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Website: www.cmha-edmonton.ab.ca

## THE HOARDING SUPPORT GROUP

## HOARDING DROP-IN SUPPORT GROUP

- On-going schedule
- Biweekly, Wednesdays 6:30 8:30 pm
- Meetings held at CMHA Edmonton Region #300, 10010 105 Street
  Edmonton, AB T5J 1C4
- 2 hours per session
- All resources supplied

A non-judgemental support group designed to encourage you to be inspired and accountable in dealing with <u>your specific</u> hoarding issues

COST TO PARTICIPANTS IS \$1.00/SESSION -- NO REGISTRATION REQUIRED

Co-facilitated by:

Terri Bailey, M.A. Counselling

Phone: 780.761.5693

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Stacy Walker, Certified Professional Organizer

Phone: 780.717.1745

**Email:** info@gettinaroundtoit.ca

Every Wednesday starting January 15, 2014—May 21, 2014

## **Making Mental Health Matter**

With the support of ECALA and Alberta Advanced Education and Technology

