

Resources for Youth and Young Adults at Risk

November 2016



Visit www.edmonton.cmha.ca to obtain a new copy if more than 6 months old.

Crisis (Call 911 if in immediate danger.)

- Alberta Health Services (AHS) - Mental Health
Children's Mental Health - Crisis Line.....780-427-4491
Community Urgent Services and Stabilization Team
(FKA: Adult Crisis Response Team; 24/7).....780-342-7777
Single Session Therapy (12-17yrs; walk-in).....780-342-2710
- Canadian Mental Health Association (CMHA)
Distress Line (24/7) 780-482-HELP (4357)
Live Crisis Chat www.edmonton.cmha.ca
- Catholic Social Services
Safe House (24/7; 14-19yrs)..... 780-474-9938
- Child Abuse Hotline (24/7) 1-800-387-5437
- Kids Help Phone (24/7; 5-20yrs) 1-800-668-6868
- Sexual Assault Centre of Edmonton
24 Hour Sexual Assault Crisis Line.....780-423-4121

Life Skills / Education / Employment

- Boyle Street Education Centre (Charter School).... 780-428-1420
- DECSA - Transitions 780-474-2500
(individuals transitioning from prostitution; 18+yrs)
- E4C - Kids in the Hall Bistro Program (16-24yrs)..... 780-619-5502
- Edmonton John Howard Society
REE*START (15-22yrs) 780-428-7590
- The Elizabeth Fry Society of Edmonton
Girls Empowered and Strong (13-17yrs)..... 780-784-2202
- YMCA - Bridging the Gap (employment; 15-30yrs) 780-429-9622
- Youth Empowerment & Support Services (YESS)
Graham's Place (15-24yrs) 780-468-7070

Pregnancy / Sexual Health

- Alberta Health Services (AHS)
Adolescent Pregnancy Clinic (under 20yrs).... 780-735-6892
Birth Control Centre (STI and HIV testing) 780-735-0010
Health for Two (prenatal; low income) 811
- Compass Centre for Sexual Wellness (pro-choice) .. 780-423-3737
- Pride Centre of Edmonton..... 780-488-3234
- Terra Centre for Teen Parents 780-428-3772
- Woman's Health Options (pro-choice; abortion services) 780-484-1124

Prostitution

- Boyle McCauley Health Centre
Kindred House (women/transgender; 18+yrs)...780-424-4091
- Catholic Social Services - Safe House (14-19yrs) 780-474-9938
- Centre to End All Sexual Exploitation (CEASE) 780-471-6137
- Edmonton Region Child and Family Services
Protection of Sexually Exploited Children
(PSECA; 24/7) 1-800-387-5437
- E4C - Crossroads House (safe house; outreach)..... 780-474-7547
- Metis Child and Family Services Society Edmonton.780-452-6100
PSECA Follow-Up Worker (Aboriginal youth under 18yrs)

Accommodation / Basic Needs (also see Basic Needs list)

- Boyle Street Community Services
Housing First (chronically homeless).....780-424-4106
- E4C - Inner City Youth Housing Project (14-17yrs)...780-479-7075
- Government of Alberta
Emergency Income Support (24/7)780-644-5135
- Hope Mission Edmonton - Youth Shelter (16-24yrs).780-422-2018
Herb Jamieson Centre (men; 18-60yrs)780-429-3470
- YESS - Nexus (shelter; 15-24yrs)780-468-7070

Community Supports

- Boyle Street Community Services780-424-4106
- Boys and Girls Clubs Big Brothers Big Sisters.....780-424-8181
- Crystal Kids - Drop-In Centre780-479-5753
- Edmonton Police Service
Drug and Gang Enforcement Unit...780-414-GANG (4264)
Victim Services Units Call 211 for local unit.
- iHuman Youth Society780-421-8811
- Institute for Sexual Minority Studies and Services
Family Resilience Project.....780-492-0772
- Old Strathcona Youth Society (14-24yrs).....780-496-5947
- Uncles & Aunts at Large Society780-452-5791
- YMCA - Youth Transitions Program (13-19yrs).....780-429-9622

Harm Reduction / Health Promotion

- AHS - Sexually Transmitted Infections (STI) Clinic.....811
- Boyle McCauley Health Centre (inner city).....780-422-7333
- The Elizabeth Fry Society of Edmonton
Sexually Transmitted Infections Testing780-784-2205
(women only, inclusive of trans women)
- HIV Edmonton780-488-5742
- Streetworks Needle Exchange..... Call 211 for locations

Legal / Advocacy

- The Elizabeth Fry Society of Edmonton
Courtworks.....780-422-4775
- Government of Alberta
Child and Youth Advocate (CFSA status)780-422-6056
- Legal Aid Alberta 1-866-845-3425
Youth Criminal Defence Office (12-18yrs)780-422-8383
- Native Counselling Services of Alberta
Youth Courtwork (Aboriginal; under 18yrs).....780-423-2141

Substance Abuse / Addictions

- Alberta Health Services - Addiction Services (FKA: AADAC)
Adult Counselling780-427-2736
Adult Detoxification (18+yrs)780-427-4291
Protection of Children Abusing Drugs 1-866-332-2322
(PChAD; 24/7; under 18yrs)
- Youth Counselling (12-18yrs)780-422-7383

Dial 2-1-1 within Edmonton for more information or if you cannot find the particular service you are looking for.

If 211 is not yet available in your area call 780-482-INFO (4636).

Inclusion of an agency or service on this list does not constitute an endorsement by 211.