

# Resources for People with Addictions

November 2020



Service delivery may be affected by COVID-19. Please contact the agency to confirm availability of the service.

Visit [www.edmonton.cmha.ca](http://www.edmonton.cmha.ca) to obtain a new copy if more than 6 months old.

## Addictions Counselling / Crisis Support

Alberta Health Services (AHS) - *Addiction and Mental Health*  
Access 24/7, Adult Intake Services ..... 780-424-2424  
Addiction Helpline (24/7) ..... 1-866-332-2322  
Opioid Dependency Program ..... 780-422-1302  
Outpatient Counselling Services, Adult ..... 780-427-2736  
Canadian Mental Health Association (CMHA)  
Distress Line (24/7) ..... 780-482-HELP (4357)  
Kids Help Phone (24/7) ..... 1-800-668-6868  
Poundmaker's Lodge Treatment Centres (18+) ..... 780-458-1884

## Adult Residential Programs

Alberta Health Services (AHS) - *Addiction and Mental Health*  
Access 24/7, Adult Intake Services ..... 780-424-2424  
Catholic Social Services - *Alpha House* ..... 780-913-5220  
(men in recovery; 18+ yrs)  
Hope Mission Edmonton ..... 780-422-2018  
Breakout Recovery Community (men; 18-60 yrs; homeless)  
Wellspring Recovery Community (women; 18+ yrs)  
Jellinek Society ..... 780-488-1160  
(men in recovery from cross-addiction and alcoholism; 18+ yrs)  
McDougall House Association ..... 780-426-1409  
(women in recovery; 18+ yrs)  
Our House (Edmonton) Limited ..... 780-474-8945  
(men; 18+ yrs; alcohol, drugs)  
Oxford House Foundation of Canada ..... 780-455-5517  
(men/women in recovery from addictions)  
Poundmaker's Lodge Treatment Centres ..... 780-458-1884  
(men/women; 18+ yrs; alcohol, drugs, gambling)  
Recovery Acres Society - Edmonton ..... 780-471-2996  
(men; 16+ yrs; alcohol, drugs)  
The Salvation Army - Edmonton  
Transformations Addiction Treatment Program  
(men; 18+ yrs; alcohol, drugs) ..... 780-429-4274  
Urban Manor Housing Society ..... 780-425-5901  
(hard-to-house men; 18+ yrs; addictions / mental illness)

## Detoxification Programs

Alberta Health Services (AHS) - *Addiction and Mental Health*  
Access 24/7, Adult Intake Services ..... 780-424-2424  
Detoxification Services, Adult (17+) ..... 780-427-4291 x1  
George Spady Society ..... 780-424-8335

## Eating Disorders - Information / Treatment

Alberta Health Services (AHS) - *Addiction and Mental Health*  
Access 24/7, Adult Intake Services ..... 780-424-2424  
Anorexics and Bulimics Anonymous ..... [www.aba12steps.org](http://www.aba12steps.org)

## Emergency Shelters for the Intoxicated

George Spady Society ..... 780-424-8335  
Hope Mission Edmonton ..... 780-422-2018  
Intox Emergency Centre (men)  
Women's Emergency Shelter (16+ yrs)

## Self Help / Support Groups

Alano Club - 12-Step Meetings ..... 780-423-1807  
Alberta Gamblers Anonymous (Edmonton) ..... 780-463-0892  
Alcoholics Anonymous in Alberta (AA) ..... 780-424-5900  
Anorexics and Bulimics Anonymous ..... [www.aba12steps.org](http://www.aba12steps.org)  
Canadian Assembly of Narcotics Anonymous (Edmonton and area)  
..... 780-421-4429  
Clean Scene (14-29 yrs) ..... 780-488-0036  
Cocaine Anonymous World Services (24/7) ..... <http://www.ca.org>  
Crystal Meth Anonymous ..... 780-691-8509  
Food Addicts in Recovery Anonymous ..... [www.foodaddicts.org](http://www.foodaddicts.org)  
Overeaters Anonymous (OA) ..... 780-423-2546  
Problem Gambling Resources Network ..... 780-461-1259  
QuitCore (smoking group) ..... 1-866-710-QUIT (7848)  
Sex Addicts Anonymous (SAA) ..... 587-921-4528  
Sexaholics Anonymous International (SAICO) ..... 780-988-4411  
SMART Recovery Alberta ..... [www.smartrecoveryalberta.org](http://www.smartrecoveryalberta.org)

## Support / Info for Those Affected by Addictions

Al-Anon Family Groups - Edmonton (24/7) ..... 780-443-6000  
Al-Anon / Adult Children / Alateen Meetings  
Alberta Health Services (AHS) - *Addiction and Mental Health*  
Access 24/7, Adult Intake Services ..... 780-424-2424  
Addiction Helpline (24/7) ..... 1-866-332-2322  
Outpatient Counselling Services, Adult ..... 780-427-2736  
Bissell Centre - FAS Services ..... 780-423-2285 x157  
Catholic Social Services - FASD Programs ..... 780-378-2508  
FASD Support and Resources in Alberta. [www.fasd.typepad.com](http://www.fasd.typepad.com)  
Parents Empowering Parents Society  
Parent Support Line ..... 780-293-OPEP (0737)  
U-Turn for Youth ..... 780-293-0737  
(support group for youth wishing to quit drugs and alcohol)  
REACH Edmonton Council for Safe Communities  
Drug and Alcohol Parent Resource Toolkit ..... 311  
(resource for parents who want to talk to their children about drugs  
and alcohol; also available online in multiple languages)  
S-Anon Family Groups ..... 1-800-210-8141  
(for those affected by another person's sexual behaviour)

## Youth Residential Programs

Alberta Health Services (AHS) - *Addiction Services*  
Protection of Children Abusing Drugs ..... 1-866-332-2322  
(PChAD; under 18 yrs)

211 is now available province-wide by dialing 2-1-1, texting INFO to 211, or through live chat at [www.ab.211.ca](http://www.ab.211.ca).

Contact 211 for more information or if you cannot find the particular service you are looking for.

*Inclusion of an agency or service on this list does not constitute an endorsement by 211.*