

# Resources for People with Addictions

May 2018



Visit [www.edmonton.cmha.ca](http://www.edmonton.cmha.ca) to obtain a new copy if more than 6 months old.

## Addictions Counselling / Crisis Support

Alberta Health Services (AHS) - *Addiction and Mental Health*  
*Addiction Helpline (24/7)* ..... 1-866-332-2322  
*Opioid Dependency Program* ..... 780-422-1302  
*Outpatient Counselling Services, Adolescent* 780-422-7383  
*Outpatient Counselling Services, Adult* ..... 780-427-2736  
Canadian Mental Health Association (CMHA)  
*Distress Line (24/7)* ..... 780-482-HELP (4357)  
Kids Help Phone (24/7; 5-20yrs) ..... 1-800-668-6868  
Poundmaker's Lodge Treatment Centres..... 780-458-1884

## Adult Residential Programs

AHS - *Residential Treatment Services (Henwood)* ... 780-422-4466  
*(men/women; alcohol, drugs, gambling)*  
Catholic Social Services - *Alpha House* ..... 780-473-5957  
*(men/women in recovery; 18+yrs)*  
Government of Alberta  
McCullough Centre (FKA: Gunn Centre) .... 780-967-2221 x0  
*(homeless men; 18-65yrs)*  
Hope Mission Edmonton ..... 780-422-2018  
*Breakout Recovery Community (men; 18-60yrs; homeless)*  
*Wellspring Recovery Community (women; 18+yrs)*  
Jellinek Society..... 780-488-1160  
*(men in recovery from cross-addiction and alcoholism; 18+yrs)*  
McDougall House Association..... 780-426-1409  
*(women in recovery; 18+yrs)*  
Our House (Edmonton) Limited..... 780-474-8945  
*(men; 18+yrs; alcohol, drugs)*  
Oxford House Foundation of Canada..... 780-455-5517  
*(men/women in recovery from addictions)*  
Poundmaker's Lodge Treatment Centres..... 780-458-1884  
*(men/women; 18+yrs; alcohol, drugs, gambling)*  
Recovery Acres Society - Edmonton..... 780-471-2996  
*(men; 16+yrs; alcohol, drugs)*  
The Salvation Army - Edmonton  
*Transformations Addiction Treatment Program*  
*(men; 18+yrs; alcohol, drugs)* ..... 780-429-4274  
Urban Manor Housing Society ..... 780-425-5901  
*(hard-to-house men; 18+yrs; addictions / mental illness)*

## Detoxification Programs

Alberta Health Services (AHS) - *Addiction and Mental Health*  
*Detoxification Services, Adult* ..... 780-427-4291 x1  
*Stabilization Services, Adolescent*..... 780-644-3627  
George Spady Society ..... 780-424-8335

## Eating Disorders - Information / Treatment

Alberta Health Services (AHS) - *Addiction and Mental Health*  
*Eating Disorder Program* ..... 780-407-6114  
Anorexics and Bulimics Anonymous ..... 780-443-6077

## Emergency Shelters for the Intoxicated

George Spady Society ..... 780-424-8335  
Hope Mission Edmonton..... 780-422-2018  
*Intox Emergency Centre (men)*  
*Women's Emergency Shelter*

## Self Help / Support Groups

Alano Club - 12 - *Step Meetings* ..... 780-423-1807  
Alberta Gamblers Anonymous (*Edmonton*) ..... 780-463-0892  
Alcoholics Anonymous in Alberta (AA) ..... 780-424-5900  
Anorexics and Bulimics Anonymous ..... 780-443-6077  
Clean Scene (14-29yrs) ..... 780-488-0036  
Cocaine Anonymous World Services (24/7) ... [www.ca-northab.org](http://www.ca-northab.org)  
Crystal Meth Anonymous ..... 780-691-8509  
Food Addicts in Recovery Anonymous ..... [www.foodaddicts.org](http://www.foodaddicts.org)  
Men for Sobriety ..... 780-909-0215  
Narcotics Anonymous (*Edmonton and area*) ..... 780-421-4429  
Overeaters Anonymous (OA)..... 780-423-2546  
Problem Gambling Resources Network..... 780-461-1259  
QuitCore (*smoking group*)..... 1-866-710-QUIT (7848)  
Sex Addicts Anonymous (SAA) ..... 587-921-4528  
Sexaholics Anonymous International (SAICO) ..... 780-988-4411  
SMART Recovery Alberta..... [www.smartrecovery.ca](http://www.smartrecovery.ca)

## Support / Info for Those Affected by Addictions

AI - Anon Family Groups - Edmonton (24/7)..... 780-443-6000  
*AI - Anon / Adult Children / Alateen Meetings*  
Alberta Health Services (AHS) - *Addiction and Mental Health*  
*Addiction Helpline (24/7)* ..... 1-866-332-2322  
*Outpatient Counselling Services, Adolescent* 780-422-7383  
*Outpatient Counselling Services, Adult* ..... 780-427-2736  
Bissell Centre - *FAS Services*..... 780-423-2285 x157  
Catholic Social Services - *FASD Programs* ..... 780-378-2508  
FASD Support and Resources in Alberta . [www.fasd.typepad.com](http://www.fasd.typepad.com)  
Parents Empowering Parents Society  
*Parent Support Line* ..... 780-293-OPEP (0737)  
*U-Turn for Youth* ..... 780-463-7427  
*(support group for youth wishing to quit drugs and alcohol)*  
REACH Edmonton Council for Safe Communities  
*Drug and Alcohol Parent Resource Toolkit* ..... 311  
*(resource for parents who want to talk to their children about drugs and alcohol; also available online in multiple languages)*  
S - Anon Family Groups..... 587-921-1915  
*(for those affected by another person's sexual behaviour)*

## Youth Residential Programs

Alberta Health Services (AHS) - *Addiction Services*  
*Protection of Children Abusing Drugs* ..... 1-866-332-2322  
*(PChAD; under 18yrs)*

Dial 2-1-1 within Edmonton for more information or if you cannot find the particular service you are looking for.

**If 211 is not yet available in your area call 780-482-INFO (4636).**

*Inclusion of an agency or service on this list does not constitute an endorsement by 211.*