# Tattered Teddies – Child Suicide Prevention



Suicidal behavior in children age 12 or younger is a subject of growing concern for those who work with children. Suicidal thoughts and attempts in children have sometimes been overlooked, denied or ignored. "Tattered Teddies" is an interactive half-day workshop that includes group discussions, mini lectures and case studies.

## **Workshop Topics include:**

- A child's developing concept of death
- Protective and risk factors
- Communicating with children about suicide
- Warning signs
- Basic crisis intervention
- Legal requirements
- Resources including a 46 page resource and support workbook

# **Learning Objectives:**

At the end of this workshop, participants will be able to:

- 1. Summarize the prevalence and challenges of documenting suicidal behaviour in children under twelve.
- 2. Develop an understanding of how children's perception of death may influence their attraction to life or to death.
- 3. Acquire communication strategies to talk to children and caregivers about suicide.
- 4. Identify the child's protective factors that maximize desire for life. Identify risk factors that may endanger the child's life.
- 5. Recognize the 'invitations' or warning signs for children at risk of suicide.
- 6. Discuss intervention strategies for children at risk of suicide.
- 7. Describe the guardian's, parent's and/or community's responsibilities towards children at risk of suicide.
- 8. Identify suicide intervention resources for children within the Alberta community.
- 9. Utilize the workbook during and after the workshop as a source of information and reference.

### **Audience**

This workshop provides information and offers practical approaches for those working with children who are working with children who are age 12 or younger and who may be at risk of suicide. Intervention approaches build on the skills taught in the Applied Suicide Intervention Skills Training (ASIST) as it applies to children. Participants receive a 46 page take home resource workbook. Information provided is appropriate for beginner and intermediate social work practice.

\*\*If you require special accommodations for disability please contact the Centre for Suicide Prevention.

### Certificate

All participants will receive a participation certificate upon completing four (4) hours of instruction hours. If you have any questions, concerns or comments about this workshop please contact the Centre for Suicide Prevention.