

ANNUAL REPORT

2021-22



Canadian Mental
Health Association
Edmonton
Mental health for all



VISION

Stronger Communities. Smarter Systems. Simpler Journeys.



MISSION

To ensure that all people experience good mental health and well-being.



VALUES

We are:

• **INCLUSIVE**

We want all people to see themselves represented and served by CMHA Edmonton. We recognize a diverse range of mental health approaches.

• **PROACTIVE**

We are leaders. We value action over talk. We will innovate and think ahead to continue to address and improve mental health.

• **COMPASSIONATE**

We lead with the heart. We are compassionate, empathetic, and caring. We approach our mission with love and kindness.

• **STEADFAST**

We have long fought to improve the state of mental health, but our work is not done. We are champions of social justice. We remain as committed as ever to our task.

• **COLLABORATIVE**

We mobilize and marshal resources, partners, and people to come together to realize necessary changes in our communities and in the mental health system.

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President's Message

BOARD MEMBERS

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Nancy Reynolds

VICE-PRESIDENT

Emily Ruttan

TREASURER; FINANCE,
INVESTMENT, AND AUDIT
COMMITTEE CHAIR

Kel Knutson

TREASURER; FINANCE,
INVESTMENT, AND AUDIT
COMMITTEE CHAIR (UNTIL
FEBRUARY 2022)

Michael Chorley

SECRETARY; GOVERNANCE
COMMITTEE CHAIR

Joanne Berger

STRATEGY COMMITTEE CHAIR

Kathleen McCabe

DIRECTORS

Layla Dumont

Anne Halldorson

Cherisse Killick

Hana Marinkovic

Bobbi Menard

Oluseyi Oladele

Matt Solberg

Kevin Wong

It is my pleasure as President of the Board to report on behalf of the Organization for the 2021-22 year. It was a year that brought both challenges and opportunities. In spite of Covid carrying on, we made steady progress towards the vision for our new strategic plan: stronger communities, smarter systems, simpler journeys.

We pressed forward in spite of the challenges of building new and strengthening existing partnerships while working virtually. First was the merger of CMHA Edmonton and Prosper Place completed April 1, 2022. This merger ensures ongoing continuity and the enhancement of the peer programs that have been offered through Prosper for almost 30 years. Bringing together Prosper Place's peer community and programs and co-locating other CMHA-ER programs such as family supports, sets the stage for the development of a true service hub. The peer leadership at Prosper and the peer Board will provide valuable guidance as we strive to meet the commitment in our strategic plan to empower people and families with lived experience to not just be users of services, but to shape them as well.

Another hallmark of the past year was the success achieved in maintaining program continuity, adapting in order to deliver programs virtually and using hybrid approaches in order to ensure access to those in need of support. We saw the expansion of the geographic scope of the service delivery area with participants able to participate in programs virtually from the BC to Saskatchewan borders from Jasper in the Rockies all the way to Cold Lake. The online offerings for Recovery College, Caregiver Connections, and Suicide Grief Support eliminated the distance barrier for many participants. Other essential programs like the Distress Line, 211, and our Housing program continued to operate without interruption even as the public health situation changed from month-to-month. It has been a year that required everyone, especially our staff and volunteers, to adapt. It was also a year of great learning. We will continue to adapt and learn, even as in-person activities resume.

We've been pleased to support, learn from and bring people together, clients, volunteers and staff, colleagues and partners, to help us rise to the challenge of ensuring all people in our community experience good mental health and well-being.

We have committed to reconciliation and taken steps to promote equity, diversity and inclusion in all we do.

On behalf of CMHA Edmonton, I want to thank you all for your support and your partnership over the past year. It has made all of our work possible.



Nancy Reynolds

PRESIDENT, BOARD OF DIRECTORS

Executive Director's Message

It has been my honour to serve as Executive Director since January 2021. In that time, I have been able to connect with peer community members, family members, frontline workers, and partner organizations. I've had the opportunity to listen and learn, and work collaboratively to determine where we need to go as a community.

Our vision – stronger communities, smarter systems, simpler journeys – reflects this. Too often, we hear the same stories year after year. People don't know where to turn for help. If they do, they can't access support when they need it. People don't know what to do when someone confides in them that they're struggling. For years, people have fallen through the cracks. We know what the problems are. We just have not fixed them yet.

Our community recognizes this problem. We are working with community partners towards a new strategy that places people with lived experience at the centre of decision-making. It is past time people in roles like mine are the primary ones with voices at the table. People and their families know from lived experience what works and what is needed, and it's time we empowered them. Users of services need to be involved in designing and delivering them too.

We also know that there are unmet needs which we have a responsibility to address. There are huge gaps in support for youth, when this is a precarious time in one's life. Most mental illnesses first appear between the ages of 15 and 24. Working with community partners who support youth, we are excited to start to address those gaps in the coming year.

