

# Resources for 2SLGBTQ+

May 2022



Service delivery may be affected by COVID-19. Please contact the agency to confirm availability of the service.

Visit [www.edmonton.cmha.ca](http://www.edmonton.cmha.ca) to obtain a new copy if more than 6 months old.

## Counselling

The Family Centre - Edmonton  
*Drop-In Single Session Counselling* ..... 780-423-2831  
Momentum Walk-In Counselling  
*Single Session Counselling* ..... 780-757-0900

## Crisis (Call 911 if in immediate danger)

Canadian Mental Health Association (CMHA)  
*Distress Line (24/7)* ..... 780-482-HELP (4357)  
Government of Alberta  
*Bullying Helpline (24/7)* ..... 1-888-456-2323  
*Child Abuse Hotline (24/7)* ..... 1-800-387-5437  
First Nations and Inuit Hope For Wellness Help Line  
..... 1-855-242-3310  
Kids Help Phone ..... 1-800-668-6868  
*Text* ..... Text Connect to 686868  
*Online Chat* ..... [kidshelpphone.ca](http://kidshelpphone.ca)

Sexual Assault Centre of Edmonton  
*Support and Information Crisis Line* ..... 780-423-4121  
Central Alberta Sexual Assault Support Centre  
*24 Hour Sexual Assault Crisis Line* ..... 1-866-956-1099  
*Text* ..... 403-986-HELP (4357)

## Family Violence and Abuse (also see Family Violence list)

The TODAY Family Violence Help Centre ..... 780-455-6880  
*Inclusive Family Violence Supports*  
Edmonton Women's Shelter Limited ..... [www.winhouse.org](http://www.winhouse.org)  
*24 Hour Crisis and Information Line* ..... 780-479-0058

## Health / Sexual Health / Harm Reduction

Alberta Health Services (AHS)  
*Birth Control Centre (pregnancy testing)*  
*Seventh Street Plaza* ..... 780-735-0010  
*Health Link (24/7)* ..... 811  
*Sexually Transmitted Infections (STI) Clinic* ..... 780-342-2300  
CATIE (HIV and Hepatitis C Information) ..... [www.catie.ca](http://www.catie.ca)  
*Confidential Bilingual Toll-free Inquiry Line* ..... 1-800-263-1638  
Edmonton Men's Health Collective  
*Peer N Peer Substance Use Program* ..... 587-599-7290  
HIV Edmonton ..... 780-488-5742  
The LGBTQ Wellness Centre ..... 587-635-3130  
*Social and Psychological Supports; Trans-Affirming Medical Care*

## University / Student Groups

University of Alberta Students' Union ..... 1-800-661-3446  
*The Landing* ..... [www.thelandingualberta.ca](http://www.thelandingualberta.ca)  
..... 780-492-4949

## Legal / Advocacy

Alberta Civil Liberties Research Centre  
*LGBTQ+ Resources* ..... [www.aclrc.com](http://www.aclrc.com)  
Government of Alberta - Ministry of Justice and Solicitor General  
*Alberta Human Rights Commission*  
*Confidential Inquiry Line* ..... 780-427-7661  
Legislative Assembly of Alberta  
*Office of the Child and Youth Advocate* .... 1-800-661-3446

## Shelter

Catholic Social Services  
*Safe House (14 to 19 yrs; trans-affirming)* ..... 780-474-9938  
E4C ..... 780-423-5302  
*Women's Emergency Accommodation Centre (18+ yrs; women with children cannot be accommodated; trans-affirming)*

## Support / Support Groups

Edmonton Mennonite Centre for Newcomers  
*Rainbow Refuge* ..... 587-938-6869  
Edmonton Seniors Centre  
*LGBTQIA2S+ Seniors Support Group* ..... 780-425-8625  
Momentum Walk-In Counselling ..... 780-757-0900  
*Queer Café - LGBTQ2S+ Support Group*  
Pride Centre of Edmonton ..... 780-488-3234  
*Drop-In Community Centre (all expressions and identities)*  
Pflag Canada ..... [www.pflagcanada.ca](http://www.pflagcanada.ca)  
*Edmonton Chapter* ..... 1-888-530-6777 x581  
Sexual Assault Centre of Edmonton  
*Sexual Assault Group Counselling*  
*refleQT* ..... 780-423-4102

## Youth

The Family Centre - Edmonton ..... 780-423-2831  
*The Rainbow Pages* ..... [www.therainbowpages.ca](http://www.therainbowpages.ca)  
iHuman Youth Society ..... 780-421-8811  
Institute for Sexual Minority Studies and Services  
*Camp fyrefly (14 to 24 yrs)* ..... 780-492-4909  
*Comprehensive Health Education Workers (CHEW) (14 to 29 yrs)* ..... 780-263-2221  
*fyrefly in Schools* ..... 780-492-0772  
Old Strathcona Youth Society ..... 780-496-5947  
Pride Centre of Edmonton ..... [www.pridecentreofedmonton.ca](http://www.pridecentreofedmonton.ca)  
*Pride Youth (12 to 24 yrs)* ..... 780-488-3234  
Youth Empowerment and Support Services (YESS)  
..... 780-468-7070

211 is now available province-wide by dialing 2-1-1, texting INFO to 211, or through live chat at [www.ab.211.ca](http://www.ab.211.ca).

Contact 211 for more information or if you cannot find the particular service you are looking for.

*Inclusion of an agency or service on this list does not constitute an endorsement by 211.*