

# Resources for Youth and Young Adults at Risk

November 2018



Visit [www.edmonton.cmha.ca](http://www.edmonton.cmha.ca) to obtain a new copy if more than 6 months old.

## Crisis (Call 911 if in immediate danger)

Alberta Health Services (AHS) - Adult Community Urgent Services  
(FKA: Adult Crisis Response Team / Community Urgent Services and Stabilization Team / CUSST) (24/7)  
..... 780-342-7777

Canadian Mental Health Association (CMHA)  
Distress Line (24/7) ..... 780-482-HELP (4357)  
Live Crisis Chat ..... [www.edmonton.cmha.ca](http://www.edmonton.cmha.ca)

Catholic Social Services  
Safe House (24/7; 14-19yrs) ..... 780-474-9938

Government of Alberta  
Child Abuse Hotline (24/7) ..... 1-800-387-5437

Kids Help Phone (24/7; 5-20yrs) ..... 1-800-668-6868  
Sexual Assault Centre of Edmonton  
24 Hour Sexual Assault Crisis Line ..... 780-423-4121

## Accommodation / Basic Needs (also see Basic Needs list)

Boyle Street Community Services  
Housing First (chronically homeless) ..... 780-424-4106

E4C - Inner City Youth Housing Project (14-17yrs) .. 780-479-7075  
Government of Alberta

Emergency Income Support (24/7) ..... 780-644-5135  
Hope Mission Edmonton - Youth Shelter (16-24yrs)

Herb Jamieson Centre (men; 18-60yrs) ..... 780-422-2018  
Youth Empowerment & Support Services (YESS)

Nexus (15-21yrs) ..... 780-468-7070

## Community Supports

Boyle Street Community Services ..... 780-424-4106  
Boys and Girls Clubs Big Brothers Big Sisters ..... 780-424-8181

Crystal Kids Youth Centre - Drop - In Centre ..... 780-479-5753  
Edmonton Police Service

Drug and Gang Enforcement Unit .. 780-414-GANG (4264)  
Victim Services Units ..... Call 211 for local unit

iHuman Youth Society ..... 780-421-8811

Institute for Sexual Minority Studies and Services .. 780-492-0772

Old Strathcona Youth Society (14-24yrs) ..... 780-496-5947

Uncles & Aunts at Large Society ..... 780-452-5791

Youth Empowerment & Support Services (YESS) .. 780-468-7070

YMCA - Youth Transition Program (13-19yrs) ..... 780-429-9622

## Harm Reduction / Health Promotion

Alberta Health Services (AHS)  
Sexually Transmitted Infections (STI) Clinic ..... 811  
Streetworks Needle Exchange ..... Call 211 for locations

Boyle McCauley Health Centre (inner city) ..... 780-422-7333

The Elizabeth Fry Society of Edmonton (EFry)  
Sexually Transmitted Infections Testing ..... 780-784-2205  
(women only, inclusive of trans women)

HIV Edmonton ..... 780-488-5742

## Life Skills / Education / Employment

Boyle Street Education Centre (Charter School) ..... 780-428-1420  
Distinctive Employment Counselling Services of Alberta (DECSA)

Transitions (transitioning from sex trade; 18+yrs) 780-474-2500  
E4C - Kids in the Hall Bistro Program (16-24yrs) ..... 780-619-5502

Edmonton John Howard Society  
REE\*START (15-22yrs) ..... 780-428-7590

Edmonton's Food Bank - Beyond Food ..... 780-425-2133  
The Elizabeth Fry Society of Edmonton (EFry)

Girls Empowered and Strong (12-17yrs) ..... 780-784-2200  
YMCA - Bridging the Gap (employment; 15-30yrs) ..... 780-429-9622

YESS - Resource Centre (FKA: BEST) (15-24yrs) ... 780-468-7070

## Pregnancy / Sexual Health

Alberta Health Services (AHS)  
Adolescent Pregnancy Clinic (under 20yrs) .... 780-735-6892

Birth Control Centre (STI and HIV testing) ..... 780-735-0010  
Health for Two (prenatal; low income) ..... 780-735-3008

Compass Centre for Sexual Wellness (pro-choice) ... 780-423-3737  
Pride Centre of Edmonton ..... 780-488-3234

Terra Centre for Teen Parents ..... 780-428-3772  
Woman's Health Options (pro-choice; abortion services) . 780-484-1124

## Prostitution

Boyle McCauley Health Centre  
Kindred House (women/transgender; 18+yrs) ... 780-424-4091

Catholic Social Services - Safe House (14-19yrs.) ..... 780-474-9938  
CEASE: Centre to End All Sexual Exploitation ..... 780-471-6137

E4C - Crossroads House (safe house; outreach) ..... 780-474-7547  
Government of Alberta - Ministry of Children's Services

Protection of Sexually Exploited Children  
(PSECA; 24/7) ..... 1-800-387-5437

Metis Child and Family Services Society Edmonton. 780-452-6100  
PSECA Follow - Up Worker (Indigenous; under 18yrs)

## Legal / Advocacy

EFry - Courtworks - Adult, Youth, and Family ..... 780-422-4775  
Legal Aid Alberta ..... 1-866-845-3425

Youth Criminal Defence Office (24/7; 12-18yrs) 780-422-8383  
Legislative Assembly of Alberta

Child and Youth Advocate (CFSA status) ..... 780-422-6056  
Native Counselling Services of Alberta

Youth Courtwork (Indigenous; under 18yrs) ..... 780-423-2141

## Substance Abuse / Addictions

Alberta Health Services (AHS) - Addiction and Mental Health  
Outpatient Counselling Services, Adolescent 780-422-7383

Outpatient Counselling Services, Adult ..... 780-427-2736  
Protection of Children Abusing Drugs ..... 1-866-332-2322  
(PChAD; 24/7; under 18yrs)

Stabilization Services, Adolescent (detox) .... 780-644-3627

Dial 2-1-1 within Edmonton for more information or if you cannot find the particular service you are looking for.

**If 211 is not yet available in your area call 780-482-INFO (4636).**

*Inclusion of an agency or service on this list does not constitute an endorsement by 211.*