

# Resources for People with Addictions

November 2022



Service delivery may be affected by COVID-19. Please contact the agency to confirm availability of the service.

Visit [www.edmonton.cmha.ca](http://www.edmonton.cmha.ca) to obtain a new copy if more than 6 months old.

## Addictions Support and Counselling / Crisis Support

Alberta Health Services (AHS) - *Addiction and Mental Health*  
Access 24/7, Adult Intake Services ..... 780-424-2424  
Addiction Helpline (24/7)..... 1-866-332-2322  
Opioid Dependency Program ..... 780-342-7810  
Outpatient Counselling Services, Adult ..... 780-427-2736  
(new clients contact Access 24/7) ..... 780-424-2424

Boyle Street Community Services

Canadian Mental Health Association (CMHA)  
Distress Line (24/7) ..... 780-482-HELP (4357)

Digital Overdose Response System App ..... [www.dorsapp.ca](http://www.dorsapp.ca)

Kids Help Phone (24/7) ..... 1-800-668-6868

Managed Alcohol Program ..... 780-990-5912

Poundmaker's Lodge Treatment Centres (18+) ..... 780-458-1884

## Adult Residential Programs

Alberta Health Services (AHS) - *Addiction and Mental Health*  
Access 24/7, Adult Intake Services ..... 780-424-2424

Hope Mission Edmonton ..... 780-422-2018  
Breakout Recovery Community ..... x312  
(men; 18-60yrs; homeless)

Wellspring Recovery Community ..... x203  
(women; 18+yrs)

Jellinek Society ..... 780-488-1160  
(men in recovery from cross-addiction and alcoholism; 18+yrs)

McDougall House Association ..... 780-426-1409  
(women in recovery; 18+yrs)

Our House (Edmonton) Limited ..... 780-474-8945  
(men; 18+yrs; alcohol, drugs)

Oxford House Foundation of Canada ..... 587-598-6977  
(men/women in recovery from addictions)

Poundmaker's Lodge Treatment Centres ..... 780-458-1884  
(men/women; 18+yrs; alcohol, drugs, gambling)

Recovery Acres Society - Edmonton ..... 780-471-2996  
(men; 16+yrs; alcohol, drugs)

Urban Manor Housing Society ..... 780-425-5901  
(hard-to-house men; 18+yrs; addictions / mental illness)

## Detoxification Programs

Alberta Health Services (AHS) - *Addiction and Mental Health*  
Access 24/7, Adult Intake Services ..... 780-424-2424  
Detoxification Services, Adult (17+) ..... 780-342-5900

George Spady Society Adult (18+) ..... 780-424-8335 x0

Poundmaker's Lodge Treatment Centres  
Detox Program (18+) ..... 780-458-1884

## Eating Disorders - Information / Treatment

Alberta Health Services (AHS) - *Addiction and Mental Health*  
Access 24/7, Adult Intake Services ..... 780-424-2424

Anorexics and Bulimics Anonymous ..... [www.aba12steps.org](http://www.aba12steps.org)

## Emergency Shelters for the Intoxicated

Hope Mission Edmonton ..... 780-422-2018  
Emergency Shelter and Support Services (16+yrs)

## Self Help / Support Groups

Alano Club - 12-Step Meetings ..... 780-423-1807

Alberta Gamblers Anonymous (Edmonton) ..... 780-463-0892

Alberta Health Services (AHS) - Provincial Health Services  
QuitCore (smoking group) ..... 1-866-710-QUIT (7848)

Alcoholics Anonymous in Alberta (AA) ..... 780-424-5900

Anorexics and Bulimics Anonymous ..... [www.aba12steps.org](http://www.aba12steps.org)

Canadian Assembly of Narcotics Anonymous  
Edmonton and area ..... 780-421-4429

Clean Scene (14-29yrs) ..... 780-488-0036

Cocaine Anonymous World Services (24/7) ..... <https://ca.org>

Crystal Meth Anonymous ..... 780-691-8509

Food Addicts in Recovery Anonymous ..... [www.foodaddicts.org](http://www.foodaddicts.org)

Overeaters Anonymous (OA) ..... [www.aa-southernalberta.com](http://www.aa-southernalberta.com)

Parents Empowering Parents (PEP) Society  
U-Turn for Youth ..... 780-424-2424  
(support group youth wishing to quit drugs and alcohol)

Problem Gambling Resources Network ..... 780-461-1259

Sex Addicts Anonymous (SAA) ..... 780-394-3709

SMART Recovery Alberta ..... [www.smartrecoveryalberta.org](http://www.smartrecoveryalberta.org)

## Support / Info for Those Affected by Addictions

Al-Anon Family Groups - Edmonton (24/7) ..... 780-443-6000  
Al-Anon / Alateen Meetings

Alberta Health Services (AHS) - *Addiction and Mental Health*  
Access 24/7, Adult Intake Services ..... 780-424-2424  
Addiction Helpline (24/7) ..... 1-866-332-2322  
Outpatient Counselling Services, Adult ..... 780-427-2736

Bissell Centre - FAS Services ..... 780-423-2285 x157

Catholic Social Services - FASD Programs ..... 780-975-4896

FASD Support and Resources in Alberta . [www.fasd.typepad.com](http://www.fasd.typepad.com)

Parents Empowering Parents (PEP) Society  
Family Support Line ..... 780-293-OPEP (0737)

## Youth Residential Programs

Alberta Health Services (AHS) - *Addiction Services*  
Protection of Children Abusing Drugs ..... 1-866-332-2322  
(PChAD; under 18 yrs)

211 is now available province-wide by dialing 2-1-1, texting INFO to 211, or through live chat at [www.ab.211.ca](http://www.ab.211.ca).

Contact 211 for more information or if you cannot find the particular service you are looking for.

*Inclusion of an agency or service on this list does not constitute an endorsement by 211.*