

Resources for Children

November 2018



Visit www.edmonton.cmha.ca to obtain a new copy if more than 6 months old.

Counselling

Kids Help Phone (24/7; 5-20yrs) 1-800-668-6868

Grief Counselling Programs

Kids on Track Association of Edmonton (5-15yrs) .. 780-481-2942

Pilgrims Hospice Society - BriarPatch Centre 780-413-9801 x102

Starfish Family Resources Society..... 780-448-1180

Play Therapy

Catholic Social Services (5+yrs) 780-471-1122

University of Alberta - Faculty of Education

Clinical Services (5+yrs; September-April).... 780-492-3746

Disabilities

Ability4Good

Early Birds - Specialized Services (2-17yrs). 780-442-2740

Alberta Health Services (AHS)

Early Intervention Program (0-3.5yrs)..... 780-342-1707

Centre for Autism Services Alberta 780-488-6600

Connect Society - Deafness Education, Advocacy and Family Services

Early Intervention (deaf; 0-3.5yrs) 780-454-9581 x226

Edmonton Down Syndrome Society

Speech - Language Therapy 780-944-4224

Elves Special Needs Society

(severe developmental disabilities; 2.5-5yrs) 780-454-5310

Family Futures Resource Network

Parent Education 780-413-4521

(provides developmental screening for children)

GRIT Program (The Getting Ready for Inclusion Today Program)

Early Childhood Program (2.5-5.5yrs) 780-454-9910

KARA Family Resource Centre

Parent Education 780-478-5396

(provides developmental screening for children)

The Steadward Centre for Personal & Physical Achievement

Free2BMe Physical Activity (4-19yrs)..... 780-492-8269

Early Childhood Education

Alberta Health Services (AHS)

Preschool Speech and Language (0-5yrs) ... 780-408-8793

Edmonton Catholic Schools (3-5yrs) 780-638-6810

Family Futures Resource Network

(FKA: Mill Woods Family Resource Centre) 780-413-4521

Lansdowne Child Care and Family Centre..... 780-437-5654

Primrose Place Family Resource Centre.....780-469-0663

Mentoring Programs

Boys and Girls Clubs Big Brothers Big Sisters 780-424-8181

Uncles & Aunts at Large Society..... 780-452-5791

Head Start Programs

ABC Head Start Society (3.5-4yrs; low income) 780-461-5353 x310

Bent Arrow Traditional Healing Society

White Cloud Aboriginal Head Start Program (3-5yrs;

Indigenous)780-486-2543

E4C (programs for low income families)

Clareview Head Start (2.5-5yrs).....780-426-3666

Early Head Start (0-3.5yrs)780-426-3666

Norwood Child and Family Resource Centre

(3.5-5yrs; 3 yrs by March 1)780-471-3737

Oliver Centre Early Learning Programs for Children and Families

Society (13mos-5yrs; full and half day programs, low income).....

..... 780-482-2116

Leisure / Recreation

Boys and Girls Clubs Big Brothers Big Sisters of Edmonton

.....780-424-8181

City of Edmonton Citizen Services

Leisure Access Program 311

Recreation Facilities and Information 311

Edmonton Public Library

Children's Programs (general info line) 780-496-7000

Edmonton Sport Council Society

Sport and Recreation Referrals.. www.edmontonsport.com

Kids On Track Association of Edmonton780-481-2942

KidSport Alberta (funding; under 18yrs).... 1-888-914-KIDS (5437)

YMCA of Northern Alberta - Jumpstart (5-18yrs).....780-429-9622

Suggestions for parent-child or child activities 211

Mental Health

Alberta Health Services (AHS) - *Addiction and Mental Health*

Intake Services, Child and Adolescent.....780-342-2701

CASA Child, Adolescent and Family Mental Health.780-400-2271

(0-5yrs; for 6-18yrs access through Child and Adolescent

Mental Health Intake, see above)

Violence

Aboriginal Counselling Services Association of Alberta

Circle of Safety - Teaching Circles for Children Who

Witness Abuse (6-17yrs).....780-448-0378

Government of Alberta

Bullying Helpline (24/7) 1-888-456-2323

Child Abuse Hotline (24/7) 1-800-387-5437

Family Violence Info Line (24/7)..... 310-1818

Kids Help Phone (24/7; 5-20yrs)..... 1-800-668-6868

Sexual Assault Centre of Edmonton

24 Hour Sexual Assault Crisis Line780-423-4121

Child and Adolescent Counselling (3-17yrs).780-423-4102

Dial 2-1-1 within Edmonton for more information or if you cannot find the particular service you are looking for.

If 211 is not yet available in your area call 780-482-INFO (4636).

Inclusion of an agency or service on this list does not constitute an endorsement by 211.