We also know there is a huge gap in after-crisis support. For both the person who experienced a crisis and their support network, there need to be programs they can count on for support once the moment of crisis has passed. This will be essential for ensuring these crises do not keep recurring.

Finally, all of us need to know what to do when it's our turn to support a loved one – and it will happen to us at one point in our lives. Effective training that everyone can access to learn how to support someone in their moment need is going to be essential.

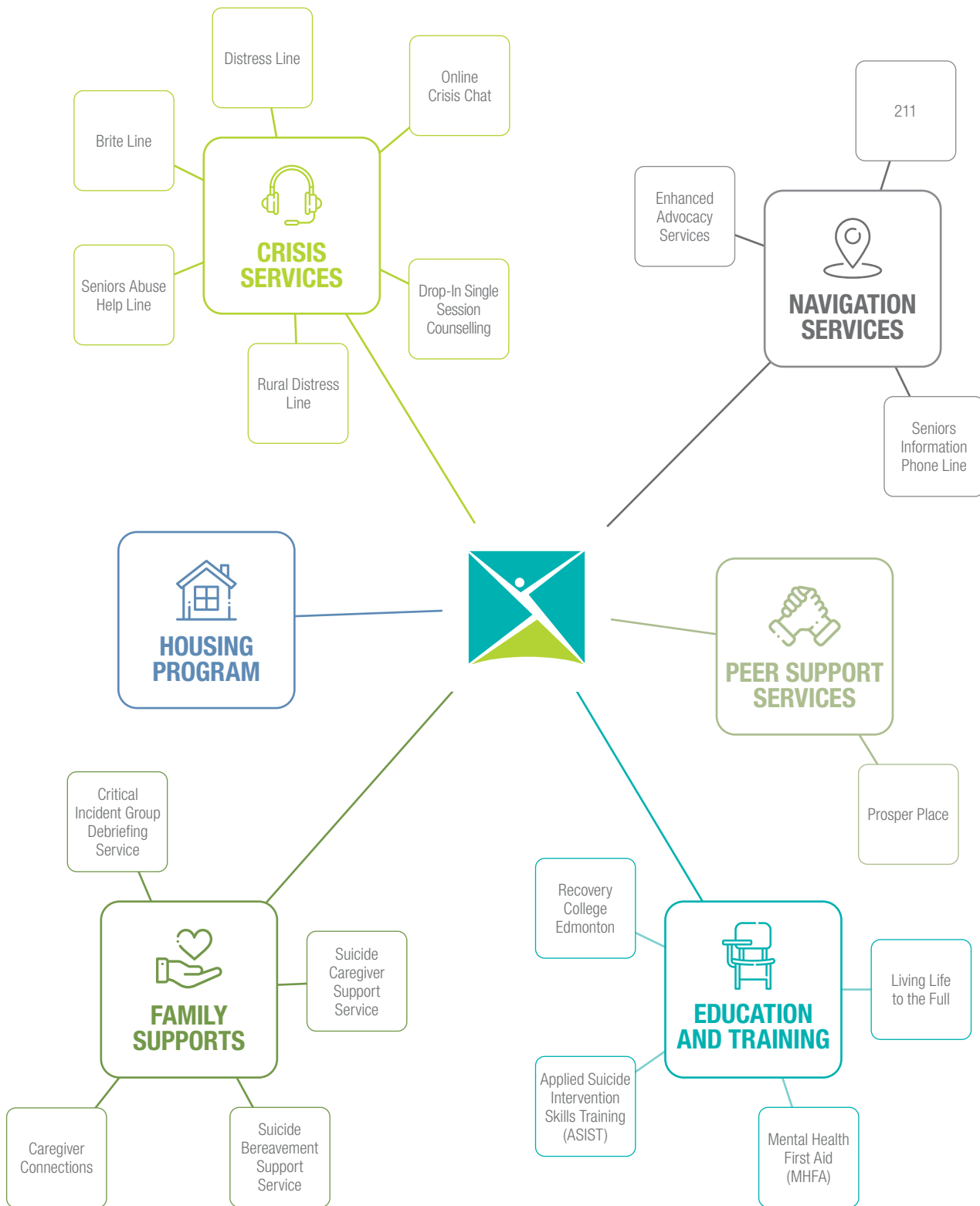
I look forward to working together to meet these needs in the coming years, and to building a community mental health system that works.



Giri Puligandla
EXECUTIVE DIRECTOR



Programs



CRISIS SERVICES

Distress Line

The 24-hour Distress Line provides crucial short-term crisis intervention, support, and resources to community members in need. It is confidential, non-judgmental, and free for anyone to use. Suicide and domestic violence risk assessments as well as follow-up calls can also be provided to ensure the situation has improved.

