

## **2023 Year Round Meals List**

## Created by 211 Edmonton

A r e a	Agency	Location	Phone	Meals and Times	Notes
C e n tr a I	Bent Arrow Traditional Healing Society	Parkdale School 11648 85 Street	780-481-3451	2 <sup>nd</sup> and last Friday of each month Soup and Bannock 12:00 PM to 2:00 PM	Closed July and August.
C e n tr a I	Bissell Centre	West Building Bissell Centre Community Space	780-423-2285	<u>June 3, 2023 to October 31,</u> <u>2023:</u> <b>Monday to Friday</b> Lunch	There are capacity limits in place due to COVID-19.

300, 10010 105 Street, Edmonton, AB T5J 1C4 Tel: 780-414-6300 Fax: 780-482-7498 211 Alberta – Edmonton and Area is a program

of Canadian Mental Health Association Edmonton Mental health for all



		10530 96 Street		11:30 AM to 1:30 PM	
		Wheelchair Accessible		<u>November 1, 2023 to March 31, 2024:</u>	
				Daily	
				Lunch	
				11:30 AM to 1:30 PM	
				Dinner	
				4:00 PM to 6:00 PM	
				May 1 to October 31	
				Monday to Friday	
C		10116 105 Avenue		Lunch at 12:00 PM	
e n tr	Boyle Street Community Services	Wheelchair Accessible	780-424-4106	Closed statutory holidays	All meals are served until the food is gone.
a I	00111000			November 1 to April 30	
				Daily	
				Lunch at 12:00 PM	
C e		8718 118 Avenue		Drop-In Centre	Open to children 6 to 18 years.
n tr	Crystal Kids Youth Centre	Wheelchair	780-479-5753	September to June	
a I		accessible		Monday to Friday	Statutory holiday hours may vary.



Supper at 5:00 PM	
Saturday	
Lunch at 2:00 PM	
July and August:	
Monday to Friday	
Lunch at 12:00 PM	
Supper at 5:00 PM	
Mid-afternoon snacks provided	
Saturday	
Meals are served in the mid- afternoon	
Seniors Drop-In	
September to June:	
Wednesday	Targeted to seniors 55 years and
11:30 AM to 12:30 PM	older. Identification is not required.
July and August:	Statutory holiday hours may vary.
Wednesday	
10:30 AM to 11:30 AM	



C e n tr I	Hope Mission	9908 106 Avenue Wheelchair accessible	780-422-2018	Monday to Friday Breakfast 7:30 AM to 8:30 AM Lunch 11:45 AM to 12:45 PM Supper 5:00 PM to 6:00 PM Weekends and Holidays Brunch 10:45 AM to 11:45 AM Supper 4:15 PM to 5:15 PM	Bagged lunches, water, and other nutrition also available throughout day.
C e n tr a I	Inner City Pastoral Ministry	Bissell Centre West 10530 96 Street Wheelchair accessible	780-719-1548	<b>Sunday</b> Lunch at 12:00 PM	Bagged lunches will be handed out at the door. Open on holidays.
C e n tr a I	Marian Centre	10528 98 Street in the courtyard Wheelchair accessible	780-424-3544	Monday, Tuesday, Thursday, and Saturday Coffee, juice, and breakfast snacks 9:30 AM to 11:00 AM	<ul><li>18 years and older.</li><li>Closed the last 3 business days of each month.</li><li>Closed in September.</li><li>Schedule varies around Christmas and Easter.</li></ul>



C e n tr a I	St. Faith's Anglican Church	PrayerWorks Common 11725 93 Street Wheelchair accessible	780-477-5931	Thursday         11:30 AM to 12:30 PM         Friday         5:00 PM to 6:00 PM         Saturday         9:00 AM to 10:00 AM	Closed from mid-May to mid- September.
C e n tr a I	The Rock	11004 96 Street Not wheelchair accessible	780-426-1122	Tuesday, Wednesday, and Thursday 7:00 AM to 9:00 AM	For individuals in the inner city who are experiencing homelessness or have low income.
N ort h E a s t	Building Hope Compassiona te Ministry Centre	Basement 3831 116 Avenue Not wheelchair accessible	780-479-4504	Monday, Tuesday, and Wednesday Open 9:00 AM to 2:00 PM Breakfast 9:00 AM to 12:00 AM Lunch 12:00 PM to 2:00 PM	Also has a clothing bank, houseware available, washer/dryer, and Christian counselling on-site.
N o rt h	The CANDORA Society of Edmonton	Abbottsfield Recreation Centre 3006 119 Avenue	780-474-5011	Thursday Community Lunch 11:30 AM to 12:30 PM	For residents of Northeast Edmonton.



E a s t		Wheelchair accessible			Types of meals vary, but they usually include all food groups.
N ort h C e n tr a l	Dickinsfield Amity House	9213 146 Avenue Not wheelchair accessible	780-478-5022	<ul> <li>2<sup>nd</sup> and 4<sup>th</sup> Wednesday of each month</li> <li>Community Lunch</li> <li>11:30 AM to 12:30 PM</li> <li>Monday, Tuesday, and Friday</li> <li>Free Bread</li> <li>9:00 AM until bread runs out</li> <li>2<sup>nd</sup> and 4<sup>th</sup> Tuesday of each month</li> <li>Cooking Club – Free, but participants must help in preparing the meal.</li> <li>9:00 AM to 11:30 AM</li> </ul>	Open to everyone.
		Londonderry Community League Hall 2 <sup>nd</sup> Floor 14224 74 Street	780-412-1062	<b>2<sup>nd</sup> Friday of each month</b> Community Lunch 11:30 AM to 12:30 PM	



				Monday and Friday	
		Not wheelchair		Free Bread	
		accessible		9:00 AM until bread runs out	
				Wednesday	
				Cooking Club – Free, but participants must help in preparing the meal.	
				9:30 AM to 11:30AM	
West Cenral	The Anglican Parish of Christ Church	12116 102 Avenue Not wheelchair accessible	780-488-1118	<b>3<sup>rd</sup> Saturday of each month</b> Dinner at 5:00 PM	Open to everyone.
W e s t C e n r	The Mustard Seed - Edmonton	Christian Care Centre 10137 150 Street NW	780-484-5847	Monday to Friday Brunch 9:00 AM to 12:00 PM Thursday Dinner 3:00 PM to 4:00 PM	All are welcome.



a I		Not wheelchair accessible			
West Central	Robertson - Wesley United Church	10209 123 Street At the front doors Wheelchair accessible	780-482-1587	<b>2<sup>nd</sup> Saturday of each month</b> 5:00 PM to 6:00 PM No dinner in December.	Open to everyone. Christmas dinner held on the first Saturday in December from 4:30 PM to 6:00 PM.