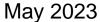
Resources for Seniors and Older Adults





Service delivery may be affected by COVID-19. Please contact the agency to confirm availability of the service. Visit www.edmonton.cmha.ca to obtain a new copy if more than 6 months old.

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Abuse	<u>Information</u>
Canadian Mental Health Association (CMHA)	Edmonton Seniors Coordinating Council (ESCC)780-423-5635
Seniors' Abuse Helpline (24/7)780-454-8888	Online Resources <u>www.seniorscouncil.net</u>
Catholic Social Services	Sage Seniors Association
Elder Abuse Resource and Supports (EARS) (65+yrs)	Directory of Senior Services780-423-5510
780-477-2929	Seniors 211211
Relationships with Your Adult Children780-477-2929	Seniors Centres / Groups
Government of Alberta	Contact individual agencies for services offered in your area for:
Family Violence Info Line (24/7)310-1818	 in-home assistance, home repairs, and yard work services
Protection for Persons in Care (reporting). 1-888-357-9339	 health, fitness, recreational, social programs, and clubs
OakNet: Older Adult Knowledge Network <u>www.oaknet.ca</u>	 outreach services, one-on-one support
Sage Seniors Association	Central Lions Seniors Association
Seniors' Safe House (60+yrs)780-702-1520	Edmonton Aboriginal Seniors Centre
The Shaama Centre for Seniors and Women780-465-2992	Edmonton Seniors Centre (central; 55+yrs)
Government Services	Mill Woods Seniors Association (55+yrs)
Government of Alberta	North Edmonton Seniors Association (55+yrs)
Alberta Aids to Daily Living (AADL)780-427-0731	North West Edmonton Seniors Society (55+yrs) 780-451-1925
(funding for medical equipment and supplies)	Operation Friendship Seniors Society
Office of the Public Guardian and Trustee. 1-877-427-4525	(inner city, 55+yrs)780-429-2626
Residential Access Modification (RAMP)780-427-5760	Sage Seniors Association (55+yrs)
Saying Farewell Handbook780-644-9992	Senior Citizen Opportunity Neighbourhood Association (SCONA)
Seniors Financial Assistance Programs (65+yrs)	(55+yrs)
	The Shaama Centre for Seniors and Women (55+yrs)
Service Canada - Canada Pension Plan (CPP) / Old Age Security	
Pension (OAS) 1-800-277-9914	South East Edmonton Seniors Association (55+yrs)780-468-1985
<u>Health / Home Care / Safety</u>	SouthWest Edmonton Seniors' Association (55*yrs)760-460-1565
Alberta Health Services	Strathcona Place Society (55+yrs)
Continuing Care Access780-496-1300	Westend Seniors Activity Centre (55*yrs)
Access 24/7, Adult Intake Services (24/7)780-424-2424	Transportation
Health Link (24/7)811	Drive Happiness Seniors Association (65+yrs)780-424-5438
Home Care - Adult Services780-496-1300	Edmonton Transit Service (ETS)
Edmonton Meals on Wheels780-429-2020	Disabled Adult Transit Service (DATS) (16+yrs)
ElderCare Edmonton - Day Support Program 780-434-4747 x0	
ElderDog Canada 1-855-336-4226	Seniors' Transit Passes (65+yrs)
(help for seniors with dog care and bereavement support)	Service Alberta
The Good Samaritan Society	Consumer Protection
TeleCare (help button)780-431-3630	Parking Placards for Persons with Disabilities.780-427-7013
Yellow Pages Telephone Book <u>www.yellowpages.ca</u>	(or find "License and Registry Services" in Yellow Pages)
For private home care services look up "Home Health	University of Alberta - Medically At-Risk Driver Centre
Services" or "Nurses' Registries".	Online Resourceswww.mard.ualberta.ca
Housing	WWW.mard.udiberta.ca
Alberta Seniors Communities and Housing Association	
Online Seniors Housing Directory (65+yrs) .www.ascha.com	
Operation Friendship Seniors Society (<i>inner city</i>)780-429-2626	
Sage Seniors Association	
Housing Information Services (55+yrs)587-773-1764	

211 is now available province-wide by dialing 2-1-1, texting INFO to 211, or through live chat at www.ab.211.ca.

Contact 211 for more information or if you cannot find the particular service you are looking for.

Inclusion of an agency or service on this list does not constitute an endorsement by 211.

