

Resources for Youth and Young Adults at Risk

May 2022



Service delivery may be affected by COVID-19. Please contact the agency to confirm availability of the service.

Visit www.edmonton.cmha.ca to obtain a new copy if more than 6 months old.

Accommodation / Basic Needs (also see Basic Needs list)

Boyle Street Community Services
Housing First (chronically homeless) 780-424-4106
E4C - Inner City Youth Housing Project (14-17 yrs) . 780-479-7075
Government of Alberta
Emergency Income Support (24/7)..... 780-644-5135
Hope Mission Edmonton
Youth Shelter (16-24 yrs) 780-422-2018
Youth Empowerment & Support Services (YESS)
Nexus (15-21 yrs)..... 780-468-7070

Community Supports

Boyle McCauley Health Centre - Kindred House 780-424-4091
(outreach project for women and transgender individuals involved in sex work; 18+ yrs)
Boyle Street Community Services 780-424-4106
Boys and Girls Clubs Big Brothers Big Sisters 780-424-8181
Crystal Kids Youth Centre - Drop-In Centre 780-479-5753
Edmonton Police Service
Drug and Gang Enforcement Unit .. 780-414-GANG (4264)
Victim Services Units Call 211 for local unit
iHuman Youth Society 780-421-8811
Old Strathcona Youth Society (14-24 yrs)..... 780-496-5947
Uncles & Aunts at Large Society 780-452-5791
Youth Empowerment & Support Services (YESS) .. 780-468-7070
YMCA - Youth Transition Program (13-19 yrs) 780-426-9265

Crisis (Call 911 if in immediate danger)

Alberta Health Services (AHS) - Access 24/7, Adult Intake Services
..... 780-424-2424
Canadian Mental Health Association (CMHA)
Distress Line (24/7) 780-482-HELP (4357)
Live Crisis Chat www.edmonton.cmha.ca
Catholic Social Services
Safe House (24/7; 14-19 yrs) 780-474-9938
Central Alberta Sexual Assault Support Centre (24/7)
..... 1-866-956-1099
Government of Alberta
Child Abuse Hotline (24/7)..... 1-800-387-5437
Kids Help Phone (24/7) 1-800-668-6868
Sexual Assault Centre of Edmonton..... 780-423-4121

Harm Reduction / Health Promotion

Alberta Health Services (AHS)
Sexually Transmitted Infections (STI) Clinic 811
Streetworks Needle Exchange Call 211 for locations
Boyle McCauley Health Centre (inner city) 780-422-7333
HIV Edmonton 780-488-5742

Life Skills / Education / Employment

Boyle Street Education Centre (Charter School) 780-428-1420
Edmonton's Food Bank - Beyond Food 780-425-2133 x228
The Elizabeth Fry Society of Northern Alberta
Girls Empowered and Strong (12-17 yrs) 780-784-2200
YESS - Resource Centre (FKA: BEST) (15-24 yrs) .. 780-468-7070
YMCA - Bridging the Gap (employment; 15-30 yrs) 780-937-3657

Legal / Advocacy

The Elizabeth Fry Society of Northern Alberta
Courtworks - Adult, Youth, and Family..... 780-422-4775
Legal Aid Alberta 1-866-845-3425
Legislative Assembly of Alberta
Child and Youth Advocate (CFSA status) 780-422-6056
Native Counselling Services of Alberta
Youth Courtwork (Indigenous; under 18 yrs) 780-423-2141

Pregnancy / Sexual Health

Alberta Health Services (AHS)
Adolescent Pregnancy Clinic (under 20 yrs) ... 780-735-6892
Birth Control Centre (STI and HIV testing) 780-735-0010
Health for Two (prenatal; low income)..... 780-735-3008
Pride Centre of Edmonton 780-488-3234
Terra Centre for Teen Parents 780-428-3772
Woman's Health Options (pro-choice; abortion services) 780-484-1124
YWCA Edmonton (pro-choice) 780-423-YWCA (9922)

Sexual Exploitation

Catholic Social Services - Safe House (14-19 yrs).... 780-474-9938
CEASE: Centre to End All Sexual Exploitation 780-471-6137
E4C - Crossroads House (safe house; 13-17yrs) 780-474-7547
Government of Alberta - Ministry of Children's Services
Protection of Sexually Exploited Children
(PSECA; 24/7)..... 1-800-387-5437
Metis Child and Family Services Society Edmonton
PSECA Follow-Up Worker (under 18 yrs)..... 780-452-6100

Substance Abuse / Addictions

Alberta Health Services (AHS) - Addiction and Mental Health
Mobile Addiction Services, Adolescent 780-408-8783
Outpatient Counselling Services, Adult..... 780-427-2736
Protection of Children Abusing Drugs 1-866-332-2322
(PChAD; 24/7; under 18yrs)
CASA Child, Adolescent and Family Mental Health
Concurrent Addiction and Mental Health Program (12-18 yrs)
..... 780-410-8483

211 is now available province-wide by dialing 2-1-1, texting INFO to 211, or through live chat at www.ab.211.ca.

Contact 211 for more information or if you cannot find the particular service you are looking for.

Inclusion of an agency or service on this list does not constitute an endorsement by 211.