Having a non-judgemental, supportive listening line accessible 24/7 hours a day, 365 days a year to support people in their moments of crisis remains critical. We look forward to that future, we recognize we need to be working harder to reduce the barriers that clients face. This means making our crisis lines more accessible by offering text support, building more collaborative pathways for client referrals, and integrating ourselves even more into the communities we serve.



“ I AM THANKFUL THAT SOMEONE PICKED UP THE LINE. IT WAS A BIG HELP TO ME AT THE TIME. THE DISTRESS LINE GAVE ME MORE HOPE TO LIVE. I FELT LIKE YOU GAVE ME SOME TIME TO FIND MYSELF.”

DISTRESS LINE CALLER

Brite Line

Launched in June 2021, Brite Line aims to create a safe space where the 2SLGBTQIA+ community can connect with supports free of judgement or stigma. The line is operated by trained staff and volunteers who help callers connect with community organizations that address their specific needs. Brite Line, founded by community member Neil Salisbury, is operated in partnership between CMHA Edmonton and the Institute for Sexual Minority Studies & Services (ISMSS) at the University of Alberta.



19,347

Distress Line Calls



1,835

Rural Distress Line Calls



1,438

Seniors Abuse Help Line Calls



467

Online Crisis Chats



246

BRITE Line Calls



198 volunteers contributed a total of **14,459** hours to the Distress Line



89 new volunteers completed their Distress Line training



90 hours of self-guided online, classroom, and on the job training

MAIN CONCERNS

1. Mental Health Concerns
2. Domestic/Senior Violence
3. Loneliness/Alienation
4. Relationship (Not Abusive)
5. Health/Medical



NAVIGATION SERVICES

211



51,086 211 AB
7,430 Seniors 211
28,920 CDT

87,436 TOTAL

(includes text and chat)



2,291
Texts (2.62%)



5,744
Chat (6.57%)



88% of clients learned more about services and supports that could meet their needs from 211



98% of clients would reach out to 211 again

211 is a free confidential service which provides information and referrals to the various social, health and government services in the community. The service is available over the phone, through text messaging, and as an online chat 24/7 in over 150 languages to ensure people are supported in their community.

We are expanding the ways we support people in our community which includes growth of follow up programs exploring peer navigations and more support in accessing programs. We are working to ensure that communities are engaged and actively involved in supporting the growth of the system navigation eco-system.



211 HAS SAVED MY LIFE MANY TIMES, AND IF YOU WEREN'T THERE FOR HER OVER THE PAST 4 YEARS I MAY NOT HAVE MADE IT. I WANT TO REMIND ALL OF YOU THAT YOU ARE HEROES AND I REALLY APPRECIATES THE WORK 211 DOES.

211 CALLER



Enhanced Advocacy Support



837 unique clients supported, through **3,224** interactions



TOP ADVOCACY SUPPORT FOCUS AREAS

Finance/Income, Housing, Mental Health System Access

NEEDS ADDRESSED:

1. Mental Health/Substance Use Disorders
2. Income Support/Financial Assistance
3. Transportation
4. Information Services
5. Housing

Our Enhanced Advocacy Support Team mentors people living with mental illness as well as their families and caregivers to find the services and supports they need.

Staff assist with identifying programs for mental health recovery, education, employment training, and more. Assistance is also provided for submitting forms, applications, and understanding appeal processes for financial assistance or landlord/tenant concerns.



211 HAS DONE A WONDERFUL JOB AND TAKEN A LOAD OFF MY SHOULDERS.

211 CALLER



Housing Program



146
Units



7
Buildings



46
New Completed
Applications



22
Placed Applicants



39%
Stay 10+ Years



10 tenants have
called CMHA
Housing, home for
25 years or more



137 adults
12 children
Tenants

Access to safe and affordable housing is crucial for everyone. Our Housing Program provides safe and affordable housing for people in our community living with mental health challenges and/or on low income. Our housing team works with each tenant to create a safe space they can call home.



“

STRUGGLING WITH MAJOR DEPRESSION & ANXIETY, I FOUND MYSELF UNABLE TO WORK OR EVEN LOOK AFTER MYSELF FROM DAY TO DAY AT TIMES, I WAS LUCKY ENOUGH TO FIND SAFE AND AFFORDABLE HOUSING WITH CMHA. I FEAR THINGS WOULD HAVE ENDED UP FAR WORSE FOR ME HAD A SOCIAL WORKER NOT HELPED ME FIND THIS TREMENDOUS RESOURCE.”

CMHA EDMONTON TENANT

”



Prosper Place

Founded in 1993, Prosper Place Clubhouse has served Edmonton's peer community – people with lived experience of mental illness – for almost 30 years. In 2021, the boards of Prosper Place and CMHA Edmonton approved a merger of the two organizations.

