



HEADSTRONG

Anti-Stigma Youth Summit

Coming Early Fall 2017

A day of FREE programming focusing on eliminating the stigma surrounding mental illness and inspiring young leaders to make change



What to expect:

- Hear the stories of individuals with lived experience of mental illness.
- Learn more about mental illnesses and the impact of stigma.
- Develop an action plan for eliminating stigma in your school.
- Encourage students to get help if they need it.

Who should attend?

- A group of up to **5 students** in grades 9-12 and **one staff member per school** who are committed to raising awareness of mental illness, encouraging help seeking, and ending stigma in their school community.
- Pre-registration required.

Contact Tracy for more information.

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