

2023 Year Round Meals List

Created by 211 Edmonton

A r e a	Agency	Location	Phone	Meals and Times	Notes
C e n tr a I	Bent Arrow Traditional Healing Society	Parkdale School 11648 85 Street	780-481-3451	2 nd and last Friday of each month Soup and Bannock 12:00 PM to 2:00 PM	Closed July and August.
C e tr a I	Bissell Centre	West Building Bissell Centre Community Space	780-423-2285	Monday to Saturday Lunch 12:30 PM to 2:00 PM Dinner	Open to all 18 years and older. Closed statutory holidays.

300, 10010 105 Street, Edmonton, AB T5J 1C4 Tel: 780-414-6300 Fax: 780-482-7498 211 Alberta – Edmonton and Area is a program

of Canadian Mental Health Association Edmonton Mental health for all



		10530 96 Street Wheelchair Accessible		5:30 PM to 7:00 PM Community Space is open from 11:30 AM to 7:00 PM.	There are capacity limits in place due to COVID-19.
C e n tr a I	Boyle Street Community Services	10116 105 Avenue Wheelchair Accessible	780-424-4106	May 1 to October 31 Monday to Friday Lunch at 12:00 PM Closed statutory holidays <u>November 1 to April 30</u> Daily Lunch at 12:00 PM	All meals are served until the food is gone.
C e n tr a l	Crystal Kids Youth Centre	8718 118 Avenue Wheelchair accessible	780-479-5753	September to June Monday to Friday Supper at 5:00 PM Saturday Lunch at 2:00 PM July and August: Monday to Friday Lunch at 12:00 PM Supper at 5:00 PM	Open to children 6 to 18 years. Statutory holiday hours may vary.



				Mid-afternoon snacks provided Saturday Meals are served in the mid- afternoon	
C e n tr a l	Hope Mission	9908 106 Avenue Wheelchair accessible	780-422-2018	Monday to Friday Breakfast 7:30 AM to 8:30 AM Lunch 11:45 AM to 12:45 PM Supper 5:00 PM to 6:00 PM Weekends and Holidays Brunch 10:45 AM to 11:45 AM Supper 4:15 PM to 5:15 PM	Bagged lunches, water, and other nutrition also available throughout day.
C e n tr a I	Inner City Pastoral Ministry	Bissell Centre West 10530 96 Street Wheelchair accessible	780-719-1548	Sunday Lunch at 12:00 PM	Bagged lunches will be handed out at the door. Open on holidays.



C e n tr a I	Marian Centre	10528 98 Street in the courtyard Wheelchair accessible	780-424-3544	Monday, Tuesday, Thursday, and Saturday Coffee, juice, and breakfast snacks 9:30 AM to 11:00 AM	18 years and older.Closed the last 3 business days of each month.Closed in September.Schedule varies around Christmas and Easter.
C e n tr a I	St. Faith's Anglican Church	PrayerWorks Common 11725 93 Street Wheelchair accessible	780-477-5931	Thursday 11:30 AM to 12:30 PM Friday 5:00 PM to 6:00 PM Saturday 9:00 AM to 10:00 AM	Closed from mid-May to mid- September.
C e n tr a I	The Rock	11004 96 Street Not wheelchair accessible	780-426-1122	Tuesday, Wednesday, and Thursday 7:00 AM to 9:00 AM	For individuals in the inner city who are experiencing homelessness or have low income.
N o	Building Hope Compassiona	Basement 3831 116 Avenue	780-479-4504	Monday, Tuesday, and Wednesday	Also has a clothing bank, houseware available, washer/dryer, and Christian counselling on-site.



rt h E a s t	te Ministry Centre	Not wheelchair accessible		Open 9:00 AM to 2:00 PM Breakfast 9:00 AM to 12:00 AM Lunch 12:00 PM to 2:00 PM	
N ort h E a s t	The CANDORA Society of Edmonton	Abbottsfield Recreation Centre 3006 119 Avenue Wheelchair accessible	780-474-5011	Thursday Community Lunch 11:30 AM to 12:30 PM	For residents of Northeast Edmonton. Types of meals vary, but they usually include all food groups.
N orthC entral	Dickinsfield Amity House	9213 146 Avenue Not wheelchair accessible	780-478-5022	2 nd and 4 th Wednesday of each month Community Lunch 11:30 AM to 12:30 PM Monday, Tuesday, and Friday Free Bread 9:00 AM until bread runs out 2 nd and 4 th Tuesday of each month	Open to everyone.



				Cooking Club – Free, but participants must help in preparing the meal. 9:00 AM to 11:30 AM	
		Londonderry Community League Hall		2 nd Friday of each month Community Lunch 11:30 AM to 12:30 PM Monday and Friday	
		2 nd Floor 14224 74 Street	780-412-1062	Free Bread 9:00 AM until bread runs out	
		Not wheelchair accessible		Wednesday Cooking Club – Free, but participants must help in preparing the meal. 9:30 AM to 11:30AM	
West Cenr	The Anglican Parish of Christ Church	12116 102 Avenue Not wheelchair accessible	780-488-1118	3 rd Saturday of each month Dinner at 5:00 PM Community BBQs every Friday in July and August	Open to everyone.



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West Central	Robertson - Wesley United Church	10209 123 Street At the front doors Wheelchair accessible	780-482-1587	2nd Saturday of each month 5:00 PM to 6:00 PM No dinner in December.	Open to everyone. Christmas dinner held on the first Saturday in December from 4:30 PM to 6:00 PM.