Prosper Place officially joined the CMHA Edmonton family on April 1, 2022. It continues to operate as the banner for peer support programs, and its centre in West Edmonton also now houses family support and education and training programs, making it a hub for mental health supports for people and their families.



“

I FEEL THAT THIS GROUP HAS GIVEN ME THE TOOLS TO BE ABLE TO BALANCE MY LIFE AS A CAREGIVER AND MY LIFE. IT HAS MADE ME STRONGER AND ABLE TO MAKE DECISIONS THAT I WOULD HAVE NOT OTHERWISE BEEN ABLE TO DO.

CAREGIVER CONNECTIONS PARTICIPANT

”

FAMILY SUPPORTS

Caregiver Connections

Caregiver Connections is a peer support group to help parents, partners, and caregivers of those with a mental health concern and/or addiction to support one another. Each support group connects individuals with peers in the community who can come together and share their experiences, challenges, and successes in a supportive environment.



68

one on one clients, and **7** new over the year



40

Group Sessions



393

Group Participants Served



84

New Participants Joined

“

THE UNDERSTANDING, EMPATHY, SHARING, AND LEARNING THAT I GAINED FROM THE CAREGIVER CONNECTIONS GROUP GAVE ME TOOLS AND CONFIDENCE AND SOME PEACE THAT I WAS LEARNING MORE AND MORE ABLE TO CARE AND A HEALTHY WAY FOR BOTH OUR LOVED ONE AND ME. IT'S JUST WONDERFUL TO KNOW SOMEONE UNDERSTANDS AND GIVES YOU SPACE TO LISTEN TO YOUR ISSUES.

CAREGIVER CONNECTIONS GROUP PARTICIPANT

”



FAMILY SUPPORTS

Suicide Grief Support Services

Suicide Bereavement Support Services / Critical Incident Debriefing Services / Suicide Caregiver Support Services



96
suicide bereavement
support group sessions

Our suicide grief support services provide free group supports for adults in the community who have lost someone to suicide. Additionally, we provide group support for those taking care of someone who has attempted suicide or is at risk of suicide. Our support groups provide a safe place for community members to share their stories, learn from others, and receive guidance from trained professionals.



116
different clients
attended drop-in
support group sessions

We are working with community partners to provide dedicated suicide bereavement and grief support to youth who are struggling. We know this is a big gap, and youth have specific needs that require a unique approach to supporting them.



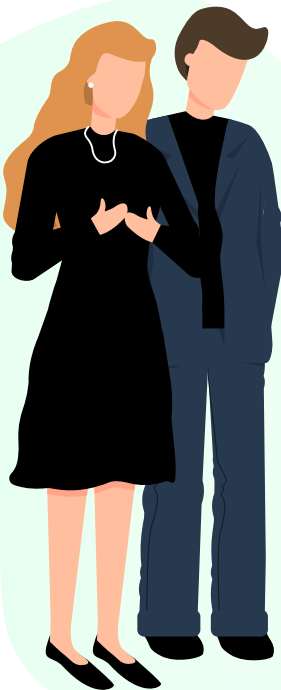
312
different clients
supported in total
through groups, phone
calls, and emails

“

IT WAS GREAT THAT THE FACILITATOR OFFERED
TO CHAT AFTERWARDS. REALLY HELPED ME
UNDERSTAND WHAT I NEED.

SUICIDE GRIEF SUPPORT PARTICIPANT

”



Evening to Remember

Evening to Remember is a free annual event that invites people of all ages to come together in a safe and supportive environment to commemorate lives lost to suicide. The event provides a safe and welcoming environment for community members to heal. The event comprised of artists sharing their grief journey experiences through song and dance, sharing of grief journey experiences, memorial video and an adopted flower ceremony.

In 2021, we marked 10 years of this event. This year, 125 households participated in the virtual event, and 84 families submitted photos of loved ones for the memorial slideshow.]

Life After Suicide Loss

In 2021, we held Edmonton's first Life After Suicide Loss event. Initiated by community members with lived experience of suicide loss, LASL provides a safe space for those bereaved due to suicide to share experiences and learn from others who are experiencing a similar journey. The event helps to highlight different methods used to incorporate loss into an individual's life and gives the community a chance to share stories related to suicide grief that normally would go unspoken.



46 households
participated in the
event, held virtually in
November 2021

TRAINING AND EDUCATION

Recovery College

Recovery College provides free courses led by facilitators who are experts through lived experience. The educational-based approach focuses on helping people recognize and develop their own resourcefulness in order to support their recovery journey. There is a variety of free courses offered so that any student can feel empowered to develop their strengths and optimistic about the future.

Recovery College is excited to get back to some in-person courses in 2022, while also moving forward with a hybrid approach. CMHA Edmonton has recently gone through a Co-Development process with four rural communities within the region to create new Recovery College courses that are based on needs expressed by participants in focus groups and co-development sessions. These four new courses will be piloted in the fall in Sturgeon County, Devon, Spruce Grove, and Athabasca-Lac La Biche.



