

# Resources for People with Addictions

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Visit [www.edmonton.cmha.ca](http://www.edmonton.cmha.ca) to obtain a new copy if more than 6 months old.

## Addictions Counselling / Crisis Support

Alberta Health Services (AHS) – *Addiction and Mental Health*  
*Addiction Helpline (24/7)* ..... 1-866-332-2322  
*Opioid Dependency Program* ..... 780-422-1302  
*Outpatient Counselling Services, Adolescent* 780-422-7383  
*Outpatient Counselling Services, Adult* ..... 780-427-2736

Canadian Mental Health Association (CMHA)  
*Distress Line (24/7)* ..... 780-482-HELP (4357)

Kids Help Phone (24/7; 5-20yrs) ..... 1-800-668-6868

Poundmaker's Lodge Treatment Centres..... 780-458-1884

## Adult Residential Programs

AHS – *Residential Treatment Services (Henwood)* .. 780-422-4466  
*(men/women; alcohol, drugs, gambling)*

Catholic Social Services – *Alpha House* ..... 780-473-5957  
*(men/women in recovery; 18+yrs)*

Government of Alberta  
McCullough Centre (FKA: Gunn Centre).... 780-967-2221 x0  
*(homeless men; 18-65yrs)*

Hope Mission Edmonton ..... 780-422-2018  
*Breakout Recovery Community (men; 18-60yrs; homeless)*  
*Wellspring Recovery Community (women; 18+yrs; wait list)*

Jellinek Society..... 780-488-1160  
*(men in recovery from cross-addiction and alcoholism; 18+yrs)*

McDougall House Association..... 780-426-1409  
*(women in recovery; 18+yrs)*

Our House (Edmonton) Limited..... 780-474-8945  
*(men; 18+yrs; alcohol, drugs)*

Oxford House Foundation of Canada..... 780-455-5517  
*(men/women in recovery from addictions)*

Poundmaker's Lodge Treatment Centre ..... 780-458-1884  
*(men/women; 18+yrs; alcohol, drugs, gambling)*

Recovery Acres Society - Edmonton..... 780-471-2996  
*(men; 16+yrs; alcohol, drugs)*

The Salvation Army – Edmonton  
*Transformations Addiction Treatment Program*  
*(men; 18+yrs; alcohol, drugs)* ..... 780-429-4274

Urban Manor Housing Society ..... 780-425-5901  
*(hard-to-house men; 18+yrs; addictions/mental illness)*

## Detoxification Programs

Alberta Health Services (AHS) - *Addiction and Mental Health*  
*Detoxification Services, Adult* ..... 780-427-4291 x1  
*Stabilization Services, Adolescent*..... 780-644-3627

George Spady Society ..... 780-424-8335

## Eating Disorders - Information / Treatment

Alberta Health Services (AHS) – *Addiction and Mental Health*  
*Eating Disorder Program* ..... 780-407-6114

Anorexics and Bulimics Anonymous ..... 780-443-6077

## Emergency Shelters for the Intoxicated

George Spady Society ..... 780-424-8335

Hope Mission Edmonton..... 780-422-2018  
*Intox Emergency Centre (men)*  
*Women's Emergency Shelter*

## Self Help / Support Groups

Alano Club – *12 - Step Meetings* ..... 780-423-1807

Alberta Gamblers Anonymous (*Edmonton*) ..... 780-463-0892

Alcoholics Anonymous in Alberta (AA) ..... 780-424-5900

Anorexics and Bulimics Anonymous ..... 780-443-6077

Clean Scene (14-29yrs) ..... 780-488-0036

Cocaine Anonymous World Services (24/7) ..... 780-425-2715

Crystal Meth Anonymous ..... 780-691-8509

Food Addicts in Recovery Anonymous ..... [www.foodaddicts.org](http://www.foodaddicts.org)

Men for Sobriety ..... 780-909-0215

Narcotics Anonymous (*Edmonton and area*) ..... 780-421-4429

Overeaters Anonymous (OA)..... 780-423-2546

Problem Gambling Resources Network..... 780-461-1259

QuitCore (*smoking group*)..... 1-866-710-QUIT (7848)

Sex Addicts Anonymous (SAA) ..... 587-921-4528

Sexaholics Anonymous International (SAICO) ..... 780-988-4411

SMART Recovery Alberta..... 780-421-7355 x229

Women for Sobriety ..... 780-484-3033

## Support / Info for Those Affected by Addictions

AI - Anon Family Groups - Edmonton (24/7)..... 1-888-322-6902  
*AI - Anon / Adult Children / Alateen Meetings*

Alberta Health Services (AHS) – *Addiction and Mental Health*  
*Addiction Helpline (24/7)*..... 1-866-332-2322  
*Outpatient Counselling Services, Adolescent* 780-422-7383  
*Outpatient Counselling Services, Adult*..... 780-427-2736

Bissell Centre – *FAS Services* ..... 780-423-2285 x157

Catholic Social Services – *FASD Programs* . 780-471-1122 x3202

FASD Support and Resources in Alberta . [www.fasd.typepad.com](http://www.fasd.typepad.com)

Parents Empowering Parents Society  
*Parent Support Line* ..... 780-293-OPEP (0737)  
*U-Turn for Youth* ..... 780-410-8516  
*(support group for youth wishing to quit drugs and alcohol)*

REACH Edmonton Council for Safe Communities  
*Drug and Alcohol Parent Resource Toolkit* ..... 311  
*(resource for parents who want to talk to their children about drugs and alcohol; also available online in multiple languages)*

S - Anon Family Groups..... 780-485-3099  
*(for those affected by another person's sexual behaviour)*

## Youth Residential Programs

Alberta Health Services (AHS) – *Addiction Services*  
*Protection of Children Abusing Drugs* ..... 1-866-332-2322  
*(PChAD; under 18yrs)*

Dial 2-1-1 within Edmonton for more information or if you cannot find the particular service you are looking for.

**If 211 is not yet available in your area call 780-482-INFO (4636).**

*Inclusion of an agency or service on this list does not constitute an endorsement by 211.*