

Resources for Children

November 2019



Visit www.edmonton.cmha.ca to obtain a new copy if more than 6 months old.

Counselling

Kids Help Phone (24/7) 1-800-668-6868

Grief Counselling Programs

Kids On Track Association of Edmonton

HomeBuilders (5-15yrs) 780-481-2942 x4

Pilgrims Hospice Society 780-413-9801 x102

Starfish Family Resources Society 780-448-1180

Play Therapy

Catholic Social Services 780-391-3233

University of Alberta - Faculty of Education

Clinical Services (5+yrs; September-April) 780-492-3746

Disabilities

Ability4Good

Early Birds - Specialized Services (2-17yrs) .. 780-442-2740

Alberta Health Services (AHS)

Early Intervention Program (0-3.5yrs) 780-342-1707

Centre for Autism Services Alberta 780-488-6600

Connect Society - Deafness Education, Advocacy and Family Services

Early Intervention (deaf; 0-3.5yrs)..... 780-454-9581 x226

Edmonton Down Syndrome Society

Speech-Language Therapy 780-944-4224

Elves Special Needs Society

(severe developmental disabilities; 2.5-5yrs) 780-454-5310

Family Futures Resource Network

Parent Education 780-413-4521

(provides developmental screening for children; 0-5yrs)

GRIT Program (The Getting Ready for Inclusion Today Program)

Early Childhood Program (2.5-5.5yrs) 780-454-9910

KARA Family Resource Centre

Early Childhood Development 780-478-5396

(provides developmental screening for children)

The Steadward Centre for Personal & Physical Achievement

Free2BMe Physical Activity (4-19yrs) 780-492-8269

Head Start Programs

ABC Head Start Society (3.5-4yrs; low income) 780-461-5353 x221

Amiskwaciy Cultural Society

Aboriginal Head Start (3.5-5yrs; Indigenous) .. 780-640-9799

Bent Arrow Traditional Healing Society

White Cloud Aboriginal Head Start Program (3-5yrs;

Indigenous) 780-486-2543

E4C (programs for low income families)

Early Learning Services (0-5yrs)..... 780-426-3666

Norwood Child and Family Resource Centre

(3+yrs by March of registering year) 780-471-3737

Oliver Centre Early Learning Programs for Children and Families

Society (12mos-5yrs; full and half day programs, low income)

..... 780-482-2116

Early Childhood Education

Alberta Health Services (AHS)

Preschool Speech and Language (0-5yrs) 780-408-8793

Edmonton Catholic Schools (3-5yrs)..... 780-638-6810

Edmonton Public Schools 780-429-8000

Family Futures Resource Network

(FKA: Mill Woods Family Resource Centre) 780-413-4521

Lansdowne Child Care and Family Centre 780-437-5654

Primrose Place Family Centre 780-469-0663

Leisure / Recreation

Boys and Girls Clubs Big Brothers Big Sisters of Edmonton

..... 780-424-8181

City of Edmonton Citizen Services

Leisure Access Program 311

Recreation Facilities and Information 311

Edmonton Public Library

Children's Programs (general info line)..... 780-496-7000

Edmonton Sport Council

Sport and Recreation Referrals.. www.edmontonsport.com

Kids On Track Association of Edmonton 780-481-2942

KidSport Alberta (funding; under 18yrs) 1-888-914-KIDS (5437)

YMCA of Northern Alberta - Jumpstart (5-18yrs) 780-429-9622

Suggestions for parent-child or child activities 211

Mental Health

Alberta Health Services (AHS) - *Addiction and Mental Health*

Intake Services, Child and Adolescent..... 780-342-2701

CASA Child, Adolescent and Family Mental Health

(0-5yrs; for 6-18yrs access through Child and Adolescent Mental

Health Intake, see above) 780-400-2271

Mentoring Programs

Boys and Girls Clubs Big Brothers Big Sisters..... 780-424-8181

Uncles & Aunts at Large Society 780-452-5791

Violence

Aboriginal Counselling Services Association of Alberta

Circle of Safety - Teaching Circles for Children Who

Witness Abuse (6-17yrs) 780-448-0378

Central Alberta Sexual Assault Support Centre (24/7)

..... 1-866-956-1099

Government of Alberta

Bullying Helpline (24/7) 1-888-456-2323

Child Abuse Hotline (24/7) 1-800-387-5437

Family Violence Info Line (24/7)..... 310-1818

Kids Help Phone (24/7)..... 1-800-668-6868

Sexual Assault Centre of Edmonton

Child and Adolescent Counselling (3-17yrs)... 780-423-4102

Sexual Assault Crisis Line..... 780-423-4121

Dial 2-1-1 within Edmonton for more information or if you cannot find the particular service you are looking for.

If 211 is not yet available in your area call 780-482-INFO (4636).

Inclusion of an agency or service on this list does not constitute an endorsement by 211.