

Distress Line Volunteer Training

June 2021

Weekday	Date	Time	Session
Wednesday	June 16	7:00 p.m. – 8:30 p.m.	1. Introduction
Saturday	June 19	9:30 a.m. – 11:00 a.m. 12:00 p.m. – 1:30 p.m.	2. Inclusive Practice Part 1 3. Inclusive Practice Part 2
Wednesday	June 23	7:00 p.m. – 8:30 p.m.	Observation Shift #1
Saturday	June 26	9:30 a.m. – 11:00 a.m. 12:00 p.m. – 1:30 p.m.	4. Crisis Intervention Model Part 1 5. Crisis Intervention Model Part 2
Wednesday	June 30	7:00 p.m. – 8:30 p.m.	Observation Shift #2
Saturday	Jul 3	9:30 a.m. – 11:00 a.m. 12:00 p.m. – 1:30 p.m.	6. Responding to Suicide Part 1 7. Responding to Suicide Part 2
Wednesday	Jul 7	7:00 p.m. – 8:30 p.m.	8. Call Management
Saturday	Jul 10	9:30 a.m. – 11:00 a.m. 12:00 p.m. – 1:00 p.m. 2:00 p.m. – 3:00 p.m.	9. Responding to Violence Part 1 10. Responding to Violence Part 2
Wednesday	Jul 14	7:00 p.m. - 8:30 p.m.	11. Risk Management
Saturday	Jul 17	9:30 a.m. – 11:00 a.m.	12. Mental Health and Substance Use
Wednesday	Jul 21	7:00 p.m. – 8:30 p.m.	13. Grief, Loss and Trauma
Saturday	Jul 24	9:30 a.m. – 11:00 a.m.	14. Information & Referral, Ethics
Wednesday	Sep 22	7:00 p.m. – 8:30 p.m.	15. Commencement Night

As part of the training program, volunteers are required to complete Monitoring shifts see pg. 2 for the Monitoring shift schedule.