

Resources for People with Addictions

November 2019



Visit www.edmonton.cmha.ca to obtain a new copy if more than 6 months old.

Addictions Counselling / Crisis Support

Alberta Health Services (AHS) - *Addiction and Mental Health*
Access 24/7, Adult Intake Services 780-424-2424
Addiction Helpline (24/7) 1-866-332-2322
Opioid Dependency Program 780-422-1302
Outpatient Counselling Services, Adult 780-427-2736

Canadian Mental Health Association (CMHA)
Distress Line (24/7) 780-482-HELP (4357)

Kids Help Phone (24/7) 1-800-668-6868

Poundmaker's Lodge Treatment Centres 780-458-1884

Adult Residential Programs

Alberta Health Services (AHS) - *Addiction and Mental Health*
Access 24/7, Adult Intake Services 780-424-2424

Catholic Social Services - *Alpha House* 780-913-5220
(men in recovery; 18+ yrs)

Government of Alberta
McCullough Centre (FKA: Gunn Centre) 780-967-2221 x0
(homeless men; 18-65 yrs)

Hope Mission Edmonton 780-422-2018
Breakout Recovery Community (men; 18-60 yrs; homeless)
Wellspring Recovery Community (women; 18+ yrs)

Jellinek Society 780-488-1160
(men in recovery from cross-addiction and alcoholism; 18+ yrs)

McDougall House Association 780-426-1409
(women in recovery; 18+ yrs)

Our House (Edmonton) Limited 780-474-8945
(men; 18+ yrs; alcohol, drugs)

Oxford House Foundation of Canada 780-455-5517
(men/women in recovery from addictions)

Poundmaker's Lodge Treatment Centres 780-458-1884
(men/women; 18+ yrs; alcohol, drugs, gambling)

Recovery Acres Society - Edmonton 780-471-2996
(men; 16+ yrs; alcohol, drugs)

The Salvation Army - Edmonton
Transformations Addiction Treatment Program
(men; 18+ yrs; alcohol, drugs) 780-429-4274

Urban Manor Housing Society 780-425-5901
(hard-to-house men; 18+ yrs; addictions / mental illness)

Detoxification Programs

Alberta Health Services (AHS) - *Addiction and Mental Health*
Access 24/7, Adult Intake Services 780-424-2424
Detoxification Services, Adult 780-427-4291 x1

George Spady Society 780-424-8335

Eating Disorders - Information / Treatment

Alberta Health Services (AHS) - *Addiction and Mental Health*
Access 24/7, Adult Intake Services 780-424-2424

Anorexics and Bulimics Anonymous www.aba12steps.org

Emergency Shelters for the Intoxicated

George Spady Society 780-424-8335

Hope Mission Edmonton 780-422-2018
Intox Emergency Centre (men)
Women's Emergency Shelter (16+ yrs)

Self Help / Support Groups

Alano Club - 12-Step Meetings 780-423-1807

Alberta Gamblers Anonymous (Edmonton) 780-463-0892

Alcoholics Anonymous in Alberta (AA) 780-424-5900

Anorexics and Bulimics Anonymous www.aba12steps.org

Canadian Assembly of Narcotics Anonymous (Edmonton and area)
..... 780-421-4429

Clean Scene (14-29 yrs) 780-488-0036

Cocaine Anonymous World Services (24/7) ... www.ca-northab.org

Crystal Meth Anonymous 780-691-8509

Food Addicts in Recovery Anonymous www.foodaddicts.org

Overeaters Anonymous (OA) 780-423-2546

Problem Gambling Resources Network 780-461-1259

QuitCore (smoking group) 1-866-710-QUIT (7848)

Sex Addicts Anonymous (SAA) 587-921-4528

Sexaholics Anonymous International (SAICO) 780-988-4411

SMART Recovery Alberta www.smartrecovery.ca

Support / Info for Those Affected by Addictions

Al-Anon Family Groups - Edmonton (24/7) 780-443-6000
Al-Anon / Adult Children / Alateen Meetings

Alberta Health Services (AHS) - *Addiction and Mental Health*
Access 24/7, Adult Intake Services 780-424-2424
Addiction Helpline (24/7) 1-866-332-2322
Outpatient Counselling Services, Adult 780-427-2736

Bissell Centre - FAS Services 780-423-2285 x157

Catholic Social Services - FASD Programs 780-378-2508

FASD Support and Resources in Alberta . www.fasd.typepad.com

Parents Empowering Parents Society
Parent Support Line 780-293-OPEP (0737)
U-Turn for Youth 780-293-0737
(support group for youth wishing to quit drugs and alcohol)

REACH Edmonton Council for Safe Communities
Drug and Alcohol Parent Resource Toolkit 311
(resource for parents who want to talk to their children about drugs and alcohol; also available online in multiple languages)

S-Anon Family Groups 587-921-1915
(for those affected by another person's sexual behaviour)

Youth Residential Programs

Alberta Health Services (AHS) - *Addiction Services*
Protection of Children Abusing Drugs 1-866-332-2322
(PChAD; under 18 yrs)

Dial 2-1-1 within Edmonton for more information or if you cannot find the particular service you are looking for.

If 211 is not yet available in your area call 780-482-INFO (4636).

Inclusion of an agency or service on this list does not constitute an endorsement by 211.