

Resources for People with Addictions

May 2021



Service delivery may be affected by COVID-19. Please contact the agency to confirm availability of the service.

Visit www.edmonton.cmha.ca to obtain a new copy if more than 6 months old.

Addictions Counselling / Crisis Support

Alberta Health Services (AHS) - *Addiction and Mental Health*
Access 24/7, Adult Intake Services 780-424-2424
Addiction Helpline (24/7) 1-866-332-2322
Opioid Dependency Program 780-422-1302
Outpatient Counselling Services, Adult 780-427-2736
Canadian Mental Health Association (CMHA)
Distress Line (24/7) 780-482-HELP (4357)
Kids Help Phone (24/7) 1-800-668-6868
Poundmaker's Lodge Treatment Centres (18+) 780-458-1884

Adult Residential Programs

Alberta Health Services (AHS) - *Addiction and Mental Health*
Access 24/7, Adult Intake Services 780-424-2424
Catholic Social Services - *Alpha House* 780-913-5220
(men in recovery; 18+ yrs)
Hope Mission Edmonton 780-422-2018
Breakout Recovery Community (men; 18-60yrs; homeless)
Wellspring Recovery Community (women; 18+yrs)
Jellinek Society 780-488-1160
(men in recovery from cross-addiction and alcoholism; 18+yrs)
McDougall House Association 780-426-1409
(women in recovery; 18+yrs)
Our House (Edmonton) Limited 780-474-8945
(men; 18+yrs; alcohol, drugs)
Oxford House Foundation of Canada 780-455-5517
(men/women in recovery from addictions)
Poundmaker's Lodge Treatment Centres 780-458-1884
(men/women; 18+yrs; alcohol, drugs, gambling)
Recovery Acres Society - Edmonton 780-471-2996
(men; 16+yrs; alcohol, drugs)
The Salvation Army - Edmonton
Transformations Addiction Treatment Program
(men; 18+yrs; alcohol, drugs) 780-429-4274
Urban Manor Housing Society 780-425-5901
(hard-to-house men; 18+yrs; addictions / mental illness)

Detoxification Programs

Alberta Health Services (AHS) - *Addiction and Mental Health*
Access 24/7, Adult Intake Services 780-424-2424
Detoxification Services, Adult (17+) 780-427-4291 x1
George Spady Society 780-424-8335 x0

Eating Disorders - Information / Treatment

Alberta Health Services (AHS) - *Addiction and Mental Health*
Access 24/7, Adult Intake Services 780-424-2424
Anorexics and Bulimics Anonymous www.aba12steps.org

Emergency Shelters for the Intoxicated

Hope Mission Edmonton 780-422-2018
Intox Emergency Centre (men)
Women's Emergency Shelter (16+yrs)

Self Help / Support Groups

Alano Club - *12-Step Meetings* 780-423-1807
Alberta Gamblers Anonymous (*Edmonton*) 780-463-0892
Alcoholics Anonymous in Alberta (AA) 780-424-5900
Anorexics and Bulimics Anonymous www.aba12steps.org
Canadian Assembly of Narcotics Anonymous (*Edmonton and area*)
..... 780-421-4429
Clean Scene (*14-29yrs*) 780-488-0036
Cocaine Anonymous World Services (*24/7*) <https://ca.org/>
Crystal Meth Anonymous 780-691-8509
Food Addicts in Recovery Anonymous www.foodaddicts.org
Overeaters Anonymous (OA) 780-423-2546
Problem Gambling Resources Network 780-461-1259
Alberta Health Services (AHS) – Provincial Health Services
QuitCore (smoking group) 1-866-710-QUIT (7848)
Sex Addicts Anonymous (SAA) 587-921-4528
Sexaholics Anonymous International (SAICO) 780-988-4411
SMART Recovery Alberta www.smartrecoveryalberta.org

Support / Info for Those Affected by Addictions

Al-Anon Family Groups - Edmonton (*24/7*) 780-443-6000
Al-Anon / Adult Children / Alateen Meetings
Alberta Health Services (AHS) - *Addiction and Mental Health*
Access 24/7, Adult Intake Services 780-424-2424
Addiction Helpline (*24/7*) 1-866-332-2322
Outpatient Counselling Services, Adult 780-427-2736
Bissell Centre - *FAS Services* 780-423-2285 x157
Catholic Social Services - *FASD Programs* 780-975-4896
FASD Support and Resources in Alberta . www.fasd.typepad.com
Parents Empowering Parents Society
Parent Support Line 780-293-OPEP (0737)
U-Turn for Youth 780-293-0737
(support group for youth wishing to quit drugs and alcohol)
REACH Edmonton Council for Safe Communities
Drug and Alcohol Parent Resource Toolkit 311
(resource for parents who want to talk to their children about drugs and alcohol; also available online in multiple languages)
S-Anon Family Groups 1-800-210-8141
(for those affected by another person's sexual behaviour)

Youth Residential Programs

Alberta Health Services (AHS) - *Addiction Services*
Protection of Children Abusing Drugs 1-866-332-2322
(PChAD; under 18yrs)

211 is now available province-wide by dialing 2-1-1, texting INFO to 211, or through live chat at www.ab.211.ca.

Contact 211 for more information or if you cannot find the particular service you are looking for.

Inclusion of an agency or service on this list does not constitute an endorsement by 211.