

Resources for Newcomers to Canada

November 2022



Service delivery may be affected by COVID-19. Please contact the agency to confirm availability of the service.

Visit www.edmonton.cmha.ca to obtain a new copy if more than 6 months old.

Citizenship and Classes

Action for Healthy Communities	780-944-4687
Bredin Centre for Career Advancement	780-425-3730
Changing Together - A Centre for Immigrant Women	780-421-0175
Government of Canada - <i>Citizenship Service</i>	1-888-242-2100

Education

Bredin Centre for Career Advancement	780-425-3730
Edmonton Mennonite Centre for Newcomers	780-424-7709
Government of Alberta	
<i>International Qualifications Assessment</i>	780-427-2655
NorQuest College - <i>Employment Programs</i>	780-644-6000

Employment Assistance

Accès Emploi Alberta - <i>Employment Centre</i>	780-490-6975
Action for Healthy Communities	780-944-4687
ASSIST Community Services Centre	780-429-3111
Bredin Centre for Career Advancement	780-425-3730
Changing Together - A Centre for Immigrant Women	780-421-0175
Edmonton's Food Bank - <i>Beyond Food</i>	780-425-2133 x228
Edmonton Mennonite Centre for Newcomers	780-424-7709
EmployAbilities - <i>EmployAbilities for Newcomers</i> ...	780-945-4643
Government of Alberta	
<i>Temporary Foreign Worker Helpline</i>	1-877-944-9955

English Language Training

Action for Healthy Communities	780-944-4687
ASSIST Community Services Centre	780-429-3111
Bredin Centre for Career Advancement	780-425-3730
Canadian Arab Friendship Association of Edmonton	
<i>English as a Second Language (ESL)</i>	780-473-7214
Catholic Social Services	780-424-3545
Changing Together - A Centre for Immigrant Women	
<i>English as a Second Language (ESL)</i>	780-421-0175
Cultural Connections Institute - The Learning Exchange	780-944-0792
Edmonton Catholic Schools - <i>LINC (16+ yrs)</i>	780-473-2600
Edmonton Immigrant Services Association (EISA) ..	780-474-8445
Edmonton Mennonite Centre for Newcomers	780-424-7709
Edmonton Public Schools	
<i>Metro Continuing Education (ESL/LINC)</i>	780-428-1111
NAIT - <i>English as a Second Language (ESL)</i>	780-471-6248
NorQuest College - <i>English language training</i>	780-644-6000
PALS - Project Adult Literacy Society - <i>Tutoring</i>	780-424-5514
University of Alberta - Faculty of Extension	780-492-3116

Family Violence (also see Family Violence list)

Changing Together - A Centre for Immigrant Women	
<i>Family Violence Prevention Workshops</i>	780-421-0175
Edmonton Violence Prevention Centre	780-439-4635
Government of Alberta - <i>Family Violence Info Line</i>	310-1818
Islamic Family and Social Services Association	780-430-9220
<i>Fostering Healthy Families - Family Violence Support (direct outreach services) / Sister's Serenity Group (open to people of all genders and immigration status)</i>	
The Shaama Centre for Seniors and Women	780-465-2992
The TODAY Family Violence Help Centre	780-455-6880
WillowNet: <i>Abuse and the Law in Alberta</i>	www.willownet.ca

Health / Mental Health

Action for Healthy Communities	780-944-4687
Alberta Health Services (AHS) - <i>Health Link (24/7)</i>	811
Catholic Social Services	
<i>Cross Cultural Counselling and Outreach</i>	780-424-3545
Edmonton Mennonite Centre for Newcomers	
<i>Health and Well-Being Services</i>	780-423-9696
Multicultural Health Brokers Co-op	780-423-1973

Supportive Services

Action for Healthy Communities	780-944-4687
ASSIST Community Services Centre	780-429-3111
Bredin Centre for Career Advancement	780-425-3730
Canadian Arab Friendship Association of Edmonton	780-473-7214
Catholic Social Services	780-432-1137
<i>Cultural Links / Settlement Counselling</i>	780-424-3545
Edmonton Immigrant Services Association (EISA) ..	780-474-8445
Edmonton Mennonite Centre for Newcomers	780-424-7709
Edmonton Viets Association	780-424-8934
The Family Centre - Edmonton - <i>Cultural Coaches</i> ..	780-423-2831
Islamic Family and Social Services Association	780-430-9220
Jewish Family Services Edmonton	780-454-1194
Multicultural Health Brokers Co-op	780-423-1973
Sage Seniors Association	
<i>Multicultural Seniors Outreach Program</i>	587-773-1764
Ukrainian Canadian Social Services	780-471-4477
Windmill Microlending - <i>Immigrant Loan Program</i> ..	1-855-423-2262

Translation Services

Canadian Arab Friendship Association	780-473-7214
Edmonton Immigrant Services Association (EISA)	
<i>Translation and Interpretation</i>	780-474-8445
The Family Centre - Edmonton	
<i>Centralized Interpreter Services</i>	780-448-2627

211 is now available province-wide by dialing 2-1-1, texting INFO to 211, or through live chat at www.ab.211.ca.

Contact 211 for more information or if you cannot find the particular service you are looking for.

Inclusion of an agency or service on this list does not constitute an endorsement by 211.