

# Resources for Newcomers to Canada

November 2021



Service delivery may be affected by COVID-19. Please contact the agency to confirm availability of the service.

Visit [www.edmonton.cmha.ca](http://www.edmonton.cmha.ca) to obtain a new copy if more than 6 months old.

## Citizenship and Classes

Government of Canada - *Citizenship Service* ..... 1-888-242-2100

### **Citizenship Classes**

Bredin Centre for Learning ..... 780-425-3730  
Canadian Arab Friendship Association of Edmonton ..... 780-473-7214  
Changing Together - A Centre for Immigrant Women  
..... 780-421-0175

### **Education**

Bredin Centre for Learning ..... 780-425-3730  
Edmonton Mennonite Centre for Newcomers ..... 780-424-7709  
Government of Alberta  
*International Qualifications Assessment* ..... 780-427-2655  
NorQuest College - *Employment Programs* ..... 780-644-6000

### **Employment Assistance**

Accès Emploi Alberta - *Employment Centre* ..... 780-490-6975  
ASSIST Community Services Centre ..... 780-429-3111  
Bredin Centre for Learning ..... 780-425-3730  
Changing Together - A Centre for Immigrant Women  
..... 780-421-0175  
Edmonton's Food Bank - *Beyond Food* ..... 780-425-2133  
Edmonton Mennonite Centre for Newcomers ..... 780-424-7709  
EmployAbilities - *EmployAbilities 4 Newcomers* ..... 780-945-4643  
Government of Alberta  
*Temporary Foreign Worker Helpline* ..... 1-877-944-9955

### **English Language Training**

ASSIST Community Services Centre ..... 780-429-3111  
Bredin Centre for Learning ..... 780-425-3730  
Canadian Arab Friendship Association of Edmonton  
*English as a Second Language (ESL)* ..... 780-473-7214  
Catholic Social Services - *Language Assessment, Referral, and  
Counselling Centre* ..... 780-424-3545  
Changing Together - A Centre for Immigrant Women  
*English as a Second Language (ESL)* ..... 780-421-0175  
Cultural Connections Institute - The Learning Exchange  
..... 780-944-0792  
Edmonton Catholic Schools - *LINC (16+yrs)* ..... 780-473-2600  
Edmonton Immigrant Services Association (EISA) ..... 780-474-8445  
Edmonton Mennonite Centre for Newcomers ..... 780-424-7709  
Edmonton Public Schools  
*Metro Continuing Education (ESL/LINC)* ..... 780-428-1111  
NAIT - *English as a Second Language (ESL)* ..... 780-471-6248  
NorQuest College - *English language training* ..... 780-644-6000  
PALS - Project Adult Literacy Society - *Tutoring* ..... 780-424-5514  
University of Alberta - Faculty of Extension ..... 780-492-3116

## Family Violence (also see Family Violence list)

Changing Together - A Centre for Immigrant Women  
*Family Violence Prevention Workshops* ..... 780-421-0175  
Edmonton Violence Prevention Centre ..... 780-439-4635  
Government of Alberta - *Family Violence Info Line* ..... 310-1818  
Islamic Family and Social Services Association ..... 780-430-9220  
*Fostering Healthy Families - Family Violence Support  
(direct outreach services)*  
*Fostering Healthy Families - Sister's Serenity Group  
(for women, verbal translation)*  
The Shaama Centre for Seniors and Women ..... 780-465-2992  
The TODAY Family Violence Help Centre ..... 780-455-6880  
WillowNet: *Abuse and the Law in Alberta* ..... [www.willownet.ca](http://www.willownet.ca)

## Health / Mental Health

Alberta Health Services (AHS)  
*Health Link (24/7)* ..... 811  
Catholic Social Services  
*Cross Cultural Counselling and Outreach Program (no  
cost)* ..... 780-424-3545  
Edmonton Mennonite Centre for Newcomers  
*Health and Well-Being Services* ..... 780-423-9696  
Multicultural Health Brokers Co-op ..... 780-423-1973

## Supportive Services

ASSIST Community Services Centre ..... 780-429-3111  
Bredin Centre for Learning ..... 780-425-3730  
Canadian Arab Friendship Association of Edmonton  
..... 780-473-7214  
Catholic Social Services ..... 780-432-1137  
*Cultural Links / Settlement Counselling* ..... 780-424-3545  
Edmonton Immigrant Services Association (EISA)  
*Children and Youth Settlement Services* ..... 780-474-8445  
Edmonton Mennonite Centre for Newcomers ..... 780-424-7709  
Edmonton Viets Association ..... 780-424-8934  
Islamic Family and Social Services Association ..... 780-430-9220  
Jewish Family Services Edmonton ..... 780-454-1194  
Multicultural Health Brokers Co-op ..... 780-423-1973  
Sage Seniors Association  
*Multicultural Seniors Outreach Program* ..... 587-773-1764  
Ukrainian Canadian Social Services ..... 780-471-4477  
Windmill Microlending  
*Immigrant Loan Program* ..... 1-855-423-2262

## Translation Services

Canadian Arab Friendship Association ..... 780-473-7214  
Edmonton Immigrant Services Association (EISA)  
*Language Bank* ..... 780-474-8445

211 is now available province-wide by dialing 2-1-1, texting INFO to 211, or through live chat at [www.ab.211.ca](http://www.ab.211.ca).

Contact 211 for more information or if you cannot find the particular service you are looking for.

*Inclusion of an agency or service on this list does not constitute an endorsement by 211.*