

Resources for Youth and Young Adults at Risk

November 2017



Visit www.edmonton.cmha.ca to obtain a new copy if more than 6 months old.

Crisis (Call 911 if in immediate danger.)

Alberta Health Services (AHS) – Adult Community Urgent Services
(FKA: Adult Crisis Response Team / Community Urgent
Services and Stabilization Team / CUSST) (24/7)
..... 780-342-7777

Canadian Mental Health Association (CMHA)
Distress Line (24/7) 780-482-HELP (4357)
Live Crisis Chat www.edmonton.cmha.ca

Catholic Social Services
Safe House (24/7; 14-19yrs) 780-474-9938

Government of Alberta
Child Abuse Hotline (24/7) 1-800-387-5437

Kids Help Phone (24/7; 5-20yrs) 1-800-668-6868

Sexual Assault Centre of Edmonton
24 Hour Sexual Assault Crisis Line 780-423-4121

Accommodation / Basic Needs (also see Basic Needs list)

Boyle Street Community Services
Housing First (chronically homeless) 780-424-4106

E4C – Inner City Youth Housing Project (14-17yrs) .. 780-479-7075

Government of Alberta
Emergency Income Support (24/7) 780-644-5135

Hope Mission Edmonton - Youth Shelter (16-24yrs) 780-422-2018

Herb Jamieson Centre (men; 18-60yrs) 780-429-3470

Youth Empowerment & Support Services (YESS)
Nexus (15-21yrs) 780-468-7070

Community Supports

Boyle Street Community Services 780-424-4106

Boys and Girls Clubs Big Brothers Big Sisters 780-424-8181

Crystal Kids Youth Centre – Drop - In Centre 780-479-5753

Edmonton Police Service
Drug and Gang Enforcement Unit .. 780-414-GANG (4264)
Victim Services Units Call 211 for local unit.

iHuman Youth Society 780-421-8811

Institute for Sexual Minority Studies and Services .. 780-492-0772

Old Strathcona Youth Society (14-24yrs) 780-496-5947

Uncles & Aunts at Large Society 780-452-5791

Youth Empowerment & Support Services (YESS) .. 780-468-7070

YMCA – Youth Transitions Program (13-19yrs) 780-429-9622

Harm Reduction / Health Promotion

Alberta Health Services (AHS)
Sexually Transmitted Infections (STI) Clinic 811
Streetworks Needle Exchange Call 211 for locations

Boyle McCauley Health Centre (inner city) 780-422-7333

The Elizabeth Fry Society of Edmonton (EFry)
Sexually Transmitted Infections Testing 780-784-2205
(women only, inclusive of trans women)

HIV Edmonton 780-488-5742

Life Skills / Education / Employment

Boyle Street Education Centre (Charter School) 780-428-1420

Distinctive Employment Counselling Services of Alberta (DECSA)
Transitions (transitioning from sex trade; 18+yrs) 780-474-2500

E4C – Kids in the Hall Bistro Program (16-24yrs) 780-619-5502

Edmonton John Howard Society
REE*START (15-22yrs) 780-428-7590

The Elizabeth Fry Society of Edmonton (EFry)
Girls Empowered and Strong (12-17yrs) 780-784-2200

YMCA – Bridging the Gap (employment; 15-30yrs) 780-429-9622

YESS – Building Employable Skills Together (BEST) (15-24yrs)
..... 780-468-7070

Pregnancy / Sexual Health

Alberta Health Services (AHS)
Adolescent Pregnancy Clinic (under 20yrs) 780-735-6892
Birth Control Centre (STI and HIV testing) 780-735-0010
Health for Two (prenatal; low income) 780-735-3008

Compass Centre for Sexual Wellness (pro-choice) ... 780-423-3737

Pride Centre of Edmonton 780-488-3234

Terra Centre for Teen Parents 780-428-3772

Woman's Health Options (pro-choice; abortion services) 780-484-1124

Prostitution

Boyle McCauley Health Centre
Kindred House (women/transgender; 18+yrs) ... 780-424-4091

Catholic Social Services - Safe House (14-19yrs) 780-474-9938

CEASE: Centre to End All Sexual Exploitation 780-471-6137

E4C – Crossroads House (safe house; outreach) 780-474-7547

Government of Alberta – Ministry of Children's Services
Protection of Sexually Exploited Children
(PSECA; 24/7) 1-800-387-5437

Metis Child and Family Services Society Edmonton 780-452-6100
PSECA Follow-Up Worker (Indigenous; under 18yrs)

Legal / Advocacy

EFry – Courtworks – Adult, Youth, and Family 780-422-4775

Legal Aid Alberta 1-866-845-3425
Youth Criminal Defence Office (24/7; 12-18yrs) 780-422-8383

Legislative Assembly of Alberta
Child and Youth Advocate (CFSA status) 780-422-6056

Native Counselling Services of Alberta
Youth Courtwork (Indigenous; under 18yrs) 780-423-2141

Substance Abuse / Addictions

Alberta Health Services (AHS) – Addiction and Mental Health
Outpatient Counselling Services, Adolescent 780-422-7383
Outpatient Counselling Services, Adult 780-427-2736
Protection of Children Abusing Drugs 1-866-332-2322
(PChAD; 24/7; under 18yrs)

Stabilization Services, Adolescent (detox) 780-644-3627

Dial 2-1-1 within Edmonton for more information or if you cannot find the particular service you are looking for.

If 211 is not yet available in your area call 780-482-INFO (4636).

Inclusion of an agency or service on this list does not constitute an endorsement by 211.