76
courses offered



916
course participants

“
BEING A PART OF
RECOVERY COLLEGE HAS
CHANGED MY LIFE.
PARTICIPANT
”

ASIST

Applied Suicide Intervention Skills Training (ASIST) is a two-day intensive, practice-dominated course designed to help caregivers recognize situations and intervene to prevent the immediate risk of suicide. It is by far the most widely used, acclaimed and researched suicide intervention training workshop in the world.



37 Sessions, **880**
ASIST participants



4 Sessions and
52 ASIST Tune Up
participants

MHFA

Mental Health First Aid (MHFA) was developed to help people provide initial support to someone who may be experiencing a mental health problem or crisis. MHFA teaches mental health first aid skills which allows for trained individuals to take actions which may reduce the harm through early intervention.



33
Sessions



453
Participants

Living Life to the Full

Living Life to the Full is a fun, interactive online course that will leave you with the inspiration and tools to get the most out of life. This 8-week community-based course provides simple, practical skills for coping with stress, problem solving, boosting your mood, and busting bad thoughts.



4
Sessions



60
Participants

Volunteer Support

CMHA Edmonton could not fulfill our mission without the dedication and support of our volunteers. Our volunteers support crisis services, provide on the ground people-power at fundraisers and events, and help us connect to our community. We would like to extend our gratitude to every volunteer who has supported their community with their time, effort, and compassion. Your commitment to mental health does not go unnoticed!

“

I FEEL I AM MAKING A DIFFERENCE
IN PEOPLE'S LIVES AND MY OWN. IT IS
THE MOST SATISFYING VOLUNTEERING
I HAVE DONE.

– DISTRESS LINE VOLUNTEER

”

Aaron S.	Barbra A.	Danny K.	Hajira S.	Jonn K.	Lula A.	Mutasim E.	Rebecca S.	Sunny D.
Abhishek B.	Bikalpa K.	Daria A.	Hang H.	Jordan W.	Mackenzie J.	Myles H.	Reece M.	Suzie W.
Abner B.	Billy W.	Darryl W.	Hanh-Thuc T.	Josee C.	Maddy K.	Naima R.	Reshma S.	Syed A.
Adelle M.	Blayne T.	David P.	Hannah M.	Joseph J.	Madison A.	Nancy	Rose S.	Sylvia F.
Adriana J.	Brian C.	Deanna M.	Harleen K.	Joyce H.	Maks T.	Nancy D.	Russell C.	Tanaura S.
Akorfa M.	Briana K.	Delfina G.	Harpreet C.	Julie O.	Maligne C.	Natalia R.	Ryan W.	Tania E.
Alec W.	Bridget J.	Denelle G.	Harriet K.	Kara S.	Maria D.	Natasha L.	Saliha R.	Tanner R.
Alex B.	Brie S.	Desmond B.	Heide S.	Karen C.	Marilyn O.	Neely S.	Salman K.	Tara R.
Alex P.	Cameron D.	Devin S.	Holly B.	Karri M.	Marion R.	Nicole H.	Sam B.	Teresa N.
Alexa B.	Cara-Joy R.	Dilasha J.	Holly H.	Kass S.	Marissa K.	Nicole R.	Samu N.	Teresa P.
Alix J.	Carice B.	Donna C.	Jade P.	Katelyn F.	Mark S.	Oana H.	Sana B.	Terri B.
Allison R.	Carmin L.	Dora L.	Jaime M.	Kayla A.	Marla P.	Olga G.	Sanj B.	Terry S.
Aly K.	Carrie W.	Drayton H.	Jake D.	Kelsey S.	Martene W.	Olivia P.	Sara V.	Thomas H.
Amanda D.	Catherine W.	Duc P.	Jakia J.	Kristin H.	Marysia S.	Owen A.	Sarah G.	Tommy T.
Amber A.	Cathy M.	Elena Z.	Jashan M.	Kristin M.	Mat G.	Pamela W.	Sarah S.	Tulsa O.
Amy G.	Catie H.	Ella D.	Jasmine S.	Kuldeep D.	Matt L.	Parand M.	Scott N.	Tyler S.
Amy L.	Charn S.	Ellen S.	Jason P.	Kyla M.	McKenna G.	Parishi T.	Serena B.	Victoria M.
Amy P.	Chris F.	Em B.	Jason Y.	Larissa O.	Meaghan O.	Patrick K.	Shaina C.	Vidhi M.
Ana A.	Chris L.	Eman T.	Jenaya T.	Larry I.	Megan N.	Paw S.	Shan M.	Viktoria H.
Ana S.	Chris M.	Erica L.	Jenna B.	Larry K.	Megan P.	Payton C.	Shannon R.	Violet G.
Anastasia B.	Chris S.	Erin G.	Jennifer FS.	Laura P.	Melissa T.	Persephone S.	Sharon S.	Walter W.
Anne O.	Christine M.	Eva H.	Jennifer J.	Lauren S.	Melissa Th.	Phil H.	Shawna E.	William D.
Anne W.	Colleen C.	Ewa J.	Jennifer Z.	Leah G.	Mia V.	Priya P.	Shayleen G.	Willow C.
Arsh J.	Courtney S.	Gabby B.	Jessica J.	Leslie T.	Michael H.	Priyanka M.	Shayna C.	Ximena V.
Ashley A.	Crystal K.	Gabrielle W.	Jessica R.	Lina M.	Michelle B.	Rachael K.	Shelaine F.	Yeshu D.
Ashley C.	Cynthia B.	Geoff S.	Jihe L.	Linnea V.	Michelle G.	Rachel C.	Shivgeet S.	Yi G.
Ashley J.	Daniel A.	Geraldine B.	Jillian Z.	Lisa W.	Mitchell B.	Rae B.	Socrates T.	Yomna E.
Ashley T.	Daniel E.	Greg S.	Jing H.	Lorelie H.	Morgan D.	Rahim M.	Soroor H.	Zhengqi Z.
Ashley W.	Daniel S.	Gurjeet G.	Joanne N.	Luan W.	Morganne S.	Raj B.	Srimallika V.	Zoe S.

