

Resources for Children

November 2016



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Mentoring Programs

Boys and Girls Clubs Big Brothers Big Sisters of Edmonton
..... 780-424-8181
Uncles & Aunts at Large Society 780-452-5791

Early Childhood Education

Alberta Health Services (AHS)
Preschool Speech and Language (0-5yrs) ... 780-408-8793
Edmonton Catholic Schools (2.5-4.5yrs)..... 780-638-6810
Family Futures Resource Network
(FKA: Mill Woods Family Resource Centre)..... 780-413-4521
Lansdowne Child Care and Family Centre..... 780-437-5654
Primrose Place Family Resource Centre..... 780-469-0663

Violence

Aboriginal Consulting Services Association of Alberta
*Circle of Safety - Teaching Circles for Children Who
Witness Abuse (6-17yrs)* 780-448-0378
Government of Alberta
Bullying Helpline (24/7)..... 1-888-456-2323
Child Abuse Hotline (24/7)..... 1-800-387-5437
Family Violence Info Line..... 310-1818
Kids Help Phone (24/7; 5-20yrs)..... 1-800-668-6868
Sexual Assault Centre of Edmonton
24 Hour Sexual Assault Crisis Line 780-423-4121
Counselling (3+yrs)..... 780-423-4102

Mental Health

Alberta Health Services (AHS)
*Child and Adolescent Mental Health Intake
(4.5-18yrs)*..... 780-342-2701
Children's Mental Health - Crisis Line..... 780-427-4491
CASA Child, Adolescent and Family Mental Health 780-400-2271
(under 5yrs; for 5-18yrs access through Child and
Adolescent Mental Health Intake, see above)

Leisure / Recreation

Boys and Girls Clubs Big Brothers Big Sisters of Edmonton
..... 780-424-8181
City of Edmonton Citizen Services 311
Leisure Access Program..... 780-496-4918
Recreation Facilities and Information 311
Edmonton Public Library
Children's Programs (general info line) 780-496-7000
Edmonton Sport Council Society (sport referrals) ... 780-497-7678
Kids On Track Association of Edmonton..... 780-481-2942
KidSport Alberta (funding; under 18yrs) ... 1-888-914-KIDS (5437)
Sport Central Association (no cost equipment)..... 780-477-1166
YMCA of Northern Alberta - *Jumpstart (5-18yrs)* 780-429-9622
Suggestions for parent-child or child activities 211

Counselling

Kids Help Phone (24/7; 5-20yrs) 1-800-668-6868

Grief Counselling Programs

Kids on Track Association of Edmonton (5-15yrs)... 780-481-2942
Pilgrims Hospice Society 780-413-9801 x309
Starfish Family Resources Society 780-448-1180

Play Therapy

Catholic Social Services (5+yrs) 780-420-1970
University of Alberta - Faculty of Education
Clinical Services (5+yrs; September-April) 780-492-3746
YWCA of Edmonton (4-18yrs) 780-970-6501

Head Start Programs

ABC Head Start Society (3.5-5yrs; low income) 780-461-5353
Bent Arrow Traditional Healing Society
(3-5yrs; Aboriginal) 780-481-3451
E4C - programs for low income families
Clareview Head Start (3.5-5yrs)..... 780-475-1020
Early Head Start (0-3.5yrs) 780-426-3666 x221
Norwood Child and Family Resource Centre
(3.5-5yrs)..... 780-471-3737
Oliver Centre Early Learning Programs
(13mos-5yrs; low income)..... 780-482-2116

Disabilities

Ability Society
Early Birds (2-17yrs) 780-442-2740
Alberta Health Services (AHS)
Early Intervention (0-3.5yrs)..... 780-342-1707
Centre for Autism Services Alberta 780-488-6600
Connect Society
Early Intervention (deaf; 0-3.5yrs)..... 780-454-9581 x226
Edmonton Down Syndrome Society
Speech - Language Therapy..... 780-944-4224
Elves Special Needs Society
(severe developmental disabilities; 2.5+yrs) .. 780-454-5310
Family Futures Resource Network
Parent Education..... 780-413-4521
(provides developmental screening for children)
GRIT Program (The Getting Ready for Inclusion Today Program)
Early Childhood Program (2.5-5.5yrs)..... 780-454-9910
KARA Family Resource Centre
Parent Education..... 780-478-5396
(provides developmental screening for children)
The Steadward Centre for Personal & Physical Achievement
Free2BMe (4-19yrs)..... 780-492-8269

Dial 2-1-1 within Edmonton for more information or if you cannot find the particular service you are looking for.

If 211 is not yet available in your area call 780-482-INFO (4636).

Inclusion of an agency or service on this list does not constitute an endorsement by 211.