

Resources for Newcomers to Canada

November 2019



Visit www.edmonton.cmha.ca to obtain a new copy if more than 6 months old.

Citizenship and Classes

Government of Canada - *Immigration, Refugees and Citizenship Canada* 1-888-242-2100

Citizenship Classes

Bredin Centre for Learning 780-425-3730

Canadian Arab Friendship Association of Edmonton 780-473-7214

Changing Together - A Centre for Immigrant Women
..... 780-421-0175

Indo Canadian Women's Association 780-490-0477

Education

Bredin Centre for Learning 780-425-3730

Edmonton Mennonite Centre for Newcomers 780-424-7709

Government of Alberta
International Qualifications Assessment 780-427-2655

NorQuest College
Employment Programs 780-644-6000

Employment Assistance

Accès Emploi Alberta - *Employment Centre* 780-490-6975

ASSIST Community Services Centre 780-429-3111

Bredin Centre for Learning 780-425-3730

Changing Together - A Centre for Immigrant Women
..... 780-421-0175

Edmonton's Food Bank - *Beyond Food* 780-425-2133

Edmonton Mennonite Centre for Newcomers 780-424-7709

Government of Alberta
Temporary Foreign Worker Helpline 1-877-944-9955

English Language Training

ASSIST Community Services Centre 780-429-3111

Bredin Centre for Learning 780-425-3730

Canadian Arab Friendship Association of Edmonton
English as a Second Language (ESL) 780-473-7214

Catholic Social Services - *Language Assessment, Referral, and
Counselling Centre* 780-424-3545

Changing Together - A Centre for Immigrant Women
English as a Second Language (ESL) 780-421-0175

Cultural Connections Institute - The Learning Exchange
..... 780-944-0792

Edmonton Catholic Schools - *LINC* 780-473-2600

Edmonton Immigrant Services Association (EISA) 780-918-6668

Edmonton Mennonite Centre for Newcomers 780-424-7709

Edmonton Public Schools
Metro Continuing Education (ESL/LINC) 780-428-1111

NAIT - *English as a Second Language (ESL)* 780-471-6248

NorQuest College - *LINC* 780-644-6000

PALS - Project Adult Literacy Society - *Tutoring* 780-424-5514

University of Alberta - Faculty of Extension 780-492-3116

Family Violence (also see Family Violence list)

Changing Together - A Centre for Immigrant Women

Family Violence Prevention Workshops 780-421-0175

Edmonton Violence Prevention Centre 780-439-4635

Government of Alberta

Family Violence Info Line 310-1818

Islamic Family and Social Services Association 780-430-9220

*Fostering Healthy Families - Family Violence Support
(direct outreach services)*

*Fostering Healthy Families - Sister's Serenity Group
(for women, verbal translation, transportation assistance)*

The Shaama Centre for Seniors and Women

(FKA: Multicultural Women and Seniors Services Association)
..... 780-465-2992

The TODAY Family Violence Help Centre 780-455-6880

WillowNet: *Abuse and the Law in Alberta* www.willownet.ca

Health / Mental Health

Alberta Health Services (AHS)

Health Link (24/7) 811

Catholic Social Services

Cross Cultural Counselling and Outreach Program (no cost)
..... 780-424-3545

Multicultural Health Brokers Co-op 780-423-1973

Supportive Services

ASSIST Community Services Centre 780-429-3111

Bredin Centre for Learning 780-425-3730

Canadian Arab Friendship Association of Edmonton
..... 780-473-7214

Catholic Social Services 780-432-1137

Cultural Links / Settlement Counselling 780-424-3545

Edmonton Immigrant Services Association (EISA)

Children and Youth Settlement Services 780-474-8445

Edmonton Mennonite Centre for Newcomers

Settlement Services in Schools 780-423-9699

Edmonton Viets Association 780-424-8934

Immigrant Access Fund Canada 780-756-3023

Islamic Family and Social Services Association 780-430-9220

Jewish Family Services Edmonton 780-454-1194

Multicultural Health Brokers Co-op 780-423-1973

Sage Seniors Association

Multicultural Seniors Outreach Program 780-701-9018

Ukrainian Canadian Social Services 780-471-4477

Translation Services

Canadian Arab Friendship Association 780-473-7214

Edmonton Immigrant Services Association (EISA)

Language Bank 780-474-8445

Dial 2-1-1 within Edmonton for more information or if you cannot find the particular service you are looking for.

If 211 is not yet available in your area call 780-482-INFO (4636).

Inclusion of an agency or service on this list does not constitute an endorsement by 211.