### Advocacy / Information / Referral
- Alzheimer Society of Alberta (Edmonton)............. 780-488-2266
- Canadian Mental Health Association (CMHA)......... 780-414-6300
- Wellness Network........................................ 780-488-0851

The Office of the Alberta Health Advocates
- Mental Health Patient Advocate .................. 780-422-1812
- Schizophrenia Society of Alberta (Edmonton) ........ 780-452-4661

### Assessment / Testing / Treatment
- Alberta Health Services (AHS) – Addiction and Mental Health Community Assessment and Treatment Services, Adult (FKA: Edmonton Mental Health Clinic)...... 780-342-7700
- Intake Services, Child and Adolescent (4.5-18yrs).................. 780-342-2701

CASA Child, Adolescent and Family Mental Health (under 5yrs; for 4.5-18yrs access through Child and Adolescent Mental Health Intake, see above)........ 780-410-8483

Psychologists’ Association of Alberta
- Psychologist Referral Service ....................... 780-428-TALK (8255)

University of Alberta - Faculty of Education
- Clinical Services (September-April) .................. 780-492-3746

### Counselling (*no cost*)
- Catholic Social Services – Mercy Counselling ........ 780-391-3233
- The Family Centre - Edmonton ...................... 780-424-6103
- Institute for Sexual Minority Studies and Services .. 780-492-0772
- Jewish Family Services Edmonton .................. 780-454-1194
- Momentum Walk-In Counselling ..................... 780-757-0900
- Pride Centre of Edmonton ............................. 780-488-3234

For more counselling options available in your area ........... 211

### Crisis (Call 911 if in immediate danger.)
- Alberta Health Services (AHS) – Addiction and Mental Health Community Urgent Services and Stabilization Team (FKA: Adult Crisis Response Team; 24/7)....... 780-342-7777
- Mental Health Help Line (24/7)..................... 780-342-2701

Canadian Mental Health Association (CMHA)
- Distress Line (24/7) ........................... 780-482-HELP (4357)

Government of Alberta - Mental Health Act ............. 780-422-1812

### Employment / Living Skills / Training
- Alberta Health Services (AHS) – Addiction and Mental Health Community Assessment and Treatment Services, Adult .......................................................... 780-342-7700
- EmployAbilities ............................................. 780-423-4106
- Excel Society ................................................. 780-455-2601 x221
- Goodwill Industries of Alberta - Power of Work ...... 780-944-2729
- On Site Placement Services Association (OSP) .......... 780-488-8122
- Prosper Place Clubhouse ................................ 780-426-7861

### Housing / Supported Independent Living
- Alberta Health Services (AHS)
  - Community Care Access ............................... 780-496-1300
  - (eligibility assessments for programs in residential settings)
- Canadian Mental Health Association (CMHA)
  - Housing Program ....................................... 780-414-6300
  - E4C ......................................................... 780-424-7543
  - The Salvation Army – Edmonton
    - Cornerstone Transitional Residence
      (for women without children) .................. 780-342-7695
  - Supportive Residence .............................. 780-428-4405

### Immigrant Mental Health Services
- Edmonton Mennonite Centre for Newcomers
  - Health and Well-Being Services ................. 780-423-9696
- Multicultural Health Brokers Co-op .............. 780-423-1973

### Inner City Mental Health Services
- Bissell Centre - Mental Health Supports .......... 780-423-2285 x166
- Boyle McCauley Health Centre ..................... 780-422-7333
- Boyle Street Community Services ................. 780-424-4106
- Hope Mission - Health Centre - Psychiatrist .... 780-422-2018 x278

### Recreation and Social Programs
- Addictions and Mental Health Community Linking Program
  - Challenge by Choice ................................. 780-700-2189
- Canadian Mental Health Association (CMHA) .... 780-414-6300
- Prosper Place Clubhouse ............................. 780-426-7861

### Suicide Education and Support
- Canadian Mental Health Association (CMHA)
  - Applied Suicide Intervention Skills Training (ASIST) .................... 780-414-6300
  - Distress Line (24/7) ........................... 780-482-HELP (4357)
  - Mental Health and Wellbeing Education .......... 780-414-6300
  - Suicide Grief Support Program (SGSP) ........ 780-414-6300
  - Suicide Caregiver / Bereavement Support Services
  - Unlimited Potential Community Services Society
    - Professional and Educational Services .......... 780-440-0708

### Support Groups
- Anorexics and Bulimics Anonymous ................ 780-443-6077
- Caregivers Alberta .................................... 780-453-5088
- Co-Dependents Anonymous ........................... 780-436-6853
- Eating Disorder Support Network of Alberta .... 780-729-3376
- ElderCare Edmonton - Caregiver Support ........ 780-444-CARE (2273)
- Emotions Anonymous (depression, anxiety, etc.) .... 780-436-2951
- Momentum Walk-In Counselling - Drop-In Support Groups
  - (bipolar disorder, anxiety, depression) ........ 780-757-0900
- Organization for Bipolar Affective Disorders ...... 1-866-263-7408
- Schizophrenia Society of Alberta (Edmonton) ........ 780-452-4661

Dial 2-1-1 within Edmonton for more information or if you cannot find the particular service you are looking for.

**If 211 is not yet available in your area call 780-482-INFO (4636).**

*Inclusion of an agency or service on this list does not constitute an endorsement by 211.*