texting INFO to 211, or through live chat at [www.ab.211.ca](http://www.ab.211.ca).

Contact 211 for more information or if you cannot find the particular service you are looking for.

*Inclusion of an agency or service on this list does not constitute an endorsement by 211.*