

Resources for Youth and Young Adults at Risk

November 2019



Visit www.edmonton.cmha.ca to obtain a new copy if more than 6 months old.

Accommodation / Basic Needs (also see Basic Needs list)

Boyle Street Community Services
Housing First (chronically homeless) 780-424-4106
E4C - Inner City Youth Housing Project (14-17yrs) .. 780-479-7075
Government of Alberta
Emergency Income Support (24/7)..... 780-644-5135
Hope Mission Edmonton - Youth Shelter (16-24yrs)
Herb Jamieson Centre (men; 18-60yrs)..... 780-422-2018
Youth Empowerment & Support Services (YESS)
Nexus (15-21yrs) 780-468-7070

Community Supports

Boyle McCauley Health Centre - Kindred House 780-424-4091
Outreach project for women and transgender individuals involved in sex work; 18+yrs
Boyle Street Community Services 780-424-4106
Boys and Girls Clubs Big Brothers Big Sisters 780-424-8181
Crystal Kids Youth Centre - Drop-In Centre 780-479-5753
Edmonton Police Service
Drug and Gang Enforcement Unit .. 780-414-GANG (4264)
Victim Services Units Call 211 for local unit
iHuman Youth Society 780-421-8811
Old Strathcona Youth Society (14-24yrs) 780-496-5947
Uncles & Aunts at Large Society 780-452-5791
Youth Empowerment & Support Services (YESS) .. 780-468-7070
YMCA - Youth Transition Program (13-19yrs)..... 780-426-9265

Crisis (Call 911 if in immediate danger)

Alberta Health Services (AHS) - Addiction and Mental Health
(FKA: Adult Crisis Response Team / Community Urgent Services and Stabilization Team / CUSST) (24/7)
..... 780-342-7777

Canadian Mental Health Association (CMHA)
Distress Line (24/7) 780-482-HELP (4357)
Live Crisis Chat www.edmonton.cmha.ca

Catholic Social Services
Safe House (24/7; 14-19yrs)..... 780-474-9938
Central Alberta Sexual Assault Support Centre (24/7)
..... 1-866-956-1099

Government of Alberta
Child Abuse Hotline (24/7)..... 1-800-387-5437
Kids Help Phone (24/7) 1-800-668-6868
Sexual Assault Centre of Edmonton..... 780-423-4121

Harm Reduction / Health Promotion

Alberta Health Services (AHS)
Sexually Transmitted Infections (STI) Clinic 811
Streetworks Needle Exchange Call 211 for locations
Boyle McCauley Health Centre (inner city) 780-422-7333
HIV Edmonton 780-488-5742

Life Skills / Education / Employment

Boyle Street Education Centre (Charter School) 780-428-1420
E4C - Hallway Cafe (16-24yrs)..... 780-619-5502
Edmonton John Howard Society
*REE*START (15-22yrs)*..... 780-428-7590
Edmonton's Food Bank - Beyond Food 780-425-2133
The Elizabeth Fry Society of Edmonton (EFry)
Girls Empowered and Strong (12-17yrs) 780-784-2200
YESS - Resource Centre (FKA: BEST) (15-24yrs) ... 780-468-7070
YMCA - Bridging the Gap (employment; 15-30yrs)..... 780-429-9622

Legal / Advocacy

EFry - Courtworks - Adult, Youth, and Family 780-422-4775
Legal Aid Alberta 1-866-845-3425
Youth Criminal Defence Office (24/7; 12-18yrs) 780-422-8383
Legislative Assembly of Alberta
Child and Youth Advocate (CFSA status) 780-422-6056
Native Counselling Services of Alberta
Youth Courtwork (Indigenous; under 18yrs) 780-423-2141

Pregnancy / Sexual Health

Alberta Health Services (AHS)
Adolescent Pregnancy Clinic (under 20yrs) 780-735-6892
Birth Control Centre (STI and HIV testing) 780-735-0010
Health for Two (prenatal; low income)..... 780-735-3008
Pride Centre of Edmonton 780-488-3234
Terra Centre for Teen Parents 780-428-3772
Woman's Health Options (pro-choice; abortion services). 780-484-1124
YWCA Edmonton (pro-choice) 780-423-3737

Sexual Exploitation

Catholic Social Services - Safe House (14-19yrs)..... 780-474-9938
CEASE: Centre to End All Sexual Exploitation 780-471-6137
E4C - Crossroads House (safe house; outreach 13-17yrs)
..... 780-474-7547

Government of Alberta - Ministry of Children's Services
Protection of Sexually Exploited Children (PSECA; 24/7)..... 1-800-387-5437
Metis Child and Family Services Society Edmonton. 780-452-6100
PSECA Follow - Up Worker (Indigenous; under 18yrs)

Substance Abuse / Addictions

Alberta Health Services (AHS) - Addiction and Mental Health
Mobile Addiction Services, Adolescent 780-422-7383
Outpatient Counselling Services, Adult 780-427-2736
Protection of Children Abusing Drugs 1-866-332-2322
(PChAD; 24/7; under 18yrs)
Stabilization Services, Adolescent (detox) 780-644-3627
CASA Child, Adolescent and Family Mental Health
Concurrent Addiction and Mental Health Program (12-18yrs)
..... 780-410-8483

Dial 2-1-1 within Edmonton for more information or if you cannot find the particular service you are looking for.

If 211 is not yet available in your area call 780-482-INFO (4636).

Inclusion of an agency or service on this list does not constitute an endorsement by 211.