

# 2019 Year Round Meals List

# **Created by 211 Edmonton**

Area	Agency	Location	Phone	Meals and Times	Notes
Central	Bent Arrow Traditional Healing Society	Parkdale School 11648 85 Street	780-481-3451	Every other <b>Friday</b> of the month. Contact for dates. Soup and Bannock 12:00 PM - 1:00 PM	
Central		East Building 10527 96 Street	780-423-2285	Tuesday and Thursday Women's Lunch 12:00 PM - 12:30 PM	Except the last week of each month and statutory holidays.  Women only and their children.
	Bissell Centre	West Building Community Space 10530 96 Street	780-423-2285	Monday to Friday Community Space hours 8:00 AM to 2:00 PM. Hot Meals offered in programming at 11:00 AM and 1:00 PM. Snacks put out hourly 8:00 AM to 1:00 PM.	Closed statutory holidays.



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Central	Boyle McCauley Health Centre	10628 96 Street	780-422-7333	Women's Health Promotion Program health info session with nutritious meal  Thursday Info Session 5:00 PM Meal 6:00 PM	Closed the last or 2 <sup>nd</sup> last Thursday of each month, and statutory holidays. Call to confirm.  Doors locked at 5:00 PM. <b>Women only</b> (with low income).
Central	Boyle Street Community Services	10116 105 Avenue	780-424-4106	May 1 to Oct 31 Monday to Friday Lunch 11:30 AM  Nov 1 to Apr 30 Daily Lunch 11:30 AM	All meals are served until the food is gone. Closed statutory holidays from May 1 to October 31.

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Central	Crystal Kids	8718 118 Avenue	780-479-5753 (Kid's Line)	Monday to Friday Youth Only Supper 5:00 PM  Saturday Youth Only Meal 2:00 PM  July and August Monday to Thursday Lunch 12:00 PM Supper 5:00 PM Saturday Mid-afternoon Meal 2:00 PM	Ages 6 to 17 years.
			780-479-5753	Wednesday Seniors Drop-in with Meal 11:30 AM - 12:45 PM  July and August Wednesday 10:30 AM - 11:45 AM	55+ years only.
Central	Hope Mission	9908 106 Avenue	780-422-2018	Monday to Friday Breakfast 7:30 AM - 8:15 AM Lunch 12:00 PM - 12:45 PM Supper 5:00 PM - 5:45 PM  Weekends and Holidays Brunch 10:45 AM - 11:30 AM Supper 4:15 PM - 5:00 PM	
Central	Inner City Pastoral Ministry	Bissell Centre West 10530 96 Street	780-424-7652 (Main) 780-905-2060	Sunday Sandwiches, Fruits, Veggies, Dessert 12:00 PM - 1:00 PM	Worship service at 11:00 AM, food is served after. Not required to attend. Open on holidays.

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Central	Marian Centre	10528 98 Street	780-424-3544	Monday / Tuesday / Thursday / Saturday Hot Lunch 12:30 PM - 1:15 PM  Daily except Wednesday and Sunday Sandwiches (pick up from alley door) 2:00 PM - 3:00 PM	Closed for 4 days at end of each month. Closed in September. Schedule varies around Christmas and Easter. Call ahead to confirm.
Central	Operation Friendship Seniors Society - McCauley Seniors' Drop-in Centre	9526 106 Avenue	780-429-2626	Monday to Friday Breakfast 9:30 AM  Daily Lunch 12:00 PM Supper 5:00 PM	55+ years only.
Central	The Mustard Seed	10635 96 Street	780-426-5600	Tuesday to Friday Supper 7:00 PM - 8:00 PM  Saturday Supper 5:00 PM - 6:00 PM	Zero tolerance for drugs and alcohol. Closed statutory holidays.
Central	The Salvation Army - Addiction and Residential Centre (ARC)	9611 102 Avenue	780-429-4274 Ext. 224 or Ext. 229	Friday Breakfast 7:30 AM - 8:00 AM  Wednesday Soup Line 3:00 PM - 4:00 PM	Closed statutory holidays.

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North East	Building Hope Compassionate Ministry Centre	Basement 3831 116 Avenue	780-479-4504	Monday / Tuesday / Wednesday Breakfast 9:00 AM - 11:30 AM  Monday / Tuesday / Wednesday Lunch 12:00 PM - 2:00 PM	
North East	The CANDORA Society of Edmonton	Abbottsfield Recreation Centre 3010 119 Avenue	780-474-5011	Thursday Community Lunch 11:45 AM - 12:45 PM	Targeted to Northeast Edmonton residents. Types of meals vary, but they usually include all food groups.

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ntral	Dickinsfield Amity House  Londonderry Community Leag Hall	9213 146 Avenue	780-478-5022	1st and 3rd Wednesday of each month Community Lunch 11:30 AM - 12:30 PM  Monday to Friday Snack 8:30 AM - 4:00 PM  2nd and 4th Tuesday of each month Cooking Club - Free, but participants must help in preparing the meal. Starts 9:30 AM - 11:00 AM	
North Central		Community League	780-412-1062	2nd Friday of each month Community Lunch 11:00 AM - 12:00 PM  Monday and Friday Free Bread 8:30 AM until bread runs out  Wednesday Cooking Club - Free, but participants must help in preparing the meal. Starts 9:30 AM - 11:00 AM	
West	Jasper Place Wellness Centre	15210 Stony Plain Road	780-481-4001	Monday and Tuesday Lunch 11:15 AM – 12:15 PM	Closed statutory holidays.  Targeted to low income and homeless individuals.  Does not offer hot meals.

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West Central	The Edmonton Native Healing Centre	Suite 101 11813 123 Street	780-482-5522	Monday Sandwiches 11:30 AM - 12:30 PM  Wednesday Soup and Bannock Lunch 12:00 PM - 12:30 PM	Closed statutory holidays.  Targeted to low income and homeless individuals.