Resources for Youth and Young Adults at Risk
November 2017

Visit www.edmonton.cmha.ca to obtain a new copy if more than 6 months old.

Crisis (Call 911 if in immediate danger.)
Alberta Health Services (AHS) – Adult Community Urgent Services
(FKA: Adult Crisis Response Team / Community Urgent Services and Stabilization Team / CUSST) (24/7)
Call 911 for immediate danger
Canadian Mental Health Association (CMHA)
Distress Line (24/7) 780-482-HELP (4357)
Live Crisis Chat www.edmonton.cmha.ca
Catholic Social Services
Safe House (24/7; 14-19yrs) 780-474-9938
Government of Alberta
Child Abuse Hotline (24/7) 1-800-387-5437
Kids Help Phone (24/7; 5-20yrs) 1-800-668-6868
Sexual Assault Centre of Edmonton
24 Hour Sexual Assault Crisis Line 780-423-4121

Accommodation / Basic Needs (also see Basic Needs list)
Boyle Street Community Services
Housing First (chronically homeless) 780-424-4106
E4C – Inner City Youth Housing Project (14-17yrs) 780-479-7075
Government of Alberta
Emergency Income Support (24/7) 780-644-5135
Hope Mission Edmonton - Youth Shelter (16-24yrs) 780-422-2018
Herb Jamieson Centre (men; 18-60yrs) 780-429-3470
Youth Empowerment & Support Services (YESS)
Nexus (15-21yrs) 780-468-7070

Community Supports
Boyle Street Community Services 780-424-4106
Boys and Girls Clubs Big Brothers Big Sisters 780-424-8181
Crystal Kids Youth Centre – Drop - In Centre 780-479-5753
Edmonton Police Service
Drug and Gang Enforcement Unit . 780-414-GANG (4264)
Victim Services Units Call 211 for local unit.
iHuman Youth Society 780-421-8811
Institute for Sexual Minority Studies and Services 780-492-0772
Old Strathcona Youth Society (14-24yrs) 780-496-5947
Uncles & Aunts at Large Society 780-452-5791
Youth Empowerment & Support Services (YESS) 780-468-7070
YMCA – Youth Transitions Program (13-19yrs) 780-429-9622

Harm Reduction / Health Promotion
Alberta Health Services (AHS)
Sexually Transmitted Infections (STI) Clinic 811
Streetworks Needle Exchange Call 211 for locations
Boyle McCauley Health Centre (inner city) 780-422-7333
The Elizabeth Fry Society of Edmonton (EFry)
Sexually Transmitted Infections Testing 780-784-2205
(women only, inclusive of trans women)
HIV Edmonton 780-488-5742

Life Skills / Education / Employment
Boyle Street Education Centre (Charter School) 780-428-1420
Distinctive Employment Counselling Services of Alberta (DECSA)
Transitions (transitioning from sex trade; 18yrs) 780-474-2500
E4C – Kids in the Hall Bistro Program (16-24yrs) 780-619-5502
Edmonton John Howard Society REE*START (15-22yrs) 780-428-7590
The Elizabeth Fry Society of Edmonton (EFry)
Girls Empowered and Strong (12-17yrs) 780-784-2200
YMCA – Bridging the Gap (employment; 15-30yrs) 780-429-9622
YESS – Building Employable Skills Together (BEST) (15-24yrs) 780-468-7070

Pregnancy / Sexual Health
Alberta Health Services (AHS)
Adolescent Pregnancy Clinic (under 20yrs) 780-735-6892
Birth Control Centre (STI and HIV testing) 780-735-0010
Health for Two (prenatal; low income) 780-735-3008
Compass Centre for Sexual Wellness (pro-choice) 780-423-3737
Pride Centre of Edmonton 780-488-3234
Terra Centre for Teen Parents 780-428-3772
Woman’s Health Options (pro-choice; abortion services) 780-484-1124

Prostitution
Boyle McCauley Health Centre
Kindred House (women/transgender; 18yrs) 780-424-4091
Catholic Social Services - Safe House (14-19yrs) 780-474-9938
CEASE: Centre to End All Sexual Exploitation 780-471-6137
E4C – Crossroads House (safe house; outreach) 780-474-7547

Government of Alberta – Ministry of Children’s Services
Protection of Sexually Exploited Children (PSEA; 24/7)
1-800-387-5437

Legal / Advocacy
EFry – Courtworks – Adult, Youth, and Family 780-422-4775
Legal Aid Alberta 1-866-845-3425
Youth Criminal Defence Office (24/7; 12-18yrs) 780-422-8383

Legislative Assembly of Alberta
Child and Youth Advocate (CFSA status) 780-422-6056
Native Counselling Services of Alberta
Youth Courtwork (Indigenous; under 18yrs) 780-423-2141

Substance Abuse / Addictions
Alberta Health Services (AHS) – Addiction and Mental Health
Outpatient Counselling Services, Adolescent 780-422-7383
Outpatient Counselling Services, Adult 780-427-2736
Protection of Children Abusing Drugs 1-866-332-2322
(PChAD; 24/7; under 18yrs)
Stabilization Services, Adolescent (detox) 780-644-3627

Dial 2-1-1 within Edmonton for more information or if you cannot find the particular service you are looking for.

If 211 is not yet available in your area call 780-482-INFO (4636).

Inclusion of an agency or service on this list does not constitute an endorsement by 211.