Ione Challborn Bursary for Youth Volunteers

To recognize Ione Challborn's 13-year service to CMHA Edmonton as Executive Director and her advocacy for meaningful mental health supports, the Board of Directors established this bursary upon her retirement at the end of 2020. It will provide a one-time award of \$500 to 'give a lift' to a youth volunteer ages 18-30 and currently studying at a post-secondary institution.



Neely Stebner, pictured (left) with Ione Challborn, was the inaugural recipient in 2021. Neely is a volunteer with the Distress Line and studying at MacEwan University.

FUNDRAISING EVENTS

Ride Don't Hide Edmonton

Edmonton's inaugural Ride Don't Hide event was a physical and mental wellness challenge created to raise awareness for mental health, build connections within the community, and raise crucial funds for the ongoing delivery and expansion of CMHA Edmonton's programs and services. The event was offered in a virtual format where participants could choose to bike, walk, run, stretch, dance, and participate from home in a way that was accessible and meaningful to each person.

More than 200 people participated in the first year, and many more in the online silent auction and 50/50 draw.

IN TOTAL, THE EVENT RAISED MORE THAN \$64,000 DOLLARS!



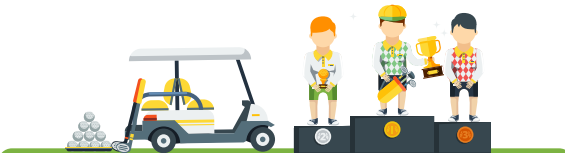
SPONSORS

Bell Let's Talk
DriverCheck
Cashco
MLT Aitkins

Mental Health Classic

After a one-year hiatus, the Mental Health Classic golf tournament resumed for its 14th year. We were thrilled to host this event for the first time at the Edmonton Country Club. 100 golfers joined us, and many more people participated in the online silent auction.

**ALTOGETHER, THE EVENT RAISED
MORE THAN \$55,000!**



Annual Distress Line Fundraiser

On January 25, 100 attendees gathered virtually for this annual fundraiser. This year, money raised went towards launching a texting service as part of the Distress Line.

Attendees heard from keynote speaker Mark Henick, a mental health advocate and strategist, who shared his own mental health journey and offered words of hope for others.

**THE EVENT RAISED \$28,000 TOWARDS THE
START-UP COST OF DISTRESS LINE TEXTING.**



SPONSORS

PRESENTING

Volvo of Edmonton

ON THE GREEN

Angus Watt Advisory Group
Cameron Corporation

WCL

Witten Law

PLATINUM

Alberta Beef Producers
BMO

GOLF BALL

Melcor

HOLE IN ONE

Priority Mechanical

GOLD

Bell Let's Talk
M.A.P. Group of Companies
Universal Dental
Laboratories

ENTERTAINMENT

Cashco
CIBC
PureChem Services
SVS Group LLP Chartered
Professional Accountants

SILVER

Reynolds Mirth Richards &
Farmer LLP



SPONSORS

PRESENTING

Bell Let's Talk

TRANSFORMING

Angus Watt Advisory Group | National Bank Financial

ENHANCING

Alberta Blue Cross

REBUILDING

Altitude Communications
ATB

Cameron Corporation
Sterling Homes

BREAKFAST

Tim Hortons

Community Events

Beyond our signature events, CMHA Edmonton enjoys the support of many community members and organizations who raise money through activities as varied as golf tournaments, donation drives, and physical challenges.

