

Resources for Children

November 2020



Service delivery may be affected by COVID-19. Please contact the agency to confirm availability of the service.

Visit www.edmonton.cmha.ca to obtain a new copy if more than 6 months old.

Counselling

Kids Help Phone (24/7) 1-800-668-6868

Grief Counselling Programs

Kids On Track Association of Edmonton

HomeBuilders (5-15yrs) 780-481-2942 x4

Pilgrims Hospice Society 780-413-9801 x102

Starfish Family Resources Society 780-448-1180

Play Therapy

Catholic Social Services 780-391-3233

University of Alberta - Faculty of Education

Clinical Services (5+yrs; September-April) 780-492-3746

Disabilities

Alberta Health Services (AHS)

Early Intervention Program (0-3.5yrs) 780-342-1707

Centre for Autism Services Alberta 780-488-6600

Connect Society - Deafness Education, Advocacy and Family Services

Early Intervention (deaf; 0-3.5yrs) 780-454-9581

Edmonton Down Syndrome Society

Speech-Language Therapy 780-944-4224

Elves Special Needs Society

(severe developmental disabilities; 2.5-5yrs) 780-454-5310

Family Futures Resource Network

Parent Education 780-413-4521

(provides developmental screening for children; 0-5yrs)

GRIT Program (The Getting Ready for Inclusion Today Program)

Early Childhood Program (2.5-6yrs) 780-454-9910

KARA Family Resource Centre

Early Childhood Development 780-478-5396

(provides developmental screening for children)

The Steadward Centre for Personal & Physical Achievement

Free2BMe Physical Activity (4-19yrs) 780-492-8269

Head Start Programs

ABC Head Start Society (3.5-4yrs; low income). 780-461-5353 x221

Amiskwacyi Cultural Society

Aboriginal Head Start (3.5-5yrs; Indigenous) 780-640-9799

Bent Arrow Traditional Healing Society

White Cloud Aboriginal Head Start Program (3-5yrs;

Indigenous) 780-486-2543

E4C (programs for families with low income)

Early Learning Services (0-5yrs) 780-426-3666

Norwood Child and Family Resource Centre

(3+yrs by March of registering year) 780-471-3737

Oliver Centre Early Learning Programs for Children and Families

Society (12mos-5yrs; full and half day programs, low income)

..... 780-482-2116

Early Childhood Education

Alberta Health Services (AHS)

Preschool Speech and Language (0-5yrs) 780-408-8793

Edmonton Catholic Schools (3.5yrs) 780-638-6810

Edmonton Public Schools 780-429-8000

Family Futures Resource Network 780-413-4521

Primrose Place Family Centre 780-469-0663

Leisure / Recreation

Boys and Girls Clubs Big Brothers Big Sisters of Edmonton

..... 780-424-8181

City of Edmonton Citizen Services

Leisure Access Program 311

Recreation Facilities and Information 311

Edmonton Public Library

Children's Programs (general info line) 780-496-7000

Edmonton Sport Council

Sport and Recreation Referrals.. www.edmontonsport.com

Kids On Track Association of Edmonton 780-481-2942

KidSport Alberta (funding; under 18yrs) 1-888-914-KIDS (5437)

YMCA of Northern Alberta - Jumpstart (5-18yrs) 780-429-9622

Suggestions for parent-child or child activities 211

Mental Health

Alberta Health Services (AHS) - *Addiction and Mental Health*

Intake Services, Child and Adolescent 780-342-2701

CASA Child, Adolescent and Family Mental Health

(0-5yrs; for 6-18yrs access through Child and Adolescent Mental

Health Intake, see above) 780-400-2271

Mentoring Programs

Boys and Girls Clubs Big Brothers Big Sisters 780-424-8181

Uncles & Aunts at Large Society 780-452-5791

Violence

Aboriginal Counselling Services Association of Alberta

Circle of Safety - Teaching Circles for Children Who

Witness Abuse (6-17yrs) 780-448-0378

Central Alberta Sexual Assault Support Centre (24/7)

..... 1-866-956-1099

Government of Alberta

Bullying Helpline (24/7) 1-888-456-2323

Child Abuse Hotline (24/7) 1-800-387-5437

Family Violence Info Line (24/7) 310-1818

Kids Help Phone (24/7) 1-800-668-6868

Sexual Assault Centre of Edmonton

Child and Adolescent Counselling (3-17yrs).. 780-423-4102

Sexual Assault Crisis Line 780-423-4121

211 is now available province-wide by dialing 2-1-1, texting INFO to 211, or through live chat at www.ab.211.ca.

Contact 211 for more information or if you cannot find the particular service you are looking for.

Inclusion of an agency or service on this list does not constitute an endorsement by 211.