



CMHA values diversity and welcomes applications from First Nation, Inuit and Metis, New Canadian, racialized, differently abled and LGBTTQIA+ communities.

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### ***Volunteer Facilitator Suicide Bereavement Support Groups***

**Purpose:**

Provide suicide bereavement support

**Tasks:**

- Review session material for groups with co-facilitator before group begins
- Maintains accurate statistics on iCarol database
- Provides Suicide Grief Support Services printed material to clients upon request
- Co-facilitate Bereavement Support Groups

**Time Commitment:**

- Depending on the schedule, between 3 or 12 hours per week for a period of at least one year including:
  - preparing for each group session
  - cofacilitating support groups
  - debriefing each session
  - updating statistics
  - participating in clinical supervision

**Skill and Knowledge Requirements:**

- Minimum post-secondary education in Human Services related field; specifically, psychology, social work, counselling with expertise in grief and loss
- 2-years successful experience as a Distress Line volunteer within the last three years or two years experience counselling or supportive listening experience with grief and loss related to suicide
- Previous experience in group facilitation will be an asset
- Current Applied Suicide Intervention Skills Training (ASIST) certificate
- Conversant with the philosophy of mental health and recovery

**Other Requirements:**

- Engaging and outgoing personality
- Punctual and reliable
- Compassionate, warm and empathetic
- Personal awareness of limits and boundaries in helping others
- Empowering and non-judgemental
- Representation of a professional and respectful image
- Well developed strategies for self care

**Training and Skill Development:**

- Agency orientation
- Job specific training; the volunteer will observe groups for the first month before co-facilitating; will be introduced to iCarol database and statistics collection
- Monthly clinical supervision that can account to practicum hours
- Monthly in-services on matters related to mental health, mental illness and recovery

**Screening:**

- Application Form
- Interview
- Police Information Check with Vulnerable Sector Check
- Reference Checks

**Supervision:**

- Volunteer reports to the Team Lead Suicide Grief Support Services

**Working Conditions:**

- Volunteer will work in a professional office setting that is wheel chair accessible
- Work-related travel will not be required
- Volunteer will adhere to procedures on the Suicide Grief Support Services procedures manual

**Volunteers will embody the vision, mission and values of CMHA Edmonton**

**Our Vision**

Mentally healthy people in caring communities.

**Our Mission**

Building healthy and resilient communities by providing mental health services, education resources, and crisis intervention.

**Our Values**

Social justice and inclusivity  
Empathetic, respectful relationships  
Collaboration and partnerships