WE ARE GRATEFUL FOR EVERY COMMUNITY SUPPORTER.

We want to make a special acknowledge of the Captain's Ride memorial motorcycle ride, in memory of Carey Stoney. This event marked its 10th year in 2021.



FUNDERS

Alberta Childrens Services

Alberta Community
and Social Services

Alberta Health

Alberta Health Services

Alberta Seniors and Housing

ATB

Bell Let's Talk Community Fund

Butler Family Foundation

Canada Mortgage
and Housing Corporation

Canada Summer Jobs

City of Edmonton - Family and
Community Support Services

City of Edmonton - Living Hope

Civida

CMHA Alberta Division

CMHA National

Crisis Services Canada

Edmonton Community Foundation

Edmonton Public

Teachers Association

Government of Alberta, Community
Initiatives Program

Homeward Trust

Public Health Agency of Canada

REACH Edmonton Council

Royal Alexandra Hospital

Employees' Charitable Fund

Servus Credit Union

St. Paul's Foundation (Edmonton)

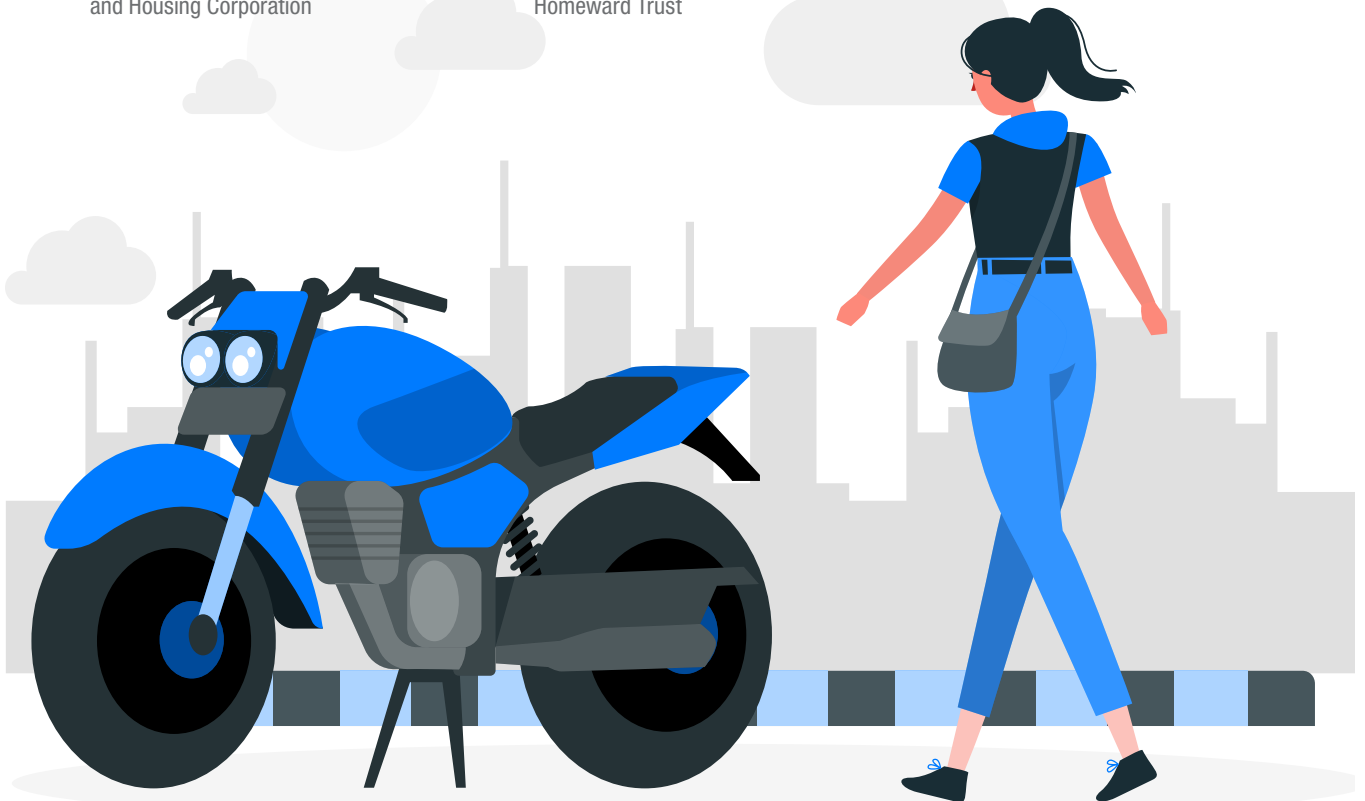
The Family Centre
of Northern Alberta

The Stollery Charitable Foundation

United Way Alberta

Capital Region

United Way Centraide



Financial Support



DONATIONS

\$5,000+

ATCO EPIC
Byram Family Foundation
DIALOG
Edmonton Public Teachers Charity Trust Fund
Gift Funds Canada
James Hutton
Neil McBain

