

Resources for People with Addictions

May 2019



Visit www.edmonton.cmha.ca to obtain a new copy if more than 6 months old.

Addictions Counselling / Crisis Support

Alberta Health Services (AHS) - *Addiction and Mental Health*
Addiction Helpline (24/7) 1-866-332-2322
Opioid Dependency Program 780-422-1302
Access 24/7, Adult Intake Services 780-342-7600
Outpatient Counselling Services, Adult 780-427-2736
Canadian Mental Health Association (CMHA)
Distress Line (24/7) 780-482-HELP (4357)
Kids Help Phone (24/7; 5-20yrs) 1-800-668-6868
Poundmaker's Lodge Treatment Centres 780-458-1884

Adult Residential Programs

AHS - *Residential Treatment Services (Henwood)* ... 780-422-4466
(*men/women; alcohol, drugs, gambling*)
Catholic Social Services - *Alpha House* 780-913-5220
(*men in recovery; 18+yrs*)
Government of Alberta
McCullough Centre (FKA: Gunn Centre) 780-967-2221 x0
(*homeless men; 18-65yrs*)
Hope Mission Edmonton 780-422-2018
Breakout Recovery Community (men; 18-60yrs; homeless)
Wellspring Recovery Community (women; 18+yrs)
Jellinek Society 780-488-1160
(*men in recovery from cross-addiction and alcoholism; 18+yrs*)
McDougall House Association 780-426-1409
(*women in recovery; 18+yrs*)
Our House (Edmonton) Limited 780-474-8945
(*men; 18+yrs; alcohol, drugs*)
Oxford House Foundation of Canada 780-455-5517
(*men/women in recovery from addictions*)
Poundmaker's Lodge Treatment Centres 780-458-1884
(*men/women; 18+yrs; alcohol, drugs, gambling*)
Recovery Acres Society - Edmonton 780-471-2996
(*men; 16+yrs; alcohol, drugs*)
The Salvation Army - Edmonton
Transformations Addiction Treatment Program
(*men; 18+yrs; alcohol, drugs*) 780-429-4274
Urban Manor Housing Society 780-425-5901
(*hard-to-house men; 18+yrs; addictions / mental illness*)

Detoxification Programs

Alberta Health Services (AHS) - *Addiction and Mental Health*
Detoxification Services, Adult 780-427-4291 x1
Stabilization Services, Adolescent 780-644-3627
George Spady Society 780-424-8335

Eating Disorders - Information / Treatment

Alberta Health Services (AHS) - *Addiction and Mental Health*
Eating Disorder Program 780-407-6114
Anorexics and Bulimics Anonymous www.aba12steps.org

Emergency Shelters for the Intoxicated

George Spady Society 780-424-8335
Hope Mission Edmonton 780-422-2018
Intox Emergency Centre (men)
Women's Emergency Shelter (16+yrs)

Self Help / Support Groups

Alano Club - *12-Step Meetings* 780-423-1807
Alberta Gamblers Anonymous (*Edmonton*) 780-463-0892
Alcoholics Anonymous in Alberta (AA) 780-424-5900
Anorexics and Bulimics Anonymous www.aba12steps.org
Clean Scene (*14-29yrs*) 780-488-0036
Cocaine Anonymous World Services (*24/7*) ... www.ca-northab.org
Crystal Meth Anonymous 780-691-8509
Food Addicts in Recovery Anonymous www.foodaddicts.org
Men for Sobriety 780-909-0215
Narcotics Anonymous (*Edmonton and area*) 780-421-4429
Overeaters Anonymous (OA) 780-423-2546
Problem Gambling Resources Network 780-461-1259
QuitCore (*smoking group*) 1-866-710-QUIT (7848)
Sex Addicts Anonymous (SAA) 587-921-4528
Sexaholics Anonymous International (SAICO) 780-988-4411
SMART Recovery Alberta www.smartrecovery.ca

Support / Info for Those Affected by Addictions

Al-Anon Family Groups - Edmonton (*24/7*) 780-443-6000
Al-Anon / Adult Children / Alateen Meetings
Alberta Health Services (AHS) - *Addiction and Mental Health*
Addiction Helpline (24/7) 1-866-332-2322
Outpatient Counselling Services, Adolescent 780-422-7383
Outpatient Counselling Services, Adult 780-427-2736
Bissell Centre - *FAS Services* 780-423-2285 x157
Catholic Social Services - *FASD Programs* 780-378-2508
FASD Support and Resources in Alberta . www.fasd.typepad.com
Parents Empowering Parents Society
Parent Support Line 780-293-OPEP (0737)
U-Turn for Youth 780-293-0737
(*support group for youth wishing to quit drugs and alcohol*)
REACH Edmonton Council for Safe Communities
Drug and Alcohol Parent Resource Toolkit 311
(*resource for parents who want to talk to their children about drugs and alcohol; also available online in multiple languages*)
S-Anon Family Groups 587-921-1915
(*for those affected by another person's sexual behaviour*)

Youth Residential Programs

Alberta Health Services (AHS) - *Addiction Services*
Protection of Children Abusing Drugs 1-866-332-2322
(*PChAD; under 18yrs*)

Dial 2-1-1 within Edmonton for more information or if you cannot find the particular service you are looking for.

If 211 is not yet available in your area call 780-482-INFO (4636).

Inclusion of an agency or service on this list does not constitute an endorsement by 211.