

# Resources for Youth and Young Adults at Risk

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Visit [www.edmonton.cmha.ca](http://www.edmonton.cmha.ca) to obtain a new copy if more than 6 months old.

## Crisis (Call 911 if in immediate danger.)

- Alberta Health Services (AHS)  
*Community Urgent Services and Stabilization Team*  
(FKA: Adult Crisis Response Team; 24/7).....780-342-7777
- Canadian Mental Health Association (CMHA)  
*Distress Line (24/7)* ..... 780-482-HELP (4357)  
*Live Crisis Chat* ..... [www.edmonton.cmha.ca](http://www.edmonton.cmha.ca)
- Catholic Social Services  
*Safe House (24/7; 14-19yrs)*..... 780-474-9938
- Government of Alberta  
*Child Abuse Hotline (24/7)*..... 1-800-387-5437
- Kids Help Phone (24/7; 5-20yrs) ..... 1-800-668-6868
- Sexual Assault Centre of Edmonton  
*24 Hour Sexual Assault Crisis Line*.....780-423-4121

## Life Skills / Education / Employment

- Boyle Street Education Centre (Charter School).... 780-428-1420
- Distinctive Employment Counselling Services of Alberta (DECSA)  
*Transitions* ..... 780-474-2500  
(individuals transitioning from prostitution; 18+yrs)
- E4C – Kids in the Hall Bistro Program (16-24yrs).... 780-619-5502
- Edmonton John Howard Society  
*REE\*START (15-22yrs)* ..... 780-428-7590
- The Elizabeth Fry Society of Edmonton  
*Girls Empowered and Strong (13-17yrs)*..... 780-784-2202
- YMCA – Bridging the Gap (employment; 15-30yrs).... 780-429-9622
- Youth Empowerment & Support Services (YESS)  
*Graham's Place (15-24yrs)* ..... 780-468-7070

## Pregnancy / Sexual Health

- Alberta Health Services (AHS)  
*Adolescent Pregnancy Clinic (under 20yrs)*.... 780-735-6892  
*Birth Control Centre (STI and HIV testing)* ..... 780-735-0010  
*Health for Two (prenatal; low income)* ..... 811
- Compass Centre for Sexual Wellness (pro-choice) .. 780-423-3737
- Pride Centre of Edmonton..... 780-488-3234
- Terra Centre for Teen Parents ..... 780-428-3772
- Woman's Health Options (pro-choice; abortion services) 780-484-1124

## Prostitution

- Boyle McCauley Health Centre  
*Kindred House (women/transgender; 18+yrs)*...780-424-4091
- Catholic Social Services - Safe House (14-19yrs) .... 780-474-9938
- CEASE: Centre to End All Sexual Exploitation..... 780-471-6137
- E4C – Crossroads House (safe house; outreach) ..... 780-474-7547
- Government of Alberta – Ministry of Children's Services  
*Protection of Sexually Exploited Children*  
(PSECA; 24/7) ..... 1-800-387-5437
- Metis Child and Family Services Society Edmonton.780-452-6100  
*PSECA Follow-Up Worker (Indigenous; under 18yrs)*

## Accommodation / Basic Needs (also see Basic Needs list)

- Boyle Street Community Services  
*Housing First (chronically homeless)*.....780-424-4106
- E4C – Inner City Youth Housing Project (14-17yrs) ..780-479-7075
- Government of Alberta  
*Emergency Income Support (24/7)* .....780-644-5135
- Hope Mission Edmonton - Youth Shelter (16-24yrs) .780-422-2018  
*Herb Jamieson Centre (men; 18-60yrs)* .....780-429-3470
- YESS – Nexus (shelter; 15-24yrs).....780-468-7070

## Community Supports

- Boyle Street Community Services ..... 780-424-4106
- Boys and Girls Clubs Big Brothers Big Sisters..... 780-424-8181
- Crystal Kids Youth Centre – Drop - In Centre..... 780-479-5753
- Edmonton Police Service  
*Drug and Gang Enforcement Unit*...780-414-GANG (4264)  
*Victim Services Units* ..... Call 211 for local unit.
- iHuman Youth Society .....780-421-8811
- Institute for Sexual Minority Studies and Services  
*Family Resilience Project*.....780-492-0772
- Old Strathcona Youth Society (14-24yrs) ..... 780-496-5947
- Uncles & Aunts at Large Society ..... 780-452-5791
- YMCA – Youth Transitions Program (13-19yrs)..... 780-429-9622

## Harm Reduction / Health Promotion

- Alberta Health Services (AHS)  
*Sexually Transmitted Infections (STI) Clinic*..... 811  
*Streetworks Needle Exchange*..... Call 211 for locations
- Boyle McCauley Health Centre (inner city)..... 780-422-7333
- The Elizabeth Fry Society of Edmonton  
*Sexually Transmitted Infections Testing* ..... 780-784-2205  
(women only, inclusive of trans women)
- HIV Edmonton ..... 780-488-5742

## Legal / Advocacy

- The Elizabeth Fry Society of Edmonton  
*Courtworks – Adult, Youth, and Family*.....780-422-4775
- Legal Aid Alberta ..... 1-866-845-3425
- Legislative Assembly of Alberta  
*Child and Youth Advocate (CFSA status)* ..... 780-422-6056  
*Youth Criminal Defence Office (12-18yrs)* ..... 780-422-8383
- Native Counselling Services of Alberta  
*Youth Courtwork (Indigenous; under 18yrs)* ..... 780-423-2141

## Substance Abuse / Addictions

- Alberta Health Services (AHS) – Addiction and Mental Health  
*Outpatient Counselling Services, Adolescent* 780-422-7383  
*Outpatient Counselling Services, Adult* ..... 780-427-2736  
*Protection of Children Abusing Drugs* ..... 1-866-332-2322  
(PChAD; 24/7; under 18yrs)
- Stabilization Services, Adolescent (detox)* .... 780-644-3627

Dial 2-1-1 within Edmonton for more information or if you cannot find the particular service you are looking for.

**If 211 is not yet available in your area call 780-482-INFO (4636).**

*Inclusion of an agency or service on this list does not constitute an endorsement by 211.*