



2019 Year Round Meals List

Created by 211 Edmonton

Area	Agency	Location	Phone	Meals and Times	Notes
Central	Bent Arrow Traditional Healing Society	Parkdale School 11648 85 Street	780-481-3451	Every other Friday of the month. Contact for dates. Soup and Bannock 12:00 PM - 1:00 PM	
Central	Bissell Centre	East Building 10527 96 Street	780-423-2285	Tuesday and Thursday Women's Lunch 12:00 PM - 12:30 PM	Except the last week of each month and statutory holidays. Women only and their children.
		West Building Community Space 10530 96 Street	780-423-2285	Monday to Friday Community Space hours 8:00 AM to 2:00 PM. Hot Meals offered in programming at 11:00 AM and 1:00 PM. Snacks put out hourly 8:00 AM to 1:00 PM.	Closed statutory holidays.

Area	Agency	Location	Phone	Meals and Times	Notes
Central	Boyle McCauley Health Centre	10628 96 Street	780-422-7333	<p>Women's Health Promotion Program <i>health info session with nutritious meal</i></p> <p>Thursday Info Session 5:00 PM Meal 6:00 PM</p>	<p>Closed the last or 2nd last Thursday of each month, and statutory holidays. Call to confirm.</p> <p>Doors locked at 5:00 PM.</p> <p>Women only (with low income).</p>
Central	Boyle Street Community Services	10116 105 Avenue	780-424-4106	<p><u>May 1 to Oct 31</u> Monday to Friday Lunch 11:30 AM</p> <p><u>Nov 1 to Apr 30</u> Daily Lunch 11:30 AM</p>	<p>All meals are served until the food is gone.</p> <p>Closed statutory holidays from May 1 to October 31.</p>

Area	Agency	Location	Phone	Meals and Times	Notes
Central	Crystal Kids	8718 118 Avenue	780-479-5753 (Kid's Line)	Monday to Friday Youth Only Supper 5:00 PM Saturday Youth Only Meal 2:00 PM <u>July and August</u> Monday to Thursday Lunch 12:00 PM Supper 5:00 PM Saturday Mid-afternoon Meal 2:00 PM	Ages 6 to 17 years.
			780-479-5753	Wednesday Seniors Drop-in with Meal 11:30 AM - 12:45 PM <u>July and August</u> Wednesday 10:30 AM - 11:45 AM	55+ years only.
Central	Hope Mission	9908 106 Avenue	780-422-2018	Monday to Friday Breakfast 7:30 AM - 8:15 AM Lunch 12:00 PM - 12:45 PM Supper 5:00 PM - 5:45 PM Weekends and Holidays Brunch 10:45 AM - 11:30 AM Supper 4:15 PM - 5:00 PM	
Central	Inner City Pastoral Ministry	Bissell Centre West 10530 96 Street	780-424-7652 (Main) 780-905-2060	Sunday Sandwiches, Fruits, Veggies, Dessert 12:00 PM - 1:00 PM	Worship service at 11:00 AM, food is served after. Not required to attend. Open on holidays.

Area	Agency	Location	Phone	Meals and Times	Notes
Central	Marian Centre	10528 98 Street	780-424-3544	Monday / Tuesday / Thursday / Saturday Hot Lunch 12:30 PM - 1:15 PM Daily except Wednesday and Sunday Sandwiches (pick up from alley door) 2:00 PM - 3:00 PM	Closed for 4 days at end of each month. Closed in September. Schedule varies around Christmas and Easter. Call ahead to confirm.
Central	Operation Friendship Seniors Society - McCauley Seniors' Drop-in Centre	9526 106 Avenue	780-429-2626	Monday to Friday Breakfast 9:30 AM Daily Lunch 12:00 PM Supper 5:00 PM	55+ years only.
Central	The Mustard Seed	10635 96 Street	780-426-5600	Tuesday to Friday Supper 7:00 PM - 8:00 PM Saturday Supper 5:00 PM - 6:00 PM	Zero tolerance for drugs and alcohol. Closed statutory holidays.
Central	The Salvation Army - Addiction and Residential Centre (ARC)	9611 102 Avenue	780-429-4274 Ext. 224 or Ext. 229	Friday Breakfast 7:30 AM - 8:00 AM Wednesday Soup Line 3:00 PM - 4:00 PM	Closed statutory holidays.

Area	Agency	Location	Phone	Meals and Times	Notes
North East	Building Hope Compassionate Ministry Centre	Basement 3831 116 Avenue	780-479-4504	Monday / Tuesday / Wednesday Breakfast 9:00 AM - 11:30 AM Monday / Tuesday / Wednesday Lunch 12:00 PM - 2:00 PM	
North East	The CANDORA Society of Edmonton	Abbottsfeld Recreation Centre 3010 119 Avenue	780-474-5011	Thursday Community Lunch 11:45 AM - 12:45 PM	Targeted to Northeast Edmonton residents. Types of meals vary, but they usually include all food groups.

Area	Agency	Location	Phone	Meals and Times	Notes
North Central	Dickinsfield Amity House	9213 146 Avenue	780-478-5022	<p>1st and 3rd Wednesday of each month Community Lunch 11:30 AM - 12:30 PM</p> <p>Monday to Friday Snack 8:30 AM - 4:00 PM</p> <p>2nd and 4th Tuesday of each month Cooking Club - Free, but participants must help in preparing the meal. Starts 9:30 AM - 11:00 AM</p>	
		Londonderry Community League Hall 14224 74 Street	780-412-1062	<p>2nd Friday of each month Community Lunch 11:00 AM - 12:00 PM</p> <p>Monday and Friday Free Bread 8:30 AM until bread runs out</p> <p>Wednesday Cooking Club - Free, but participants must help in preparing the meal. Starts 9:30 AM - 11:00 AM</p>	
West Central	The Edmonton Native Healing Centre	Suite 101 11813 123 Street	780-482-5522	<p>Monday Sandwiches 11:30 AM - 12:30 PM</p> <p>Wednesday Soup and Bannock Lunch 12:00 PM - 12:30 PM</p>	Closed statutory holidays. Targeted to low income and homeless individuals.