\$1,000 to \$4,999

AB & B Holdings Ltd.
Alberta Oil Tool Employee Goodwill Fund
Aletha Crowe
Amanda Brisebois
Andre Charrois
Averie McNary
Brian Cleland
Caisse Desjardins Des Sports
Cameron Development Corporation
CES Corporation
Costco Wholesale Canada LTD 156
Craig Ryan
CVS Controls
Danielle Frothinger
Darcy Kipp
Darren Rawson
DynaLIFE
EA
Edmonton Community Foundation - Delaney-Chapple Fund
Elizabeth Smythe
Fred Patton
Gen and Jason Segger
Glenrose Rehabilitation Hospital Staff
Greg Eberhart
Imperial Tobacco Employees
Johanna Poultney
Jordon Chan

Joshua Eberhart
Kathleen McCabe
Kenneth Hancheruk
Kent Fargey
Kleysen Group Ltd.
Matthew McNabb
Michael Fiorino
Patricia Metcalfe
PayPal Giving Fund Canada
Qualico
Raynald and Janet Cardinal
RBC Foundation
Ryan Lauber
Terena Delaney
Tony Gnanasihamany
Tyrell Johnman
Walmart Canada Corp.

\$500 to \$999

Alberta School Employee Benefit Plan
Alison Loney
Allan de Boer
Allen's Transport Ltd.
Anne and Ray Halldorson
Ann-Marie Dewhurst
Bill and Linda McLean
Bliss and Glow Artistry
Brian Countryman
Canada Pump And Power Corporation
Carolynne McCaughey
Cassandra Gallant
Catherine McConnell
Charity Games Canada
Christine Garrett-Charles
Cory Cannon
David Bell
E4C In Trust for Luella Hanson
Edmonton Community Foundation
Elizabeth Roberts
Emily Ruttan
Eric Chen
Garrett Hagan
Gregory and Carol Erickson
Hana Marinkovic
Henrietta Wildeman

Hsing Jou
Hua Eric Chen
IBM Employees' Charitable Fund
Iron Workers Local 720
Jack Charles
James Muldowney
Jeffrey Bird
Jerred Costanzo
Jesse Moir
Johanne Cairo
John Dowds
Kathy Wright
Kennedy Flamond
Kenneth Abernathy
Lindsay Kelly
Lorelli Barbutza
Lyle Best
Lynn Mandel
McCalder Mental Wellness Foundation
Michel Soetaert
Nancy McCalder
Nicholas Burak
Noodlebox Baseline Road
Northern Platforms Ltd.
Par2Pro
Patricia Liviniuk
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Financial Statement

STATEMENT OF FINANCIAL POSITION As at March 31	2022	2021
CURRENT ASSETS		
Cash	\$3,586,929	\$2,714,110
Receivables	241,861	206,927
Prepaid expenses	72,177	151,622
Total	3,900,967	3,072,659
INVESTMENTS	1,708,166	1,932,809
CAPITAL ASSETS	5,657,099	5,850,617
Total Assets	\$11,266,232	\$10,856,085
LIABILITIES		
Accounts payable	\$1,243,671	\$324,857
Deferred contributions	3,691,289	4,317,930
Debt	1,555,615	1,611,239
Total Liabilities	6,490,575	6,254,026
NET ASSETS		
Invested in capital assets	\$1,149,635	\$1,173,604
Unrestricted	1,410,517	1,212,950
Internally restricted	987,154	987,154
Endowment	1,228,351	1,228,351
Total Net Assets	4,775,657	4,602,059
TOTAL LIABILITIES AND NET ASSETS	\$11,266,232	\$10,856,085

STATEMENT OF OPERATIONS Year Ended March 31	2022		2021	
REVENUE				
Grants	74%	\$4,579,513	77%	\$3,773,764
Fundraising		595,627		454,326
Rent		517,711		517,105
Fees for service		398,103		69,320
Management fees		98,606		97,956
		6,189,560		4,912,471
EXPENSES				
Salaries & benefits	71%	4,475,715	71%	3,610,628
Building occupancy	9%	584,525	11%	543,327
Office and administration		416,610		321,065
Program and educational		319,470		137,357
Amortization		193,518		220,080
Consulting and professional fees		113,518		94,281
Interest on debt		48,378		50,176
All other expenditures		159,335		133,399
		6,311,069		5,110,313
EXCESS OF REVENUE OVER EXPENSES FROM OPERATIONS		(121,509)		(197,842)
INVESTMENT INCOME		295,107		344,046
EXCESS OF REVENUE OVER EXPENSES		\$173,598		\$146,204



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